

Children's Health

ABCD & ABCDE Prog - SRHD
1101 W College **324-1478**
Spokane 99201 **Fax: 324-3615**
Provides dental services for Medicaid-eligible children. Call for qualifications. References and referrals to local dentists are also offered for Spokane County residents. srhd.org

American Childhood Cancer Organization Inland NW 443-4162
PO Box 8031, Spokane 99203
Sacred Heart Children's Hospital
Sarah@accoinlandnw.org
acco.org/inlandnw **474-2759**
Sarah Brown **Fax: 474-2756**
Provides support and services advocating for children with cancer—patients and survivors of cancer. Provides support groups, food, gas and financial support.

Apple Health for Kids - DSHS
whca.wa.gov/applehealth/ **877-543-7669**
Streamline application for basic child medical health provided by state for children. Includes preventive care with physical exams and immunizations.

Birth to Three Years of Age Programs - Screening, Assessment & Treatment, Spokane County
CENTER FOR PEDIATRIC THERAPY **487-2958**
6710 N CountryHomes Blvd, 99208
spokanecpt.com **Fax: 487-3025**
Developmental therapies include physical, occupational, speech and feeding therapy, and teacher services, birth through adolescence. In-home services available for birth to three. Clinical services on the Northside.
CHILDREN'S F.I.R.S.T. 315-5711
INFANT TODDLER NETWORK 324-1651
DIVISION OF DEVELOPMENTAL DISABILITIES 329-2900
MARCH OF DIMES FOUNDATION
222 W Mission Ave, Ste 119
Spokane 99201 **328-1920**
NEXUS 328-9220
RITECARE: SCOTTISH RITE MASON'S HELPING CHILDREN COMMUNICATE)
157 S Howard St, Ste 310, 99201
ritecarewa.org **838-2310**
SHRINER'S HOSPITAL 455-7844
SPOKANE GUILDS' SCHOOL & NEUROMUSCULAR CENTER 326-1651
UNIVERSITY HEARING & SPEECH CLINIC 358-7580
WA DEPT OF SERVICES FOR THE BLIND 456-4458
WASHINGTON ELKS THERAPY PROGRAM FOR CHILDREN, INC
waelks.net **253-472-6223**
WA STATE SENSORY DISABILITY SERVICES - DEAF-BLINDNESS PROJECT 800-572-7000
wsdsonline.org **425-921-9798**
YOUTHFUL HORIZONS 921-9798

325 S University Rd
Spokane Valley 99206
youthfulhorizonstherapy.com
Pediatric, physical, occupational & speech therapy.

Center for Pediatric Therapy
6710 N Country Homes Blvd
Spokane 99208 **487-2958**
PO Box 48070, Spokane 99228
Developmental therapy, including physical, occupational and speech therapy for children from birth through adolescence.

Center on Disabilities and Human Development
121 W Sweet Ave **208-885-6000**
PO Box 444061, Moscow 83844
idahocdh.org **Fax: 208-885-6145**
Offers information on child-care referrals for parents, new child-care provider orientations, the ICCP subsidy program, early-care and education trainings, and a new professional development career and incentive program for early care and education professionals.

Child Find Screening
Public schools screen or refer for handicap conditions defined by federal and state guidelines. Services provided for children 3-18. Offers remediation for children who qualify.

CENTRAL VALLEY	228-5860
CHENEY	559-4507
DEER PARK	464-5500
EAST VALLEY	927-9511
FREEMAN	291-4791
GREAT NORTHERN	747-7714
LIBERTY	624-4415
MEAD	465-6000
MEDICAL LAKE	565-3145
NINE MILE FALLS	340-4064/4214
ORCHARD PRAIRIE	467-9517
PULLMAN	332-3144
SPOKANE PUBLIC SCHOOLS	354-7947
WELLPINIT	258-4535 x3113
WEST VALLEY	927-1138
CHILD FIND IDAHO:	800-926-2588
Coeur d'Alene:	208-666-6762
Post Falls:	208-773-1658
St. Maries:	208-245- 5543

Children FIRST
3120 N Industrial Park 1st St
Spokane Valley 99216 **924-2850**
tsargent@childrenfirstspokane.com
childrenfirstspokane.org/
Teresa Sargent, Dir: Carey Gibbons
Offers children 0-3 multi-disciplinary services: screening, assessment and treatment in occupational and physical therapy, communication and feeding disorders, special education and family resource coordination. No

cost to families. Services can be in child's home, child-care site or at center.

Children's Miracle Network
601 W 1st Ave **473-6372**
PO Box 304, Spokane 99210
cmnsokane.org
Raises funds in the community for 10 hospitals and programs across the Inland NW, providing care, research and community outreach to help children with diseases and injuries.

Dads M.O.V.E.
PO Box 950 **425-242-7028**
Tacoma 98401 dadsmove.org
nrascon@dadsmove.orggroups/dadsmoveonfacebook.com
Dir: Nelson Rascon **253-230-3558**
Offer peer-support mentoring by dads, providing group support, training, advocacy, and resources for other dads with Voices of Experiences related to raising children with special needs, disabilities and mental health.

Developmental Disabilities Program & Infant Toddler ID DEPT OF HEALTH & WELFARE - REGION 1 208-769-1409
Eligibility determination, early intervention services for children from birth to age three, family support and behavioral intervention.

BENEAH COUNTY	208-769-2704
BONNER COUNTY	208-265-4593
BOUNDARY COUNTY	208-769-2704
LATAH COUNTY	208-883-4529
SHOSHONE COUNTY	208-784-1352

Families Together 866-326-4864
denise@families-together.org
families-together.org
Providing families with resources and supports that build and maintain strong, healthy, informed and actively-involved family members who can work together to improve life-long outcomes for their children or siblings with disabilities.
PULLMAN OFFICE 874-7720
Smith Gym 213 D, 99164
Karen Nelson **Fax: 335-7339**
MOSCOW OFFICE 208-874-7891
PO Box 9323, 83843
Denise Wetzel **Fax: 509-335-7339**

Harmony Ranch Therapeutic Riding Center 208-819-2603
Hayden Ave & Huetter Rd
4929 W Orchard Ave
Rathdrum ID 83858 harmony-ranch.org
Prog Dir: Diana Clemons
A therapeutic riding facility provides children with disabilities

the opportunity to ride horses.
HERO Dental & Orthodontics
82 E Francis, Spokane 99205
herosokane.com **484-4746**
Provides comprehensive quality general dental care to children and young adults, ages 0-20. Collaborates with local schools, day-care centers and various community health organizations.

HOPE School - Hearing Oral Program of Excellence 828-1379
310 N Riverpoint Blvd, Box V
Spokane 99202 **Fax: 368-6890**
info@spokanehopeschool.org
Spokanehopeschool.org
Dir: Danette Driscoll
The region's only listening and spoken language early intervention program for deaf/hard of hearing children aimed at mainstream success.

Inclusion Incorporated
Advocates for children with disabilities. inclusionidaho.com
INCLUSION NORTH LOCATIONS:
303 N 3rd Ave
Sandpoint 83864 **Fax: 208-597-7968**
2005 Ironwood Parkway, Ste 228
Coeur d'Alene 83814 **Fax: 620-2381**
330 Michigan Ave, Ste 103
PO Box 1965 **208-476-9338**
Orofino ID 83544 **Fax: 476-9513**
304 N State St **208-983-2901**
Grangeville 83530 **Fax: 983-1834**

Idaho Health Plan Coverage: CHIP/Medicaid 877-456-1233
healthandwelfare.idaho.gov/Medical/Medicaid/
IdahoHealthPlanforChildren
Provides low-cost or no-cost health care coverage to eligible children. Services include regular checkups, immunizations, prescription drugs, lab tests, x-rays, hospital visits and more. To qualify a child must live in Idaho and be under 19, a US citizen or legal resident, and fit family income guidelines.

Idaho Parents Unlimited, Inc.
4619 Emerald, Ste E **800-242-IPUL**
Boise 83706 **208-342-5884**
ipulidaho.org **Fax: 342-1408**
parents@ipulidaho.org
Supports, empowers, educates and advocates to enhance the quality of life for Idahoans with disabilities and their families.

Idaho Services for the Deaf and the Blind - OUTREACH PROG
2101 Lakewood Dr, Ste 224
Coeur d'Alene 83814 **208-934-4457**
isdb.idaho.gov **208-661-9120**

Cortney Peters, Tina Johnson
Provides support services for birth to 24 years old with visual and/or hearing impairment. Outreach program is funded through the Idaho State Department of Education.

Infant Toddler Network- SRHD
1101 W College **324-1651**
Spokane 99201 srhd.org
Public health nurses care for kids 0-18 with chronic conditions, delays and disabilities. Anyone concerned about a child's development can call.

KidSmile Dental **926-1234**
721 N Pines Rd, Ste 101
Spokane Valley WA 99206
kidsmiledental.com **Fax: 926-1701**

Make-A-Wish Foundation
EASTERN WASHINGTON OFFICE
104 S Freya St, Ste 311A **458-2618**
Green Flag Bldg **800-207-8476**
Spokane 99202 **Fax: 458-2613**
<https://akwa.wish.org>
Grants wishes to children with life-threatening medical conditions.

March of Dimes Foundation
PO Box 580 **328-1920**
Spokane Valley 99016 **Fax: 534-5984**
marchofdimes.com/washington
Promotes prevention and treatment of premature birth, birth defects and infant mortality

through research, advocacy, education programs and services to Inland NW families. Supports pregnant women and families impacted by prematurity and birth defects with information.

Morning Star Family Center
4511 S Glenrose, 99223 **448-1411**
PO Box 8087, Spokane 99203
Referrals **448-1202**
msbr@msbranch.org **Fax: 448-1413**
morningstarfamilycenter.org
Therapeutic residential care for boys 6-12 and provides social services and education to clients and families.

National Center on Deaf-Blindness
345 N Monmouth Ave
Monmouth OR 97361 **503-838-8754**
info@nationaldb.org nationaldb.org
National clearinghouse for children who are deaf-blind. Provides information, text references and resources to those seeking information related to children and youth 0-21 who are deaf-blind.

Native Project, The **325-5502**
1803 W Maxwell, Spokane 99201
Dir: Toni Lodge **Fax: 325-9839**
Claire Aberasturi nativeproject.org
Alcohol/drug and mental health, co-occurring assessment, family, individual, group counseling and after-care to youth of all

ethnicities involved with alcohol and/or drugs. Services for families, culturally-specific treatment for ages 10-20 and addicted teen mothers. Co-occurring disorder and mental health therapy program, Indian Child Therapy for 0 to age 12.

North Idaho Children's Mental Health nicmh.com **208-265-6798**
Provides quality therapeutic services for the welfare of our clients and families. Includes developmental therapy, skill building and behavioral management for children diagnosed with a developmental disability. Provides individual and group therapy. Locations:
1717 Ontario, Sandpoint 83864
6507 Hwy 2, Ste 101
Priest River ID 83856

Northwest Autism Center
528 E Spokane Falls Blvd, Ste 14
Spokane 99202 **328-1582**
info@nwautism.org
nwautism.org **Fax: 877-376-3335**
Community Connections Dir: Jill Ide
Operations Mngr: Adam Kogler
Supports, facilitates and builds comprehensive, community-based approaches to help adults and children with autism spectrum disorders. Community Connections provides information and referral with phone and website services.

Operation Healthy Family - OHF
PO Box 4211, Spokane 99221
tommy@ohfspokane.org
ohfspokane.org **720-4645**
Exec Dir: Tommy Williams
Brush for the Future - Oral health pilot program at Grant Elementary. School teaches students how to properly brush and floss their teeth after lunch daily.

Panhandle Autism Society
Harding Family Center, 411 North 15th St, Rm 105, 83814
panhandleautismsociety.com
Dir: Liz Mathes **208-664-4133**
Information and referral for autism resources, education and family support groups.

Parents of Children with Disability Support Groups
Times and locations vary.
AMERICAN DIABETES ASSN **206-282-4616**
AUTISM SOCIETY OF WA **456-6204**
Spokane@autismsocietyofwa.org
CHADD (CHILDREN WITH ATTENTION DEFICIT DISORDER) chadd.net
CHILDREN'S HYDROCEPHALUS SUPPORT GROUP **425-482-0479**
DOWN SYNDROME FAMILY NETWORK **455-7439**
EPILEPSY SUPPORT GROUP **325-1128**
FAS DIAGNOSTIC & PREVENTION NETWORK **206-598-9666**
GUILD SCHOOL PARENTS **326-1651**
INLAND EMPIRE MAXILLOFACIAL PROG
101 W 8th Ave **474-3106**

MORNING STAR FOSTER CARE SERVICES

Foster Parents Needed!

Have you considered becoming a foster parent? Morning Star Foster Care Services can assist you with all aspects of the training and licensure process. To qualify, you must be over twenty-one, big-hearted and willing to help a boy who may have experienced poverty, neglect or abuse.

We provide comprehensive in-home support, expert counseling services, respite care and 24/7 on-call help for emergency situations.

Monthly Stipends up to \$1500.



For more information, please call

509-448-1202

4511 South Glenrose Road, Spokane, WA 99223

PO Box 2555 Fax 474-2801
 Spokane 99220
Laurel.vessey@providence.org
MUSCULAR DYSTROPHY 325-3747
 NATL FEDERATION OF THE BLIND,
 INLAND EMPIRE CHAPTER **487-1732**
 NORTHWEST AUTISM CENTER **328-1582**
 SPOKANE SMILES
spokanesmilesonline.com
PARENT TO PARENT SUPPORT
PROGRAM 789-8323
 320 E 2nd Ave, Spokane 99207
PARENTS CO-OP FOR THE HANDICAPPED
 2917 N Cincinnati **487-0232**
 Spokane 99207
PASSAGES - FAMILY SUPPORT 892-9241
SPOKANE FATHERS NETWORK 789-8327
768-1383

SERVE SPOKANE SPECIAL NEEDS
 Life Center North **444-8445 x111**
 8303 N Division, Spokane 99208

Parents Reaching Out to Parents 208-769-2750
 2195 Ironwood Ct Fax: 769-1430
 Coeur d'Alene 83814
dalbergk@dwh.idaho.gov
 Lorena Freund, Kathy Dahlberg
 A nonprofit support group
 for parents of children with
 disabilities.

PAVE (Parents Are Vital In Education) 253-565-2266
 816 W Francis Ave, PMB #482
 Spokane 99205 wapave.org
pave@ieway.org **800-5-PARENT**
rbethmann@wapave.org

Provides staff parent resource coordinators who are parents of children with disabilities and help parents learn about rights of children with special learning needs. Holds workshops on laws governing special education, testing and assessment. Helps parents increase skills in working with professionals.

RiteCare Spokane 838-2310
 157 S Howard St, Ste 310
 Spokane 99201 Fax: **838-1019**
 Kerri Baldwin ritecarewa.org
 Speech-language services for children 2-7 with severe delay in speech or language. Includes evaluation, treatment, parent training/participation and consultations. Children considered without regard to income or Masonic affiliation.

Ronald McDonald House Charities of Spokane 624-0500
 1015 W 5th Ave, Spokane 99204
info@rmhsokane.org Fax: **624-3267**
rmhsokane.org
 Provides temporary lodging, comfort and support for families with children in medical crisis by accessing services in Spokane, and supports related efforts to improve children's health in the region.

School Health & Safety 324-1560x4
 1101 W College Ave

Spokane 99201 srhd.org
 K-12 school safety inspections and complaints, plan reviews and pre-occupancy inspections of new/remodeled facilities.

Shriners Hospital for Children 455-7844
 911 W 5th Ave Fax: **623-0474**
 Spokane 99204
shrinershospitalsforchildren.org
 Dir of Public Relations: Kristin Monasmith
 Hospital Admin: Peter Brewer
 Provides free orthopedic care to children 0-18 from Washington, Idaho, Montana, Alaska and British Canada regardless of the patients' ability to pay.

SL Start www.slstart.com/
CHILDREN'S STAFFED RESIDENTIAL SERVICES Spokane County
info@slstart.com **328-2740**
CHILDRENS SERVICES - DEVELOPMENTAL DISABLED AGENCIES
 Sean Ionz sjonz@embasyllc.com
 Lewiston **208-798-8771**
 Coeur d'Alene **208-762-1250**
 Steffy Robirts srobirts@embasyllc.com
 Sandpoint **208-265-6439**

Specialized Needs Recreation
 3700 N Government Way, Ste J
 Coeur d'Alene 83815 **208-755-6781**
 PO Box 2451, Coeur d'Alene 83816
snridaho.org
 Provides various recreation programs for youth and adults

who have challenges participating in other programs because of a learning disability, sensory impairment, mental, emotional or physical handicap.

Spokane Child Development Center
 3120 N Industrial Park 1st St
 Spokane Valley 99216 **924-2850**
spokanechilddevelopmentcenter.com
 Offers child care 6 weeks to 12 years for preschool, before- and after-school and summer. Provides therapy for children 0-2 with special needs programs through Children FIRST.

Spokane Guilds' School & Neuromuscular Center
 2118 W Garland Ave, Spokane 99205
guild@guildschool.org **326-1651**
 Exec Dir: Dick Boysen guildschool.org
 Nurtures the full potential of families and their children, from birth to age three, with developmental disabilities or delays. Do personalized programs of assessment, therapy, education and support.

Spokane Parks & Rec THERAPEUTIC RECREATION 625-6245

Tamarack Center 326-8100
 2901 W Fort George Wright Dr
 Spokane 99224 tamarack.org
 Dir: Tim Davis info@tamarack.org

CELEBRATE STRENGTHS!

Each one of us has a hard time with something. People with developmental delays and disabilities often struggle doing things other people find easy.

Instead of looking at what a person can't do, focus on what they do well.



Be helpful.
 Sometimes people with a disability move more slowly or need help carrying things—offer to help them out!

Be kind.
 People who look or act differently often get teased. No one deserves that. Stand up to bullies!



Be a friend.
 Get to know people who aren't already your friends and find out what you have in common. You may find someone new to hang out with at school AND in your free time!

EVERYONE is good at SOMETHING!

Spokane Guilds' School & Neuromuscular Center



Our job at the Spokane Guilds' School is to teach children from birth to age three how to do things that other children their age find easier to do. The earlier a child starts speech, physical, occupational, or cognitive therapy, the quicker they will catch up to their peers.

For over fifty years, the Spokane Guilds' School has been a place for families to find answers, comfort, and the tools for helping their child with a developmental disability or delay reach their full potential.



No one should have to sit on the sidelines of life.

Spokane Guilds' School & Neuromuscular Center
 2118 W Garland Ave
 Spokane, WA 99205
 509-326-1651
www.guildschool.org

Special thanks to the Hagin Foundation and the City of Spokane Valley for underwriting the cost of these materials.

Long-term, residential and psychiatric services for emotionally disturbed children and teens. Multi-disciplined, accredited treatment team. Family involvement urged for reintegration into the community.

Tesh, Inc teshinc.com
3327 W Industrial Lp **208-765-5105**
Coeur d'Alene 83815 **Fax: 765-3817**
804 Airport Way Ste D **263-7488**
Sandpoint 83864 **Fax: 263-4609**
Rehabilitation services and vocational assistance for disabled: Early service coordination for individuals 4-21 eligible for Medicaid; pathways to independence; residential habilitation and supported employment supervision in work-related skills.

The Arc of Spokane
arc-spokane.org **328-6326**
THE PARENT TO PARENT
Jennifer Lee jlee@arc-spokane.org
Connecting parents with a child with I/DD through Helping Parents, support groups and workshops.
ADVOCACY AND FAMILY SUPPORT
bholloway@arc-spokane.org
Brian Holloway
Connects parents supporting a child with a disability to resources in the community and other parents experiencing similar challenges.
SPOKANE FATHERS NETWORK
bholloway@arc-spokane.org
Brian Holloway
Provides a support network for fathers of special needs children to come together and share their joys, difficulties and ideas.

The ISAAC Foundation 325-1515
PO Box 19202 **Fax: 325-1516**
Spokane 99219
krysten@theISAACFoundation.org
Enhances the lives of your friends and family touched by autism through education, emotional, and financial support programs in Spokane, Stevens, Lincoln, Whitman and Kootenai counties.

Vital Northwest 208-597-2457
100 Rebecca's Way, Sandpoint 83864
joyotl.wix.com/vitalnorthwest
Provides educational and growth opportunities for a neuro-diverse community in the area of communication, connectivity, self-sustainability and adaptability.

Wishing Star Foundation
139 S Sherman, Spokane 99202
Exec Dr: Sarah Wallin wishingstar.org
info@wishingstar.org **744-3411**
Grants wishes for Northwest children with life-threatening illnesses. Serves children who are from 3 to 21 years of age.

WSEA Therapy Program for Children, Inc
WA STATE ELKS ASSN **253-472-6223**
PO Box 110760, Tacoma 98411
steve@waelks.net **800-825-3557**
waelks.net **Fax: 253-472-6217**
Provides home-based occupational or physical therapy to children with disabilities at no cost to families served.