

# Disabilities Resources, Adult

## Access 4 All Spokane 216-2611

[Dave@Access4AllSpokane.org](mailto:Dave@Access4AllSpokane.org)  
[access4allspokane.org](http://access4allspokane.org)  
 Coord: Dave Reynods  
 Coalition of organizations and individuals dedicated to celebrating and encouraging accessible and disability-friendly places, services and events across Spokane Cnty.

## ALS Association - EVERGREEN CHPT

[info@alsa-ec.org](mailto:info@alsa-ec.org) 866-STOP-ALS  
[webwa.alsa.org/site/PageServer/?pagename=WA\\_homepage](http://webwa.alsa.org/site/PageServer/?pagename=WA_homepage)  
 Provides education, information and services for patients and families living with ALS. Free loan locker of medical equipment and support groups for patients and families.  
**-SPOKANE, NORTHERN ID & MT**  
 Care Services Coord: Nathan Ziegler  
[nathan@alsa-ec.org](mailto:nathan@alsa-ec.org) 725-1002  
 Heart of the City, 772 W Kathleen Ave, CdA 83814 5:30, 3rd T

## Athletics & Outings

### C.A.S.T. FOR KIDS 425-251-3202

[Jessica@castforkids.org](mailto:Jessica@castforkids.org) [castforkids.org](http://castforkids.org)  
 Offers day fishing and boating  
**DAY OUT FOR THE BLIND SPOKANE**  
 1502 E Holyoke Ave, 99217 710-0841  
 POB 7593, 99207 624-2850  
 John Gaumer [santasog@yahoo.com](mailto:santasog@yahoo.com)  
 Provides entertainment and socializing for those who are legally blind. Activities include Bingo, dancing, and field trips.

### FREE REIN THERAPEUTIC RIDING

2002 W Gibbs Rd, 99224  
 PO Box 30893, Spokane 99223  
[freereinspokane@hotmail.com](mailto:freereinspokane@hotmail.com)  
[freereinspokane.com](http://freereinspokane.com) 979-1468

Enhances physical, mental and emotional well being of individuals with disabilities.

### MISSION PARK'S UNIVERSAL PLAYGROUND

11023 E Mission, Spokane Valley  
[SpokaneParks.org](http://SpokaneParks.org)

### PARASPORT SPOKANE

16201 E Indiana, Ste 1200  
 Spokane 99216 999-6466  
[parasportspokane.org](http://parasportspokane.org)

### SPECIAL OLYMPICS WASHINGTON

1809 7th Ave Ste 1509  
 Seattle 98101 206-362-4949  
[info@sowa.org](mailto:info@sowa.org) 800-752-7559  
[specialolympicswashington.org](http://specialolympicswashington.org)

### EASTERN WASHINGTON REGION

Sr Mngr: Stephen Opland  
[sopland@sowa.org](mailto:sopland@sowa.org)

### SPECIAL OLYMPICS OF IDAHO

199 East 52 St 800-915-6510  
 Garden City 83714 [idso.org](http://idso.org)

### SPECIALIZED NEEDS RECREATION

3700 N Government Way, Ste J  
 Coeur d'Alene 83815 208-755-6781  
[snridaho.org](http://snridaho.org) 208-664-7735  
 Provides recreation programs for those with learning disability,

sensory impairment, mental, emotional or physical handicap.

### TEAM ST. LUKE'S 473-6053

PO Box 469, Spokane 99210  
[bozmanm@inhs.org](mailto:bozmanm@inhs.org) 473-6749  
 Volunteer Coord: Mary Bozman  
 Sports team and recreation for those with physical disabilities.

### THE PUZZLE PROJECT

[thepuzzleproject2015@gmail.com](mailto:thepuzzleproject2015@gmail.com)  
[thepuzzleproject.org](http://thepuzzleproject.org) 208-691-4405  
 Helps families with special needs children get outdoors; offers Day Camps, outdoor activities, and specialized equipment that might be needed to enjoy the great outdoors.

### THERAPEUTIC RECREATION SERVICES

#### SPOKANE PARKS & REC 625-6245

808 W Spokane Falls Blvd  
 Spokane 99201 [spokaneParks.org](http://spokaneParks.org)  
[AliceBuschabusch@spokanecity.org](mailto:AliceBuschabusch@spokanecity.org)  
 Recreation for children/adults with developmental and physical disabilities—cooking, crafts, drama, hiking, power lifting, ice-skating, camping, dancing and trips.

## Audiology, Hearing Services

### MULTICARE ROCKWOOD AUDIOLOGY

CENTER [multicare.org](http://multicare.org)  
 DOWNTOWN 342-3350

Deaconess Medical Office Bldg  
 801 W 5th Ave, Ste 205  
 Spokane 99204 Fax: 342-3377

SPOKANE AUDIOLOGY 835-5111  
 801 W 5th, Ste 421 Fax: 835-5222  
 Spokane 99204 Lesly Loiseau

[lloiseau112@gmail.com](mailto:lloiseau112@gmail.com)  
[spokaneaudiologyclinic.net](http://spokaneaudiologyclinic.net)

## Autism

### AUTISM SOCIETY OF WA, SPOKANE

[spokane@autismsocietyofwa.org](mailto:spokane@autismsocietyofwa.org)  
[autismsocietyofwa.org/spokane](http://autismsocietyofwa.org/spokane)  
 Pres: J Parry; Contact: K Stimpfle  
 Provides intentional social activities for people diagnosed on the autism spectrum. Activities and promotions are included and not limited to any individuals with diagnosis.

### NORTHWEST AUTISM CENTER

528 E Spokane Falls Blvd, Ste 14  
 Spokane 99202 328-1582  
[nwautism.org](http://nwautism.org) Fax: 877-376-3335

Community Connections Dir: Jill Ide  
 Operations Mngr: Adam Kogler  
 Supports, facilitates and builds comprehensive, community-based approaches to help adults and children with autism spectrum disorders. Provides info and referral with phone and website services.

THE ISAAC FOUNDATION 325-1515  
 PO Box 19202 Fax: 325-1516  
 Spokane 99219

[krysten@theISAACFoundation.org](mailto:krysten@theISAACFoundation.org)  
[theisaacfoundation.configio.com](http://theisaacfoundation.configio.com)  
 in Spokane, Stevens, Lincoln, Whitman and Kootenai counties.

## Boost Collaborative

SE 1235 Professional Mall Blvd  
 Pullman 99163 332-6561

[info@boostcollaborativewa.org](mailto:info@boostcollaborativewa.org)

[boostcollaborativewa.org](http://boostcollaborativewa.org)

Improves lives of individuals with disabilities and their families in Whitman and Latah counties.

## Brain Injury Assn of America

[biausa.org](http://biausa.org) 800-444-6443

**-BRAIN INJURY ALLIANCE WA** [biawa.org](http://biawa.org)

P Box 3044 206-467-4800

Seattle 98114 877-982-4292

Brain Injury Resource Cntr 877-824-1766

## Catholic Housing Communities

### CATHOLIC CHARITIES EASTERN WA

12 E 5th Ave, Spokane 99202

[cceasternwa.org](http://cceasternwa.org) 456-2279

Offers service enriched apartments to low-income seniors, disabled and chronically homeless individuals across Eastern WA.

## Center for Music Therapy

### MUSIC THERAPY TRANSFORMS LIVES

1315 N Napa, 99202 979-4357

Kim McMillin, RN, MT-BC, LMHC, LMFT

[musictherapy4health.com](http://musictherapy4health.com)

Serves special-needs (ex. autism, CP, neurological, medical and genetic disorders) 4+. Provides goal-based play therapy and family counseling using music therapy and rehabilitation/neuro-logical interventions; Some state and private insurance accepted for services.

## Center on Disabilities and Human Development

UNIVERSITY OF IDAHO 208-885-6000

1187 Alturas Dr Fax: 885-6145

Moscow 83843 [idahocdh.org](http://idahocdh.org)

[idahocdh@uidaho.edu](mailto:idahocdh@uidaho.edu)

Seeks to improve lives for people with disabilities and their families through education, outreach, research and service.

### IDAHO ASSISTIVE TECHNOLOGY

PROJECT 800-432-8324

[idahoot.org](http://idahoot.org) Fax: 885-6102

Increases the availability of assistive technology devices and services for older persons and Idahoans with disabilities.

## Client Assistance Program (CAP)

2531 Rainier Ave 800-544-2121

Seattle 98144 TTY 888-721-6072

[washingtoncap.org](http://washingtoncap.org)

Provides information about the Division of Vocational Rehab (DVR), the Dept of Services for the Blind (DSB), Independent Living Programs (ILP's) and Tribal Vocational Rehabilitation Programs. Includes independent-living programs and projects with

industry. Help with mediation and administrative proceedings.

## Deaf Center of Spokane

NEXUS INLAND NORTHWEST 328-9220

1206 N Howard St [nexusinw.com](http://nexusinw.com)

Spokane 99201 [info@nexusinw.com](mailto:info@nexusinw.com)

Serves those with hearing loss in Eastern WA and Northern ID.

Offers interpretive services.

## Disability Action Center- NW, Inc

Services for persons with any kind of disabilities. [dacnw.org](http://dacnw.org) Locations:

3726 E Mullan Ave 208-664-9896

Post Falls 83854 800-854-9500

Fax: 666-1362

505 N Main St 208-883-0523

Moscow 83843 800-475-0070

Fax: -883-0524

330 5th St 208-746-9033

Lewiston 83501 888-746-9033

Fax: 746-1004

## Disability Parking Permit

WSDOL 360-902-3770

[dol.wa.gov/vehicleregistration/parkingget.html](http://dol.wa.gov/vehicleregistration/parkingget.html)

TTY: 360-664-8885

## Disability Support Services

Provides academic counseling and accommodations to students with disabilities. along with information and referral.

### -EASTERN WASHINGTON UNIVERSITY

121 Tawanka 359-6871

Cheney 99004 Fax: 359-7458

[dss@ewu.edu](mailto:dss@ewu.edu) [sites.ewu.edu/dss/](http://sites.ewu.edu/dss/)

### -GONZAGA UNIVERSITY DISABILITY

ACCESS - THE CENTER FOR STUDENT

ACADEMIC SUCCESS 313-4134

Foley Center Library, Rm 208

501 E Boone, AD Box 19

Spokane 99258 [gonzaga.edu](http://gonzaga.edu)

**-LEWIS & CLARK STATE COLLEGE - LCSC**

500 8th Ave 800-333-5272

Lewiston 83501 x2211

Fax: 792-2453 208-792-2211

[disabilityservices@lsc.edu](mailto:disabilityservices@lsc.edu)

**-NORTH IDAHO COLLEGE 208-769-5947**

CENTER FOR EDUCATIONAL ACCESS

Seiter Hall 100 208-665-4520

Mail: 1000 W Garden Ave

Coeur d'Alene 83814 Fax: 676-7202

[etcaraway@nic.edu](mailto:etcaraway@nic.edu) [nic.edu](http://nic.edu)

**-SCC CENTER FOR STUDENTS WITH**

DISABILITIES. 533-7169

1810 N Greene St, MS 2151

Bldg 15, Spokane 99207

[dss@scs.spokane.edu](mailto:dss@scs.spokane.edu) Fax: 533-8877

[scs.spokane.edu/Disability-Support-Services](http://scs.spokane.edu/Disability-Support-Services)

**-SPOKANE FALLS COMMUNITY COLLEGE**

3410 W Ft Wright Dr, Bldg 17, #201

Spokane 99204 533-4166

[spokanefalls.edu/admissions/supportservices](http://spokanefalls.edu/admissions/supportservices)

Fax: 533-3547

**-UI CENTER FOR DISABILITY ACCESS AND**

RESOURCES (CDAR)

Bruce M Pitman Cntr, Ste 127

[Dss@uidaho.edu](mailto:Dss@uidaho.edu)

[uidaho.edu](http://uidaho.edu) 208 885-6307  
-WALLA WALLA COMMUNITY COLLEGE  
500 Tausick Way 527-4543  
Walla Walla 99362  
Clarkston Campus 758-1701  
TTY: 527-4412  
-WHITMAN COLLEGE 527-5213  
Academic Resource Center  
Memorial 325 TTY 522-4415  
345 Boyer Ave, Walla Walla  
99362 [keithaam@whitman.edu](mailto:keithaam@whitman.edu)  
-WSU ACCESS CENTER  
217 Washington Bldg 335-3417  
PO Box 642322 Fax: 335-8511  
Pullman 99164 [accesscenter.wsu.edu](http://accesscenter.wsu.edu)  
[access.center@wsu.edu](mailto:access.center@wsu.edu)

**DDD - Division of Developmental Disabilities DSHS** [dshs.wa.gov/dda](http://dshs.wa.gov/dda)  
Region 1 HQ: 1611 W Indiana  
Spokane 99205 329-2900  
Fax: 568-3037 800-462-3038  
[DD1FSO@dshs.wa.gov](mailto:DD1FSO@dshs.wa.gov)

Supports and services for people 18+ with developmental disabilities, cerebral palsy, epilepsy, autism or other neurological issues  
-LAKELAND VILLAGE 299-1800  
2320 S Salnave Rd Fax: 299-1070  
PO Box 200, Medical Lake 99022  
[dshs.wa.gov/dda/consumers-and-families/lakeland-village](http://dshs.wa.gov/dda/consumers-and-families/lakeland-village)

Residential Habilitation Center  
-SOLA - SPOKANE (STATE OPERATED LIVING ALTERNATIVES) 227-2884  
8517 E Trent Ave, Ste 102  
Spokane 99212 Fax: 921-2405  
Residential rehabilitation center for developmentally disabled persons under DDD. Provides each with appropriate, comprehensive services based on individual program plans that honor human and legal rights. Facilitates maximum progress toward personal independence and employment opportunities.

-CLARKSTON OUTSTATION 751-4637  
525 5th St, 99403 Fax: 758-4593  
-TRI COUNTY OUTSTATION 685-6185  
1100 S Main 866-715-3646  
Colville 99114 Fax: 684-7430  
-WALLA WALLA - 99362 526-2580  
418 S Main St, Ste 4 Fax: 836-5474  
-WHITMAN COUNTY  
418 S Main St, Ste 4 397-5053  
Colfax 99111 Fax: 397-3498

**Epilepsy Foundation NW**  
EASTERN OFFICE 325-1128  
1314 S Grand Blvd, #2-193  
Spokane 99202 [EpilepsyNW.org](mailto:EpilepsyNW.org)  
[mail@EpilepsyNW.org](mailto:mail@EpilepsyNW.org)  
Offers advocacy, information, referral and support to individuals and families affected by epilepsy. Provides community education programs and materials.

**EWU Disability Studies and Universal Access** 359-6484  
208 Senior Hall, Cheney 99004

[mackelprang@ewu.edu](mailto:mackelprang@ewu.edu) Fax: 359-6475  
[ewu.edu/css/programs/disability-studies](http://ewu.edu/css/programs/disability-studies)  
Educates students about disability as diversity, disability culture and pride, and disabled people as valuable members of society. EWU offers an undergraduate disability studies minor, and graduate students can earn a certificate. Courses are offered online and in classrooms.

**Harger Club House**  
ST VINCENT DE PAUL 208-664-3095 x340  
117 E Walnut, Coeur d'Alene 83814  
[kathleen@stvincentdepaulcda.org](mailto:kathleen@stvincentdepaulcda.org)  
[stvincentdepaulcda.org](http://stvincentdepaulcda.org)  
House Dir: Kathleen Sproles  
Gives people living with cognitive disabilities the chance to regain employment, companionship, ties to their community and self-respect.

**L'Arche Spokane** 483-0438  
703 E Nora, Spokane 99207  
[info@larcheofspokane.org](mailto:info@larcheofspokane.org)  
[larcheofspokane.org](http://larcheofspokane.org) Fax: 483-0460  
Maurine Barrett, Rachel Edwards, Malia Walden  
Serves people with and without intellectual disabilities, sharing life in communities belonging to an international federation. Non-denominational ministry with strong spiritual emphasis. Licensed with state as an Adult Family Home.

**Lilac Services for the Blind**  
1212 N Howard St 328-9116  
Spokane 99201 Fax: 368-8965  
[contact@lilacblind.org](mailto:contact@lilacblind.org)  
ED Cheryl Martin [lilacblind.org](http://lilacblind.org)  
High-quality, client-centered training, support and optical aids so people can remain independent and active while living with vision loss.

**FATHER PALMER MEMORIAL BRAILLE SERVICE** 325-1442  
Carole Means [dotcarole@comcast.net](mailto:dotcarole@comcast.net)  
[lilacblind.org](http://lilacblind.org) 800-422-7893  
Transcribes materials such as textbooks, sheet music, novels, greeting cards, menus, hotel guides, convention materials, brochures and more into Braille.

**Merry Glen: A Family Coop**  
2917 N Cincinnati, Spokane 99207  
[melody@merryglen.org](mailto:melody@merryglen.org)  
[merryglen.org](http://merryglen.org) 487-0232  
Exec Dir: Doug Overlock  
Offer encouragement and support in a family oriented approach for loved ones who are disabled.

**Muscular Dystrophy Assn (MDA)**  
101 W Indiana 325-3747  
Spokane 99205 Fax: 325-3902  
[797.office@mdausa.org](mailto:797.office@mdausa.org)  
Exec Dir: Leah Nathan [mda.org](http://mda.org)  
Admin staff: Patty Ethredge

Serves as a gateway to information, resources and specialized health care for individuals and families coping with neuromuscular disease.

**MSSH Donor Closet**  
3202 N Market 487-4119  
[mshh-donorcloset.com](http://mshh-donorcloset.com)  
Offers affordable, durable medical and mobility equipment that is donated, profits on equipment help those with MS in WA, Northern ID, MT, and AK.

**National Multiple Sclerosis Society (MS)** 800-344-4867  
192 Nickerson St, Ste 100  
Seattle 98109 [msnorthweston FB nationalmssociety.org/Chapters/WAS](http://msnorthwestonFBnationalmssociety.org/Chapters/WAS)  
Serves people with MS, their families, professionals and community members: referral/information, education, self-help groups, counseling, social activities and equipment loans.

**Panhandle Special Needs Inc**  
1424 N Boyer 208-263-7022  
Sandpoint 83864 Fax: 265-0176  
[panhandlespecialneeds.com](http://panhandlespecialneeds.com)  
Features specialized employment training, individualized life skills training, an adult day health center, a retail greenhouse and our retail thrift store, The Cottage.

**People First of Washington**  
PO Box 648 800-758-1123  
Clarkston 99403 Fax: 768-1289  
[pfow@clarkston.com](mailto:pfow@clarkston.com)  
[peoplefirstofwashington.org](http://peoplefirstofwashington.org)  
Disabilities awareness and education, serving both adults and high school/transition students learning about self advocacy and leadership.

-CLARKSTON PEOPLE FIRST 751-6474  
14th and Birch 800-758-1123  
Clarkston 99403 Donna Lowary  
[pfow@Clarkston.com](mailto:pfow@Clarkston.com) 3rd F/month  
-GRANGEVILLE CHPT 208-451-0275  
Christian Church, 402 W South 1st St, 83530 4pm, 2nd M  
Gerald Lucas [lucas7919@msn.com](mailto:lucas7919@msn.com)

-LAKE ROOSEVELT 680-4634  
877 N Walnut St, Colville,  
Danny Holmes 4:30pm, 3rd T/month  
-LAKELAND PEOPLE FIRST CHAPTER  
2320 Salnave Rd 299-1827  
Medical Lake 99022 3pm, Tues  
Paul Ryan [Paul.Ryan@dshs.wa.gov](mailto:Paul.Ryan@dshs.wa.gov)

-LIVING WELL PEOPLE FIRST CLASSES  
3410 W Fort George Wright D  
Spokane 99224 279-6033  
[braininjuryspokane.org](http://braininjuryspokane.org) 2pm, T&Th

-PALOUSE PEOPLE FIRST CHAPTER  
Kenwood Square Apt 432-8025  
1225 NW Nye St Pullman 99163  
[bart@gocougs.wsu.edu](mailto:bart@gocougs.wsu.edu)  
Chris Bartalamay 6pm, 2nd Th/month  
-REPUBLIC/FERRY  
Adv: Erika Thompson 685-0680

-SPOKANE FALLS COMMUNITY COLLEGE  
Ft George Wright Lodge Rm 1A  
Adv: Craig Sicilia 855-473-3711  
[peoplefirstsv.com](http://peoplefirstsv.com) x777  
[Craig@tbisn.org](mailto:Craig@tbisn.org) 4pm, 1st Th  
-SPOKANE LILAC CHAPTER 991-5861  
Downtown Library 901 W Main,  
Spokane 99201 4pm, 2nd & 4th T  
Lee Parker [daleeparker@msn.com](mailto:daleeparker@msn.com)

**Project ID** 475-7185  
1412 W Central Ave, Spokane 99205  
POB 18703, Spokane 99228  
[projectidspokane.org](http://projectidspokane.org)  
Provides recreation (at the Wolf Den), socialization, work, personal development, and transitional opportunities to adults with intellectual and developmental disabilities in Spokane County.

**Providence Multiple Sclerosis Center** 252-9602  
212 E Central, 4th Flr, 99208  
[washington.providence.org](http://washington.providence.org)  
Serves people with MS and their families. Comprehensive diagnosis, treatment and quality of life issues: self-esteem, independence and self-reliance.

**Rehabilitation Hospital of the Northwest - Ernest Health**  
3372 E Jenalan Ave 208-262-8700  
Post Falls 83854 Fax: 262-8675  
[rhn.ernesthealth.com](http://rhn.ernesthealth.com)  
Provides specialized inpatient and outpatient rehabilitative service to patients, serving ID and surrounding states. Sees patients recovering from disabilities caused by injuries, illnesses or chronic medical conditions.

**Service Dogs**  
DIAMONDS IN THE RUFF 328-6959  
2925 N Monroe, 99205  
Carol [cltr\\_training@hotmail.com](mailto:cltr_training@hotmail.com)  
[diamondsintheruff.com](http://diamondsintheruff.com)  
GUIDE DOG FOUNDATION  
[guidedog.org](http://guidedog.org) 800-548-4337  
GUIDE DOGS FOR THE BLIND  
[guidedogs.com](http://guidedogs.com) 800-295-4050  
SERVICE DOG SUITE 101.COM  
[suite101.com/links.cfm/service\\_dogs](http://suite101.com/links.cfm/service_dogs)

**SKILLS'KIN** 326-6760  
4004 E Boone Ave Fax: 323-8987  
Spokane 99202 [skills-kin.org](http://skills-kin.org)  
Training, employment programs, financial assistance-payee, residential services and structured jobs for developmentally disabled.  
GENERAL SERVICES ADMINISTRATION  
904 W Riverside Ave, 99201  
FAIRCHILD AIR FORCE BASE  
110 West End St, 99011  
PAYEE SERVICES 209-2500  
606 West Sharp Fax: 624-3052  
Spokane 99201

**SL Start Idaho - Supportive Living**  
280 W Prairie Ave #4, CdA 83815  
slstartidaho.com 208-772-4639  
Offers for children and adults to participate in Residential Habilitation (ResHab) which empowers people with developmental and intellectual disabilities to create and live their own lives.

**Spokane Center for Independent Living (SCIL)**  
8817 E Mission Ave, Ste 106  
Spokane Valley 99212 scilwa.org  
ED: William Kane bill@scilwa.org  
Exists to empower people with disabilities to be self-reliant and self-determined and to advocate for their continued participation in society. Provides: advocacy, Independent living skills training, Information and referral, peer support, youth and adult transition, assistive technology, housing search assistance. Services in Spokane, Lincoln, Pend Oreille, Whitman, Stevens, and Asotin counties.

**Spokane Transit - Paratransit Mobility Center**  
701 W Riverside, 99201  
Applications: Spokane Transit  
1212 W Sharp Ave, 99201  
spokanetransit.com 328-1552  
amitchell@spokanetransit.com  
Wheelchair-accessible shared ride transportation service for disabled for service to locations not on fixed route buses.

**St Luke's Rehabilitation Institute**  
711 S Cowley St 473-6000  
Spokane 99202 Fax: 473-6097  
st-lukes.org Specializes in comprehensive inpatient and outpatient therapy for children and adults. Provides rehabilitation treatment for stroke, spinal cord injuries, orthopedic issues and brain, injuries. **OUTPATIENT:**  
-Valley, 9119 E Broadway, 99206  
-North, 235 E Rowan Ave, Ste 210  
-North Occupation Rehab  
551 E Hawthorne Rd, 99218  
-South Occupational Rehab  
421 S Division St, 99202

**Tesh, Inc** tjohnson@teshinc.com  
3327 W Industrial Lp  
Coeur d'Alene 83815  
Terri Johnson 208-765-5105  
teshinc.com Fax: 765-3817  
Rehabilitation services and vocational assistance for disabled: Service coordination for individuals 18+ eligible for Medicaid; pathways to independence; Children and Adult Services; and supported employment supervision in work-related skills.

**The Arc of Spokane**  
320 E Second St 328-6326  
Spokane 99202 Fax: 328-6342  
sthorpe@arc-spokane.org  
Exec Dir: Sima Thorpe arc-spokane.org  
Promotes independence and choice, and enhances quality of life for people with developmental disabilities and their families. Provides information, resources, education, advocacy, emotional support and direct support.  
-ARC COMMUNITY CENTER 328-6326  
Downtown Community Cntr  
320 E 2nd Ave, Spokane 99202  
Allows people with developmental disabilities to connect with others. Offers daily social, recreational, educational and volunteer activities, plus monthly dances and an annual variety show. Builds confidence and provides meaningful day-time activities.

-HOME OWNERSHIP OPPORTUNITIES  
Offers person-centered approach to support people with developmental disabilities to plan early for their future and obtain home ownership. Provides action plans to access low-interest funds and down payment assistance programs. 328-6326  
-SUPPORTED LIVING  
Lynnette Richardson 328-6326  
lrichardson@arc-spokane.org  
Offers a community living program, supporting about 40 adult men and women with developmental disabilities who live as house mates in homes they own, lease or rent together. With the freedom to work, socialize and recreate as they wish, clients are provided a comfortable home and life, full access to the community and caring staff able meet their health and personal care needs.

**University Hearing & Speech Clinic (UPCD) - ELSON S. FLOYD COLLEGE OF MEDICINE - SPEECH AND HEARING SCIENCES - WSU SPOKANE**  
Health Sciences Bldg 828-1333  
310 N Riverpoint Blvd  
Spokane 99202 upcd@wsu.edu  
medicine.wsu.edu/speech-and-hearing-sciences-2/university-hearing-and-speech-clinic/  
Evaluates and treats for speech, language and hearing disorders.

**Vision Problems/Screenings/ Eye Glasses**  
EYECARE AMERICA - 877-887-6327  
aao.org/eyecare-america  
LILAC BLIND FOUNDATION 328-9116  
800-422-7893  
ONE SIGHT 924-8517  
14700 E Indiana onesight.org  
Spokane Valley (Mall) 99216  
NATIONAL CENTER FOR THE BLIND

nfb.org 410-659-9314  
**SPOKANE CENTRAL LION CLUB**  
Lilac Services for the Blind  
1212 N Howard, Spokane 99201  
e-clubhouse.org/sites/spokanecentrallionswa  
eye glass donations for low income  
**WA STATE DEPT OF SERVICES FOR THE BLIND - Sherwood Bldg, 510 W Riverside, Ste 209 456-4458**  
Spokane 99201 dsb.wa.gov  
**WA SENSORY DISABILITY SERVICES**  
wsdsonline.org 800-572-7000

**Vital Northwest 208-597-2457**  
joyotl.wix.com/vitalnorthwest  
VITAL-Northwest on FB  
Provides educational and growth opportunities for a neuro-diverse community in the area of communication, connectivity, self-sustainability and adaptability.

**Vocational Rehab, Employment Opportunities**  
ABILITY WORKS 208-282-0149  
2005 Lakewood Dr, Ste 101  
Coeur d'Alene 83814  
abilityworks.org 877-439-4837  
Provides tools to businesses that help them work with individuals with disabilities.  
**ABLE TO WORK - IDAHO STATE INDEPENDENT LIVING COUNCIL (SILC)- ID DEPT OF LABOR abletowork.idaho.gov**  
Offers employment opportunities for people in ID with disabilities.  
**HIRE ABILITY SPOKANE 217-4142**  
Charly Walters charly@gowise.org  
hireabilityspokane.org  
**DVR - DIVISION OF VOCATIONAL REHABILITATION (DSHS)**  
4565 7th Ave SE TTY 800-637-5627  
Lacey 98503 TTY 360-725-3636  
POB 45340 Spanish line 866-217-2964  
Olympia 98504 Fax: 360-438-8007  
**Public Assistance 877-501-2233**  
dshs.wa.gov/dvr Helps people with disabilities prepare for, obtain and retain employment. Vocational rehab programs are custom-designed for each individual.

-SPOKANE DVR 363-4700  
1313 N Atlantic St, Ste 1000  
Spokane 99201 TTY 888-468-9736  
Fax: 329-3718 800-548-0941  
-CLARKSTON DVR 751-4668  
525 5th St 800-657-2929  
Clarkston 99403 Fax: 758-4552  
-COLFAX DVR 99111 800-657-2929  
418 S Main St Fax: 334-3498  
-COLVILLE WS DVR  
956 S Main, Ste B, 99114  
Fax: 684-7306 TTY800-330-5739  
-NEWPORT DVR TTY 800-624-7222  
775 S Main St, Ste B 447-6249  
Colville 99114 Fax: 684-7306  
-REPUBLIC DVR 775-2230  
89 E Delaware TTY800-442-2061  
Republic 99166 Fax: 684-7306  
-WALLA WALLA DVR TTY800-548-8755  
1530 Stevens St Fax: 527-1815

**ID DIVISION OF VOCATIONAL REHAB**  
650 W State St, Rm 150 vr.idaho.gov  
Boise 83720 208-334-3390  
department.info@vr.idaho.gov  
State-federal program to help people with disabilities prepare for, secure, retain or regain employment.  
-COEUR D'ALENE REG'L OFF 83814  
2025 W Park Pl, #101 208-769-1441  
Fax: 769-1440

Reg Mngr: Roxanne Egeleand  
-SANDPOINT SUB OFC 208-263-2911  
102 S Euclid Ave, Ste 211, 83864  
Fax: 263-8423  
-LEWISTON REGIONAL OFFICE  
1118 F St 208-799-5070  
Drawer B, 83501 TDD799-5072  
Fax: 799-5073  
Reg Mngr: Max Sorenson  
-OROFINO 208-476-5754  
416 Johnson Ave, Ste 17, 83544  
Fax: 888-981-1550

-MOSCOW- 83843 208-882-8550  
505 N Main St Fax: 882-9514  
**PLAN TO WORK 866-497-9443**  
COMMUNITY-MINDED ENTERPRISES  
222 W Mission Ave, Ste 120  
Spokane 99201 plantowork.org  
plantowork@community-minded.org  
Prog Coord: Amber Crane  
For those on SSI/SSDI who want to return to the workforce.  
**PEOPLE ACCESSING CAREERS AND EDUCATION (PACE)-SPOKANE COMMUNITY COLLEGES 279-6033**  
scc.spokane.edu/Become-a-Student/PACE---People-Accessing-Careers-Education/  
-The Lodge, 3305 W Ft Wright Dr  
-Spokane Falls Community College, 3410 W Ft Wright Dr  
Provides specialized programs to individuals with obstacles to learning and employment, including job readiness.

**WA Talking Book & Braille Library 206-615-0400**  
2021 9th Ave, Seattle 98121 wtbbi.org  
wtbbi@sos.wa.gov 800-542-0866  
Library service for WA residents unable to read print because of a visual disability. Mails equipment and books to library users.

**WA Developmental Disabilities in County Programs**  
ADAMS COUNTY INTEGRATED HEALTH CARE SERVICE - DEVELOPMENTAL DISABILITIES SERVICES 659-3306  
LINCOLN COUNTY - DEVELOPMENTAL DISABILITIES PROGRAM 725-1086  
707 13th St  
Davenport 99122 Fax: 725-5851  
DEVELOPMENTAL DISABILITIES DIVISION  
SPOKANE COUNTY COMMUNITY SERVICES, HOUSING & COMMUNITY DEVELOPMENT (CSHCD) 477-2029  
312 W 8th Ave Fax: 477-6827  
Spokane 99204 spokanecounty.org/1301/Developmental-Disabilities

[bnichols@spokanecounty.org](mailto:bnichols@spokanecounty.org)

Adult services to assist those with developmental disabilities and to maintain employment, and live full participating and contributing lives within the community. Increases public awareness through information and education and build community capacity for including people with developmental disabilities.

**STEVENS COUNTY COUNSELING SERVICES**  
165 E Hawthorne Ave **684-4597**  
Colville 99114 **Fax: 684-5286**  
[co.stevens.wa.us/counseling/services.htm](http://co.stevens.wa.us/counseling/services.htm)

**WHITMAN CNTY DIVISION OF DEVELOPMENTAL DISABILITIES**  
310 N Main St **397-6238**  
Colfax 99111 **Fax: 397-5647**  
Develop Serv. Coord: Tim Myers

**West Central Community Center Supportive Services**  
1603 N Belt, Spokane 99205  
[westcentralcc.org](http://westcentralcc.org) **Fax: 326-2347**  
Prog Mngr: Sandi Beckleys  
Program paid by Spokane Cnty, offered through Developmental Disabilities (DDA). Focuses disability independence and their engagement with community. Weekly outing depends option and hours may vary on availability of staff.



**The Arc**  
of Spokane

**Achieve with us.**

**Our Services:**

- Advocacy & Family Support
- Supported Employment
- Supported Living
- Homeownership opportunities
- Financial Management Services
- The Arc Community Center

Birth to forever services for individuals with intellectual & developmental disabilities.

(509) 328-6326 [www.arc-spokane.org](http://www.arc-spokane.org)

**Music therapy transforms lives!**



Play therapy and family counseling for special needs adults and children!

RESEARCH BASED NEUROLOGICAL MODEL  
INSURANCE ACCEPTED - CALL TO FIND OUT

**Center for Music Therapy**



Effective tools for change  
**509.979.4357**  
[musictherapy4health.com](http://musictherapy4health.com)  
1315 N. Napa St. • Spokane 99202