

HEALTH SERVICES - DISABILITY RESOURCES

DISABILITY RESOURCES

abilityone.gov

ADA INFORMATION LINE *ada.gov*
800-514-0301 TTY800-514-0383

Provides information and materials to the public about the ADA.

BRAIN INJURY ASSN OF AMERICA
biasa.org **800-444-6443**
EYECARE AMERICA **877-887-6327**

ao.org/eyecare-america
NATIONAL AUTISM ASSN **877-622-2884**

nationalautismassociation.org
NATIONAL CENTER FOR THE BLIND
nfb.org **410-659-9314**

US DEPT OF LABOR **202-693-7880**
 Office of Disability Employment Policy
866-ODEP-DOL(633-7365)

OCCUPATIONAL SAFETY AND HEALTH ADMIN (OSHA) **800-321-OSHA (6742)**

Washington (509)
AGED, BLIND, OR DISABLED CASH ASSISTANCE PROGRAM - DSHS *dshs.wa.gov*

Cash assistance to eligible low-income adults age 65 or older, blind or likely to meet Supplemental Security Income (SSI) disability criteria based on a physical or mental impairment that will last 12 consecutive months.

CLIENT ASSISTANCE PROGRAM (CAP)
washingtoncap2@gmail.com
washingtoncap.org **206-849-2939**

Provides information on the Division of Vocational Rehab (DVR), Dept of Services for the Blind (DSB), Independent Living Programs (ILP's) and Tribal Vocational Rehabilitation Programs. Includes independent-living programs with industry. Helps with mediation and administrative proceedings.

HEN - HOUSING AND ESSENTIAL NEEDS - DSHS
 Provides access to housing assistance for low-income adults unable to work for at least 90 days due to physical or mental incapacity and ineligible for ABD cash assistance. Includes, rent, utilities, personal health and hygiene items, cleaning supplies and transportation.

dshs.wa.gov
TICKET TO WORK - SSA **866-968-7842**
ssa.gov/work **TTY 866-833-2967**

YourTickettoWork.ssa.gov
 Supports career development for Social Security disability beneficiaries 18-64 who want to work. Free and voluntary. Helps people with disabilities progress toward financial independence.

WA DEPT OF LABOR & INDUSTRIES
Ini.wa.gov **TTY 800-833-6388**
REPORT HEALTH AND SAFETY ISSUES

800-423-7233
WORKERS' COMP CLAIMS **877-561-FILE**
Ini.wa.gov/ORLI/ECS/FileFast.asp

COHE COMMUNITY WITH PROVIDENCE 456-3222
 Center for Occupational Health and Education (COHE) Community with Providence works cooperatively within regional communities of health care to develop programs to improve the quality, cost effectiveness and consistency of care for injured workers in the Inland Northwest, sponsored by Providence St Luke's Rehab Medical Center and administered by WA L&I.

Adult Day Center
ARC COMMUNITY CENTER **328-6326**
arc-spokane.org
 320 E 2nd, 99202 *arc-spokane.org*

Connects people with developmental disabilities with others in social, recreational, educational and volunteer activities in Supported Employment, Community Inclusion and Transition & Young Adult Programs. Supports people with IDD as they build confidence and gain independence.

PROJECT ID PO Box 18703, 99228
 Millwood Presbyterian, 3223 N Marguerite
projectidspokane.org

475-7185 Provides recreation, socialization,

work, personal development and transitional opportunities to adults with intellectual and developmental disabilities in Spokane County.

WEST CENTRAL COMMUNITY SUPPORTIVE SERVICES **323-7517**
 1603 N Belt, 99205 *westcentralcc.org*

Two programs provide adults with developmental disabilities opportunities to participate in community activities. Offer physical fitness, music, arts, culture and more.

Athletics & Activities
PARASPORT SPOKANE *parasportspokane.org*
 10210 E 9th, 99216 **999-6466**

RPG (ROLE PLAYING GAME) THERAPEUTICS
rpgtherapy.com **608-6441**
rpgpros.com **833-RPG-PROS (774-4636)**

info@rpgorganization.com *rpg.education*
 Provides therapeutic recreation,

entertainment, services and education in wheelchair accessible facilities using HIPAA compliant technologies, online learning, and adaptive services for autism spectrum, ADHD, at-risk youth, brain injured, cerebral palsy, muscular dystrophy, social phobias, deaf & hard of hearing, developmental delays & impairments, in-patient or incarcerated youth and adults, substance dependency and transition from long-term care.

SPECIAL OLYMPICS WA **206-681-9385**
rt@sowa.org

specialolympicswashington.org
THERAPEUTIC RECREATION SERVICES
SPOKANE PARKS & REC *spokane-parks.org*
 808 W Spokane Falls Blvd **625-6200**
 Recreation for ages 6+ with developmental and physical disabilities.

Audiology, Hearing Services
MULTICARE ROCKWOOD AUDIOLOGY
DOWNTOWN *multicare.org*
 Deaconess Medical ENT Center
 801 W 5th, 99204 **459-1333**

NEXUS INLAND NW **328-9220**
 1206 N Howard, 99201
info@nexusinw.com *nexusinw.com*

Serves those with hearing loss in Eastern WA. Offers interpretive services and payee program.

WSU UNIVERSITY HEARING & SPEECH CLINIC (UPCD) - WSU ELSON S FLOYD COLLEGE OF MEDICINE **828-1323**

Health Sciences Bldg, 310 N Riverpoint
 Evaluates and treats speech, language and hearing disorders. *medicine.wsu.edu*

Blind Services
SERVICE DOG

See under Environment & Sustainability
 Animals and Wildlife for Service animals,
 Disabled or Therapy

DAY OUT FOR THE BLIND SPOKANE **484-8082**
 1502 E Holyoke, 99217 **710-0841**
 PO Box 7593, 99207 **624-2850**

FB: DayOutForTheBlindSpokane
 Provides entertainment and socializing. Activities include bingo, dancing and field trips.

LILAC SERVICES FOR THE BLIND **328-9116**
 1212 N Howard, 99201 **328-9116**
contact@lilacblind.org *lilacblind.org*

Client-centered training, support and optical aids so people can be independent and active while living with vision loss. Training for safe and independent travel.

WA SENSORY DISABILITY SERVICES
wdsdonline.org **800-572-7000**

WA DEPT OF SERVICES FOR THE BLIND

Sherwood Bldg, 510 W Riverside,
 Ste 209, 99201 *dsb.wa.gov* **456-4458**

Developmental Disabilities Division - Spokane County Community Services, Housing & Community Development (CSHCD)

312 W 8th, 99204 *spokanecounty.org*
bnichols@spokanecounty.org

Adult services help those with developmental disabilities maintain employment and live full, contributing lives in the community. Increases public awareness by information and education, and builds community capacity to include people with developmental disabilities. **477-5722**

Disability Assistance Project
 Wear Law, 601 W 1st, Ste 1400, 99201
 PO Box 8268, 99203 **252-5053**

rose@wearlaw.net
wearlaw.net/dap-outreach

Assists individuals respectfully through every stage of the disability process.

Provides open, honest advice and services as they navigate the system. Leverages community partnerships for referrals and services.

Disability Support Services
 Provides academic counseling and accommodations to students with disabilities for information and referral.

EWU SASS 019 Hargreaves Hall
 Cheney 99004 **359-7924**

Medical Accomodation **359-6871**
sass@ewu.edu *inside.ewu.edu/dss/*

GONZAGA UNIV DISABILITY ACCESS - THE CENTER FOR STUDENT ACADEMIC SUCCESS

Foley Center Library 208 **313-4134**
 502 E Boone, AD Box 19, 99258
disability@gonzaga.edu *gonzaga.edu*

SCC DISABILITY ACCESS SERVICES
 1810 Greene, MS 2151 **533-7169**
 Bldg 15, 99207 *scc.spokane.edu*
DAS@scc.spokane.edu



SFCC DISABILITY ACCESS SERVICES

3410 W Whilstalks Wy **533-4166**
 Bldg 30, Rm 104 spokanefalls.edu
Sfcc.DAS@sfcc.spokane.edu

WALLA WALLA COMMUNITY COLLEGE

500 Tausick Wy **527-4543**
 Walla Walla 99362 **TTY527-4412**
kristen.duede@wwcc.edu wwcc.edu

CLARKSTON CAMPUS 758-1721
heather.markwalter@wwcc.edu

WHITMAN COLLEGE 527-5213

Olin 334/345 Boyer, Walla Walla 99362
arc@arc@whitman.edu whitman.edu

WSU ACCESS CNTR accesscenter.wsu.edu

217 Washington Bldg **335-3417**
 PO Box 642322, Pullman 99164
access.center@wsu.edu

Housing, Supportive Living / Rehab

THE ARC OF SPOKANE - SUPPORTIVE LIVING
 320 E 2nd, 99202 arc-spokane.org
info@arc-spokane.org **328-6326**

Is a community living environment for adult men and women with developmental disabilities who live as house mates in homes they own, lease or rent together. With the freedom to work, socialize and recreate as they wish, clients are provided a comfortable home and life, full access to the community, and caring staff able to meet their health and personal care needs.

CATHOLIC HOUSING COMMUNITIES

CATHOLIC CHARITIES EWA 456-2279
 12 E 5th, 99202 cceaster.nw.org
 Offers service enriched apartments to disabled and others disadvantaged people across Eastern WA.

COMPASS CAREER SOLUTIONS 795-8205
 5709 W Sunset Hwy, Ste 100, 99224
 Offers supportive housing, case management, disabilities support and Fundamental Community Services Pilot Project.

INLAND EMPIRE RESIDENTIAL RESOURCES
 208 N Crestline, 99202 **534-9999**
 POB 3123, 99220
housingservices@ierr811.com

Helps create and preserve long-term affordable housing, primarily for low-income families and persons with developmental disabilities.

L'ARCHE SPOKANE 483-0438
 703 E Nora, 99207 larcheofspokane.org
 Serves people with and without intellectual disabilities, sharing life in communities belonging to an international federation. Non-denominational ministry with spiritual emphasis. Licensed with state.

LAKELAND VILLAGE DDA 299-1800
 2320 S Salhave dshs.wa.gov/dda/
 PO Box 200, Medical Lake 99022

State Residential Habilitation Center
MERRY GLEN merryglen.org
 2917 N Cincinnati, 99207 **487-0232**

PROVIDENCE ST LUKE'S REHABILITATION

MEDICAL CENTER providence.org
 711 S Cowley, 99202 **473-6000**

Specializes in comprehensive inpatient and outpatient therapy for children and adults. Provides rehabilitation treatment for stroke, spinal cord injuries, orthopedic issues and brain injuries.

OUTPATIENT 473-6869
 North, 235 E Rowan, Ste 210

OCCUPATIONAL REHAB 473-6869
 North, 551 E Hawthorne, 99218
 South, 614 S Chandler, 99202

Protective Payee Program

Receives/disburses funds for clients on SSI (Supplemental Security Income) and HEN (see page 89) because of mismanagement of funds or mental incapacity. Provides self-sufficiency training in money management and financial counseling.

AMERICAN INDIAN CC 535-0886
ALPHA SUPPORTED LIVING SERVICES

862-6100
APPLE PAYEE 241-8125

THE ARC OF SPOKANE 328-6326
GOODWILL 838-4246

SPOKANE VALLEY PARTNERS 927-1153x21

Neuromuscular / Brain Injury

BRAIN ENERGY SUPPORT TEAM SPOKANE 877-719-2378

1314 S Grand, Ste 2-128, 99202
brainenergysupportteam.org
 Provides Adams, Asotin, Columbia, Franklin, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Walla Walla and Whitman counties with education, peer support, tools and strategies for individuals and families impacted by brain injury.

BRAIN INJURY ALLIANCE WA biawa.org
 PO Box 3044 **206-467-4800**

Seattle 98114 **877-982-4292**

Resource Center **877-824-1766**

DDA - DEVELOPMENTAL DISABILITIES ADMIN (DSHS) 329-2900

Michelle.Wolf@dshs.gov dshs.wa.gov/dda
SPOKANE DDA FIELD OFFICE 329-2900

1611 W Indiana, 99205 **800-462-0624**
DD1FSO@dshs.wa.gov TTY 568-3038

Supports and services for people 18+ with developmental disabilities such as cerebral palsy, epilepsy, autism or other neurological issues.

EPILEPSY FOUNDATION WA 206-547-4651
washington@efa.org epilepsy.com

NATIONAL MULTIPLE SCLEROSIS SOCIETY (MS) 800-344-4867
 FB: *mnorthwest*

nationalmssociety.org

PROVIDENCE MULTIPLE SCLEROSIS CENTER
 5633 N Lidgerwood, Ste 1800, 99208
providence.org **252-1700**

Support Groups

INDEX - INLAND NORTHWEST DISABILITY EXPERIENCE - DISABILITY ACTION PARTNERSHIP

NW dacnw.org
 Community Bldg, 25 W Main, 3rd Flr, Rm C-1, 99201 **606-INDX**

Guides the Independent Living Movement by advocating for choice, equity and justice. Works to raise the voices of the disability community including those most marginalized - BIPOC, LGBTQIA2S+, immigrants, refugees and those experiencing poverty.

PEOPLE FIRST OF WA 253-999-7222
peoplefirstofwashington.org

Disabilities awareness and education for adults and high school/transition students for self advocacy & leadership. Locations in Clarkston, Tri-Cities (for Walla Walla), Palouse (pending)

CHEWELAH Shelbydog_53@hotmail.com

LAKE ROOSEVELT bsangela@yahoo.com
kenbensimon@me.com

bartonsmile@gmail.com

LILAC CHAPTER FB:peoplefirstspokane
awhirley@yahoo.com

The Arc of Spokane 328-6326
 320 E 2nd, 99202 arc-spokane.org

info@arc-spokane.org
 Promotes independence and choice to enhance quality of life for people

with developmental disabilities and their families. Provides information, resources, education, advocacy, emotional and direct support.

Washington State, County

ADAMS COUNTY INTEGRATED HEALTH CARE SERVICE - DEVELOPMENTAL DISABILITIES SERVICES 659-3306

BOOST COLLABORATIVE 332-6561

1235 SE Pro Mall, Pullman 99163
info@boostcollaborativewa.org

boostcollaborativewa.org

Improves lives of individuals with disabilities and their families in Whitman and Latah counties.

DDA - DEVELOPMENTAL DISABILITIES ADMIN (DSHS) 800-462-3038

dshs.wa.gov/dda **TTY 568-3038**

CLARKSTON DDA 751-4637
 525 5th, 99403

TRI COUNTY DDA 866-715-3646
 1100 S Main, Colville 99114 **685-5649**

WALLA WALLA DDA 394-1069
 1371 W Pine 99362

WALLA WALLA COMMUNITY COLLEGE 527-4543
 500 Tausick Wy

Walla Walla 99362 **TTY527-4412**
kristen.duede@wwcc.edu wwcc.edu

CLARKSTON CAMPUS 758-1721
heather.markwalter@wwcc.edu

WHITMAN COLLEGE 527-5213
 Olin 334/345 Boyer, Walla Walla 99362
arc@arc@whitman.edu whitman.edu

D A C
 DISABILITY ACTION CENTER

Your KEY to Independence! Disability Action Center NW

Taking new risks and becoming independent can be hard.

Talking to someone who has been in a similar situation can help. DAC NW works with all types of disability to remove barriers so you can be independent as you wish.

Our team provides five core services for, including:

- ✓ Information and Referral
- ✓ Peer Counseling & Support
- ✓ Independent Skills Training
- ✓ Personal & Community Advocacy
- ✓ Transition Services

Located at 3726 E Mullan Ave in Post Falls, Idaho

Call us **208.457.3891**

LINCOLN COUNTY - DEVELOPMENTAL DISABILITIES PROGRAM **725-1086**
707 13th, Davenport 99122

STEVENS COUNTY COUNSELING SERVICES
165 E Hawthorne **684-4597**
Colville 99114 *co.stevens.wa.us/counseling/services.htm*

WA DEPT OF LABOR & INDUSTRIES
Ini.wa.gov **TTY 800-833-6388**

DISABILITY SUPPORT SERVICES

WHITMAN COUNTY DIVISION OF DEVELOPMENTAL DISABILITIES
310 N Main, Colfax 99111 **397-6238**

PULLMAN **800-509-0025/334-5296**
1250 Bishop Blvd SE, Ste G, 99163

Idaho (208)

Audiology - IDAHO COUNCIL FOR THE DEAF & HARD OF HEARING *info@cdhh.idaho.gov*
cdhh.idaho.gov **334-0879**

Provides services for persons with hearing impairments and involved in public and private sector policies.

Disability Support Services

LEWIS & CLARK STATE COLLEGE - LCSC

ACCESSIBILITY SERVICES **792-2677**
Library 161/ 500 8th, Lewiston 83501
accessibilityservices@lcsc.edu *lcsc.edu*

NORTH IDAHO COLLEGE **769-5947**
Seiter Hall 100 Mail: 1000 W Garden
Coeur d'Alene 83814 **665-4520**
etcarroway@nic.edu *nic.edu*

UI CENTER FOR DISABILITY ACCESS AND RESOURCES (CDAR) **885-6307**
Bruce Pitman Center, Ste 127
875 Perimeter Dr MS-4257
cdar@uidaho.edu *uidaho.edu*

Adult Day Prog/Support Groups

PANHANDLE SPECIAL NEEDS INC
1424 N Boyer, Sandpoint 83864
panhandlespecialneeds.org **263-7022**

PEOPLE FIRST OF WA - GRANGEVILLE
lucas7919@msn.com

SPECIALIZED NEEDS RECREATION
3700 N Government Way, Ste J
Coeur d'Alene 83815 **755-6781**
snridaho.org **769-9332**

Provides recreation programs for those with learning disability, sensory impairment, mental, emotional or physical handicap.

Housing, Supportive Living/Rehab

COMMUNITY CONNECTIONS, INC
1675 S Maple Grove, Boise 83709
cciidaho.com **377-9814**

Advocates for children and adults with developmental disabilities. Offers developmental therapy, behavior intervention, residential habilitation/ supported living services and vocational rehabilitation/community

supported employment services.

POST FALLS **777-0314**
316 E 5th, 83854

SANDPOINT **597-7114**
819 Highway 2, Ste 220, 83864

DISABILITY ACTION CENTER - NW
Services for persons with any kind of disabilities. Locations: *dacnw.org*

LEWISTON **888-746-9033**
330 5th, 83501 **746-9033**

MOSCOW **800-475-0070**
505 N Main, 83843 **883-0523**

POST FALLS **800-854-9500**
3726 E Mullan, 83854 **457-3891**

MENTOR IDAHO *sevitahhealth.com*
280 W Prairie #4, CdA 83815 **772-4639**

residential and in-home support services help people with disabilities live well and become more independent.

Therapy & Physical Rehab

NORTHERN IDAHO ADVANCED CARE HOSPITAL
niach.ernesthealth.com
600 N Cecil, Post Falls 83854 **262-2800**

REHABILITATION HOSPITAL OF THE NW - ERNEST HEALTH *rhn.ernesthealth.com*
3372 E Jenalan, PF 83854 **262-8700**

VOCATIONAL REHAB

ARTISANS *theartisans.org*
200 E 2nd, Ste A, 99202 **325-4489**
220 W Francis, Ste B, 99205
admin@theartisans.org

Provides services for individual job development, employment support and opportunities in the community for persons with disabilities.

AT WORK WA **425-274-4000**
1010 N Normandie #206, 99201
atworkwa.org

Helps people with intellectual and developmental disabilities (I/DD) get jobs, increase community connection, and transition to life after high school.

COMPASS CAREER SOLUTIONS **508-9926**
5709 W Sunset Hwy, Ste 100, 99224
careersbycompass.com

DVR - DIVISION OF VOCATIONAL REHABILITATION (DSHS)
PO Box 45340 **TTY 360-725-3636**
Olympia 98504 *dshs.wa.gov/dvr*
Spanish line **866-217-2964**
Public Assistance **877-501-2233**

Helps people with disabilities prepare for, obtain and retain employment. Vocational rehab programs are custom-designed.

SPOKANE DVR 99201 **363-4700**
1313 N Atlantic, Ste 1000
TTY 888-468-9736/800-548-0941

CLARKSTON DVR 99403 **751-4668**
525 5th **800-657-2929**

COLVILLE DVR 99166 **888-330-5739**

956 S Main, Ste B, 99114 **685-6147**

COLFAX DVR 99111 **397-5071**
418 S Main, Ste 1

NEWPORT DVR **800-624-7222**
1600 W 1st, 99156 **447-6249**

REPUBLIC DVR 99166 **775-2230**
89 E Delaware **TTY800-442-2061**

WALLA WALLA DVR 99362 **527-1815**
800-548-8755 **TTY800-548-8755**
1530 Stevens, 99362

HIRE ABILITY SPOKANE *charly@gowise.org*
203 N Washington, 99201 **217-4142**
hireabilityspokane.org

PEOPLE ACCESSING CAREERS AND EDUCATION (PACE)-SCC **279-6033**
paceservices@scc.spokane.edu
scc.spokane.edu

Provides specialized programs to individuals with obstacles to learning and employment, including job readiness.

PLAN TO WORK **866-497-9443**

COMMUNITY-MINDED ENTERPRISES
2001 N Division, 99201 *plantowork.org*
plantowork@community-minded.org

For those on SSI/SSDI who want to return to the workforce.

SKILLS'KIN **326-6760**
4004 E Boone, 99202 *skills-kin.org*

Training, employment programs, financial assistance-payee, residential services and structured jobs for

developmentally disabled.

WA DEPT OF LABOR & INDUSTRIES
Ini.wa.gov **TTY 800-833-6388**

SPOKANE BRANCH **800-509-8847**
901N Monroe, Ste 100, 99201 **324-2600**

Idaho (208)

ABLE TO WORK *abletowork.idaho.gov*

ID DIVISION OF VOCATIONAL REHAB
650 W State, Rm 150, Boise 83720
department.info@vr.idaho.gov
vr.idaho.gov **334-3390**

State-federal program helps people with disabilities prepare for, secure, retain or regain employment.

COEUR D'ALENE 83814 **769-1441**
112 E Mullan, Ste 101 **263-2911**

SANDPOINT SUB OFFICE
102 S Euclid, Ste 211, 83864

LEWISTON REGIONAL **799-5070**
1118 F/Drawer B, 83501

OROFINO **476-5574**
416 Johnson, Ste 17, 83544

IDAHO STATE INDEPENDENT LIVING COUNCIL (SILC)- ID DEPT OF LABOR
Offers employment opportunities for people in ID with disabilities.

OUI LEWISTON - OPPORTUNITIES UNLIMITED *oui.org/services/*
325 Snake River, 83501 **743-1563**

PANHANDLE SPECIAL NEEDS INC
1424 N Boyer, Sandpoint 83864
panhandlespecialneeds.org **263-7022**

INDEx
Inland NW Disability Experience

Working for Independence, Equity and Justice!

Build your network of friends and allies!

Join us in advocating for choice, and raising the voices of the disability community who are most marginalized.

Our team provides services including:

- ✓ Peer Counseling & Support
- ✓ Independent Living Skills Training
- ✓ Information and Referral
- ✓ Personal & Community Advocacy
- ✓ Transition Services

Call us **509-606-INDx**

Located in the Saranac Building
25 West Main St, Room C-1 Spokane