

HEALTH SERVICES - MEDICAL RESOURCES

HOLISTIC HEALTH

holisticfestivals.com

Washington (509)

Satum Clinic 826 N Mullan, Ste B
Spokane Valley 99206 **342-7411**
satumclinic.com

Idaho (208) *FB: CDA.Healthy.Living*

CdA Acupuncture & Holistic Healing
cdahealing.com

810 E Sherman, Coeur d'Alene 83814
Toby Hallowitz, ND, MSOM, LAc **665-2293**
Acupuncture, holistic skin care,
naturopathic medicine & nutrition.

MEDICAL RESOURCES

Washington (509) *hca.wa.gov*
wacmh.c.org *wsma.org*

CHAS Health **444-8200**
611 N. Iron Bridge Wy, 99202
chas.org Billing **444-7880**
24/7 Nurse Hotline **866-418-1002**
Pharmacy **444-8200**
Nonprofit system of community
clinics providing medical, dental,
behavioral health, pregnancy and

pharmacy services to people of all
ages regardless of insurance status
or ability to pay. Helps enroll patients
in WA Apple Health and other
marketplace insurance. Bills private
insurance or uses sliding fee scale
based on income and household size.

SPOKANE CITY & COUNTY 444-8200

These locations offer medical*,
behavioral health* and pharmacy:
5921 N Market 3919 N Maple
914 W Carlisle 1001 W 2nd
1622 E Wellesley 15812 E Indiana
505 E Stonewall 1720 2nd, Cheney
401 S Main, Deer Park*
5620 S. Regal St, Ste 11

URGENT CARE CLINICS 434-1990

SPOKANE NORTH 5901 N Lidgerwood, Ste 126

SPOKANE VLY 1502 N Vercler 444-8204

Chewelah Associated Physicians

410 E King/POB 137, Chewelah 99109

Columbia Basin Health Assoc

1515 E Columbia **488-5256**
Othello 99344 *cbha.org*

Columbia County Health System

cchd-wa.org **382-2531**

DAYTON GENERAL HOSPITAL

1012 S 3rd, 99328

COLUMBIA FAMILY CLINIC

1012 S 3rd, 99328

WATTSBURG CLINIC

235 E Main, 99361

382-3200

337-6311

Concentra

concentra.com

NORTHSIDE

467-4545

9222 N Newport Hwy, Ste 1

SOUTH HILL 2005 E 29th

747-0770

SPOKANE VLY 15425 E Mission 924-7010

Deer Park Family Care Clinic

905 E D St *dpfcc.com* **276-5005**

PO Box 1529, Deer Park 99006

East Adams Rural Healthcare

EMERGENCY SERVICES

659-1200

903 S Adams, Ritzville 99169 *earh.com*

RITZVILLE CLINIC 903 S Adams 659-1200

WASHUTONA CLINIC 545 SE Church 646-3290

Excelsior Family Medicine 467-1100

NORTH Northpointe Medical Center,

9631 N Nevada, Ste 202, 99218

excelsiorfamilymedicine.org

WEST Excelsior Wellness Center

3754 W Indian Trail, 99208

excelsiorwellness.org **559-3148**

Offers wellness checks, health

screenings, immunizations, preventive

care, sports physicals, behavioral health



**CDA Acupuncture
and
Holistic Healing**

*Acupuncture • Naturopathic Medicine • Chiropractic
Counseling • Massage • Holistic Esthetics • Nutrition
IV Therapy • Classes • Nature Care • Retail*

CDAHealing.com 208-665-2293

Specialized Care for People 60+

Medical • Dental • Pharmacy • Behavioral Health

More than 20 convenient locations in the Inland
Northwest, including our North Central Clinic
that specializes in senior healthcare.

We accept Medicare, Medicaid,
and private insurance.

509.444.8200 • chas.org





Providence Community Clinic

32 W. 2ND AVE., Spokane, WA 99201
509-626-9825

Open M, T, Th, Fri. 7:30 a.m. – 5 p.m.

Providing walk-in medical and supportive care for all, including:

- Health insurance enrollment
- Housing and shelter resources
- Transportation and bus passes to scheduled appointments
- Referral substance abuse treatment
- Mental and behavioral health services
- Wellness exams and vaccinations
- Cold, flu, allergy care
- Skin conditions, sprains and strains, minor injury care
- Meal and shower locations
- Community employment services
- Grief and loss support



To learn more,
visit providence.org

and optometry. Takes most insurance, Medicaid and reduced pay service applications.

Family Medical Center 525-6650
1120 W Rose, Walla Walla 99362
Serves Walla Walla residents with medical, dental, nutrition services, WIC, adolescent counseling and more in an up-to-date clinic. yvfwc.com

Ferry County Memorial Hospital
36 Klondike 775-3333
Republic 99166 fcphd.org
REPUBLIC MEDICAL CLINIC 775-3153
10 Ros Circle, 99166

Franklin Park Urgent Care Center 489-1150
5904 N Division, 99208 fpucc.com
Offers minor emergency care, sports physicals (all levels) and injuries, work related injuries (L&I), minor shots, some disease testing and labs.

Garfield County Hospital District
HOSPITAL 66 N Sixth St 843-1591
Pomeroy 99347 pomeroymd.com
MEDICAL CLINIC 446 Pataha, Pomeroy 99347

Indigo - MultiCare
indigourgentcare.com
AIRWAY HEIGHTS 9746 W Sunset, Ste D, 99224
ARGONNE/MILLWOOD 598-7870
2401 W Wellesley, Ste 103, 99205
LIBERTY LAKE
1429 N Liberty Lake, Ste A, 99019
NORTH SPOKANE 598-7744
9420 N Newport Hwy, Ste 103
SHADLE 598-7870
2401 W Wellesley, Ste 103 99205
SOUTH HILL 4911 S Regal 598-7810
VALLEY 15605 E Sprague 598-7820

Kaiser Permanente Medical Centers kp.org
Consulting Nurse Svcs 800-267-6877
Member Services 888-901-4636
Social Work Services 877-216-6216
KENDALL YARDS 625-3700
546 N Jefferson, Ste 200, 99201
LIDGERWOOD 482-4402
6002 N Lidgerwood, 99208
RIVERFRONT 324-6464
322 W North River, 99201
SOUTH HILL 535-2277
4102 S Regal, Ste 101, 99223
VERADALE 922-2625
14402 E Sprague, 99216

Lincoln Hospital & Clinics 725-7101
10 Nichols, Davenport 99122
lincolnhospital.org
DAVENPORT CLINIC 100 Third St
REARDAN 550 E Broadway 796-2737
WILBUR CLINIC 214 SW Main 647-5321

MultiCare Hospitals & Emergency Dept multicare.org

DEACONESS HOSPITAL 458-5800
800 W Fifth, 99204
DEACONESS NORTH EMERGENCY 473-3333
8202 N Division, 99208
VALLEY HOSPITAL 924-6650
12606 E Mission, 99216

Newport Hospital & Health Services 447-2441
714 W Pine, Newport 99156
newporthospitalandhealth.org
Family Health Center 447-3139
Outpatient Services 447-6308/6

NE Washington Health Programs
509 E Main newhp.org 935-6001
PO Box 808, 99109 Billing: 935-4730
CHEVELAH MEDICAL
518 E Clay, 99109 935-8424
COLVILLE MEDICAL
358 N Main, 99114 684-1440
LAKE SPOKANE MEDICAL 464-3627
5952 Blackstone, Nine Mile Falls 99026
LOON LAKE MEDICAL 464-3627
3994 Colville/POB 303 99148
NEWPORT 435 W Walnut, 99156
SELKIRK MEDICAL 208 Cedar Creek Terrace
PO Box 197, lone 99139 442-3514
SPRINGDALE MEDICAL
114 S Main/POB 126, 99173 258-4234

Odessa Mem. Healthcare Center
502 E Amende 982-2611
POB 368, Odessa 99159 omhc.org
RURAL HEALTH CLINIC 982-2614
510 E Amende/POB 190, 99159

Palouse Medical 332-2517
825 SE Bishop Blvd, Ste #200
Pullman 99163 palousemedical.com

Providence ExpressCare
providence.org 888-227-3312
AIRWAY HEIGHTS
10258 W Sunset Hwy, Ste 6, 99224
COLLEGE PLACE
1705 SE Meadowbrook Blvd, Ste 2
LINCOLN HEIGHTS 2923 E 29th, 99223
INDIAN TRAIL 9027 N Indian Trail, 99208
RUBY 105 E Mission, Ste D, 99202

Providence Family Medicine
providence.org
NORTHPOINTE 626-9420
9911 N Nevada, Ste 200, 99218
NORTH (SPOKANE) 252-9602
212 E Central, Ste 440, 99208
RESIDENCY CLINIC 626-9900
624 E Front, 99202
SOUTH HILL 626-9400
2020 E 29th, Lower Level, 99203
NORTH PINES 893-8140
1212 N Pines, Spokane Valley 99206
WALLA WALLA 897-8520
1017 S 2nd, 99362

Life, you're at the heart of everything.

 **Providence**
We see the life in you.

[Providence.org/Life](https://www.providence.org/Life)

**You are the reason we'll always
pioneer new treatments.**

We know that you live fully in the moment. That's why we're dedicated to being at the forefront of cardiac research, clinical trials, and breakthrough procedures, so we're ready when you need us. Because when it comes to matters of the heart, you deserve nothing less than world-class health care.

Providence Hospitals
providence.org
HOLY FAMILY HOSPITAL 482-0111
 5633 N Lidgerwood, 99208
MOUNT CARMEL HOSPITAL 685-5100
 982 E Columbia, Colville 99114
PROVIDENCE MEDICAL PARK - SPOKANE VLY
 16528 E Desmet, 99216 944-8900
PROVIDENCE NEVADA HEALTH CARE
 9922 North Nevada, 99218 747-6194
SACRED HEART MEDICAL CENTER 474-3131
 101 W 8th, 99204
PROVIDENCE FOUNDATION 474-4917
 601 W 1st, Ste 200, 99201
 Mail: 101 W 8th, 99204 *providence.org*
St JOSEPH'S HOSPITAL 99109 935-8211
 500 E Webster, Chewelah 99109
St MARY MEDICAL CENTER 897-3320
 401 W Poplar, Walla Walla
PROVIDENCE St MARY'S CHARITY CARE
 Poplar St b/w 7th & 5th 522-5804
 Walla Walla 99362 *providence.org*

Providence Community Wellness
 1313 N Atlantic, Ste 4900, 99201
providence.org 473-6007
 Resource for health education, weight management, health screenings and wellness programs. Includes registered nurses, registered dietitians, exercise, certified coaches and health educators.

Providence Primary Care
providence.org
 COWLEY PARK 381-6505

62 W 7th, Ste 320, 99204
KENDALL YARDS 624-0111
 546 N Jefferson, 99201
SPOKANE VALLEY 994-9440
 16528 E Desmet, Ste B2100/B3100

Providence NE WA Medical
providence.org
CHEWELAH 100 W South 935-8111
 COLVILLE 1200 Columbia 684-3701
GARDEN HOMES CLINIC 684-3701
 143 Garden Homes, 99114
KETTLE FALLS 840 S Meyers 685-7848

Providence Urgent Care
providence.org
DOWNTOWN SPOKANE 474-2100
 412 S Division, 99202
NORTH SPOKANE 489-2369
 551 E Hawthorne, 99218
SPOKANE VALLEY 944-8910
 16528 E Desmet, Ste A1200, 99216
WALLA WALLA 1025 S 2nd 897-3000

Rockwood Clinics - MultiCare
multicare.org 342-3100
MAIN CLINIC & URGENT CARE
 400 E 5th, Ste 1 N, 99202
AIRWAY HEIGHTS CLINIC 342-3380
 10414 W Hwy 2, Ste 10, 99224
CHENEY NEIGHBORHOOD CLINIC
 19 N 7th, 99004 235-6151
DEER PARK CLINIC 755-5424
 20 E J St, 99006
LIBERTY LAKE URGENT CARE 342-3990

1326 N Stanford 99019
MEDICAL LAKE CLINIC 755-5300
 725 N Stanley, Ste D, 99022
MORAN PRAIRIE 724-4150
 3016 E 57th, Ste 27, 99223
QUAIL RUN CLINIC 2214 E 29th 755-5250
SPOKANE VALLEY PRIMARY CARE 598-7750
 1215 N McDonald, Ste 101, 99216

SonBridge *Sonbridge.org* 529-3100
 1200 SE 12th, College Place 99324
 SOS Health Services, volunteer services, English/Spanish messaging.

SEL Health Services 338-3800
 2560 NE Hopkins Ct, Pullman 99163
selfamilycenter.com

Tri State Memorial Hospital
 1221 Highland, Clarkston 758-5511
tristatehospital.org

Unify Community Health *yfwc.org*
 Experienced family practice providers offer a full spectrum of care, including prenatal care and delivery, and care for children. Dental, nutrition, behavioral health, lab and pharmacy services are available for patients.
MISSION 120 W Mission 326-4343
NECC 4001 N Cook 483-3427
WCCC 1603 N Belt 99205 326-4343

Walla Walla Clinic & Surgery Cntr *wallawallaclinic.com* 525-3720
 320 Willow, Walla Walla 99362

Whitman Hospital & Medical Center TDD/TDY 397-2379
 1200 W Fairview, Colfax 99111
whitmanhospital.com 397-3435
COLFAX 397-4717
 1200 W Fairview, 99111
GARFIELD 207 N 3rd, 99130 635-4550
St JOHN 8 W Front, 99171 648-3331
TEKOA 115 N Crosby, 99033 284-2423

Idaho (208)
Benewah Community Hospital
 229 S 7th, St Maries 245-5551
bchmed.org **Family Medicine** 245-2591
BETTERCARE POB 94, St Maries 83861

Bonner General Health 263-1441
 520 N 3rd *bonnergeneral.org*
 PO Box 1448, Sandpoint 83864
IMMEDIATE CARE 263-0649
 520 N Third, Sandpoint 83864

Bonner Partners in Care Clinic
 2101 Pine, Sandpoint 83864
bonnerpartnersincareclinic.org
 Free health care clinic. 255-9099

Boundary Community Hospital
 6640 Kaniksu 267-3141

THE U.S. PREVENTIVE SERVICES TASK FORCE SAYS SCREENING FOR BREAST CANCER STARTING AT AGE 40 CAN SAVE 19% MORE LIVES.

We Agree. But There's More You Need to Know.

Inland Imaging, along with organizations like the American College of Radiology, the American Society of Breast Surgeons, the American College of Obstetricians and Gynecologists, and the Society of Breast Imaging, **recommend women receive a screening mammogram annually, starting at age 40, and that all women should have a breast cancer risk assessment by age 25** to determine if they should begin regular screenings earlier.

Want to know more? Talk with your provider about a breast cancer risk assessment. If you're 40 or older, schedule your annual screening mammogram by calling (509) 455.4455 or visiting inlandimaging.com/schedule.

Inland Imaging cares for patients from communities throughout our region through nine conveniently located outpatient imaging centers in Spokane and Spokane Valley, Kennewick, and Seattle.

Inland Imaging
 Answers you can trust and care you can count on.
 SPOKANE . SEATTLE . TRI-CITIES . MISSOULA



General Information

Main Line 509.324.1500
 Toll Free 888.535.0597
 1101 West College Avenue, Spokane, WA 99201

Administration

Administrative Officer 324.1512
 Health Officer 323.2855
 Human Resources..... 324.1558
 Finance 324.1501
 Financial Services (*payments/billing*) 324.1601
 Vital Records (*birth and death certificates*)
 324.1601
 Public Information/Communications 324.1668

Environmental Public Health

Main Line 324.1560
 Liquid Waste (*septic systems*) Ext. 1
 Food Safety (*restaurants*) Ext. 2
 Solid Waste (*inspections and complaints*)Ext. 3
 School Safety Ext. 4
 Water Rec. (*public pool/spa inspections*) Ext. 4
 Environmental Resources (*land use, EnviroStars, site hazard assessment, water well drilling*)..... Ext. 6
 Animal-Carried Diseases (*including animal bites*) Ext. 7
 Food Worker Cards Ext. 8

Preventive Public Health

Community Health

ABCD Oral Health 324.1687
 Beginnings Matter..... 324.1666
 Children and Youth with Special Health Care Needs 324.1696
 Community Health Workers..... 324.1654
 Early Support of Infants & Toddlers (*ESIT*)
 324.1651
 Health Equity 323.2836
 Nurse-Family Partnership..... 324.1621
 Women, Infants and Children (*WIC*) 324.1620
 Youth Cannabis & Commercial Tobacco Prevention..... 324.1622

Disease Prevention and Response

Communicable Disease Epidemiology . 324.1442
 Data Center 324.2853
 Emergency Preparedness and Response324.1673
 HIV Case Management 324.1542
 HIV/STD Prevention: Testing 324.1494
 Immunization Assessment and Promotion
 324.1611
 Syringe Services (*M-Th, 2:30 - 4:30 p.m.*)
 324.1686
 Tuberculosis 324.1613

Treatment Services

Opioid Treatment Services 324.1420



1101 W. College Ave., Spokane, WA 99201
 509.324.1500 | srhd.org | Updated: May 2023

KATHRYN SEVERYS DEMENT SLEEP DISORDERS CENTER - PROVIDENCE
St MARY MEDICAL CENTER 897-2700
 401 W Poplar, Walla Walla 99362
 PROVIDENCE providence.org
SLEEP MEDICINE - NORTH 944-8971
 9631 N Nevada, Ste 300A, 99218
PROVIDENCE PULMONARY - SOUTH
 105 W 8th, Ste 512C, 99204 **474-2295**
SLEEP & PERFORMANCE RESEARCH CENTER - WSU
ELSON S. FLOYD COLLEGE OF MEDICINE
 412 E Spokane Falls Blvd, 99202

sleepcenter@wsu.edu **358-7750**
medicine.wsu.edu

VISION & EYE GLASSES CARE

EMERGENCY FINANCIAL ASSISTANCE
CATHOLIC CHARITIES 358-4963
MULTICARE ROCKWOOD 342-3870
EYE AND OPTICAL CENTER multicare.org
DOWNTOWN 400 E 5th, Ste 2 N, 99202
NORTHPOINTE 605 E Holland, Ste 200, 9
VALLEY 1414 N Houk, Ste 103 (Medical Office Bldg 1), 99216

SPOKANE EYE CLINIC 456-0107
spokaneeye.com
NEVADA/NORTHPOINTE 9651 N Nevada, 99218
NORTH CLINIC 31 E Central, 99207
SOUTH CLINIC 427 S Bernard, 99204
VALLEY CLINIC
 16201 E Indiana, Ste 5000, 99216
SPOKANE CENTRAL LION CLUB 328-6900
 Lilac Services for the Blind, 1212 N
 Howard, 99201 e-clubhouse.org/sites/spokanecentrallionswa
sclions@gmail.com

Eye glass donations for low income. Averages assistance for 30 hearing aids and over 200 eyeglasses. Request for assistance is by application at scl-sh.org
VISION CARE GUIDE FOR VETERANS
nvisioncenters.com/education/vision-care-guide-for-veterans