

## Mental Health & Counseling Services

### Affordable Counseling-Survivor Support Services

9507 N Division, Ste G **484-4021**  
Holland Bldg, Spokane 99218  
[survivorsupportservices@msn.com](mailto:survivorsupportservices@msn.com)  
Counselor: Rich Paulsen, BS, MBA, M.ED  
Provides affordable Christian and secular counseling in a safe environment for individuals, couples and families. Free workshops.

### AMEND Center 208-665-2432

520 Government Way, Coeur d'Alene 83814  
[highland@icehouse.net](mailto:highland@icehouse.net)  
[amendcenter.com](http://amendcenter.com) Fax: 665-2433  
Educational treatment and support center for men and people in their lives. Domestic violence/batterer treatment and support services offered for men participating voluntarily or under court order.

### Applewood Apartments

VOLUNTEERS OF AMERICA **534-6562**  
4403 E 8th Ave, Spokane Valley 99212  
[info@khco.com](mailto:info@khco.com) [voaspokane.org/housing](http://voaspokane.org/housing)  
Affordable housing for chronically mentally-ill adults with comprehensive case management and 24-hour staff supervision. Managed by Kiemle & Hagood.

### Beginning Experience 534-1731

[info@beginningexperienceofspokane.us](mailto:info@beginningexperienceofspokane.us)  
[beginningexperienceofspokane.us](http://beginningexperienceofspokane.us)  
Offers support to widowed, separated or divorced people.

### Biblical Counseling Center

COMMUNITY CHRISTIAN MINISTRIES  
516 S Main **208-883-0997**  
PO Box 9754, Moscow ID 83843  
Dir: Matt Meyer [ccm@moscow.com](mailto:ccm@moscow.com)  
Pastor: Jim Wilson [ccmbooks.org](http://ccmbooks.org)  
Offers free biblical counseling in the areas of relationships (marriage, family, other), dependencies, emotional and psychological stress, and trauma.

### Camas Path Behavioral Health Services 789-7630

934 S Garfield Rd, Airway Heights 99001  
POB 39 Usk 99180 [kalispelttribe.com](http://kalispelttribe.com)  
Addresses intellectual, emotional, physical and cultural needs of individuals through education, training and wellness programs.

### Catholic Charities Counseling Program 242-2308

12 E 5th Ave, Spokane 99202  
[jschwab@ccspokane.org](mailto:jschwab@ccspokane.org)  
[catholicchartiesspokane.org](http://catholicchartiesspokane.org)  
Dir: Jerry Schwab  
Provides counseling to individuals to address depression/anxiety, trauma, PTSD, boundary building, advocacy, case management,

spiritual/faith crisis, suicide prevention, grief counseling and communication skill building.

### Catholic Charities of Idaho

406 N 10th **208-676-1974**  
Coeur d'Alene 83814 Fax: 676-1507  
[ccidaho.org](http://ccidaho.org)

Family Strengthening Center helps individuals, couples and families feel better and do better. Faith or secular.

### Center for Counseling Services

105 Pine St **208-265-2271**  
Sandpoint 83864 Fax: 946-7854  
<http://marinaferrierphd.com>  
Marina Ferrier, PhD

### Center for Family Development

1404 E 11th Ave **744-1117**  
Spokane 99202 [cfdspokane.com](http://cfdspokane.com)  
Therapy for anxiety and depression; child, adolescent, and adult counseling; marital and family counseling, treatment of obsessive compulsive disorders; pastoral counseling; parenting classes; assessment of parent and child relationship development; assessment and treatment for school achievement problems; multi-disciplinary assessment and treatment for developmental disorders; special education consultation; family support for special needs children; social skills development for children with developmental differences or emotional difficulties; integrative therapy (body, mind, spirit), and school phobias

### Christ Clinic 325-0393

914 W Carlisle, Spokane 99205  
[admin@christclinic.org](mailto:admin@christclinic.org) Fax: 325-7209  
[christclinic.org](http://christclinic.org)  
Serves Medicare and most Medicaid patients.

### Country Heights Apartments

VOLUNTEERS OF AMERICA **327-7132**  
6709 N Country Homes Blvd  
Spokane 99208 [info@khco.com](mailto:info@khco.com)  
[voaspokane.org/housing](http://voaspokane.org/housing)  
Affordable housing for chronically mentally-ill adults with comprehensive case management and 24-hour staff supervision. Managed by Kiemle & Hagood.

### Divorce Care [divorcecare.org](http://divorcecare.org)

Christian-based divorce support.  
EASTPOINT CHURCH **533-6800**  
15303 E Sprague, Spokane Valley 99037  
PILGRIM LUTHERAN **208-660-6728**  
2733 W Northwest Blvd  
REAL LIFE MINISTRIES **777-7325**  
1866 Cecil Rd, Post Falls 83854

### SUMMIT CHURCH 994-5494

1801 E 29th Ave, Spokane 99203  
VALLEY REAL LIFE CHURCH **232-0840**  
1831 S Barker Rd, Greenacres 99016

### Divorce Recovery

FIRST PRESBYTERIAN **235-5895**  
318 S Cedar St, Spokane 99201  
Hazel Newkirk

### Dr Ray Wm. Smith, LMHC - A Brief Counseling Center

9507 N Division, Ste A **466-6632**  
Spokane 99218 Fax: 466-0117  
[DrRay@DrRaySmith.com](mailto:DrRay@DrRaySmith.com)  
Barbara Folden, Lucinda Rotter, Ray Smith [DrRaySmith.com](http://DrRaySmith.com)  
Pastoral counseling for relationships.

### DSHS Behavioral Health Organization

SPOKANE COUNTY REGIONAL BHO  
**477-5722/800-273-5864**  
[spokanecounty.org/mentalhealth/](http://spokanecounty.org/mentalhealth/)  
SPOKANE COUNTY OMBUDS SERVICE:  
**477-4666/866-814-3409**  
GREATER COLUMBIA BHO [gcbh.org](http://gcbh.org)  
**735-8681/800-795-9296**

### Eastern State Hospital (DSHS)

850 W Maple St **565-4352**  
PO Box 800, Medical Lake 99022

### Fairchild AFB Family Advocacy

701 Hospital Lp **247-2687**  
Fairchild AFB 99011  
<http://fairchildfamilysupport.org/articles/view/family-advocacy-and-mental-health-on-base>  
MENTAL HEALTH **247-2731**  
New Parent Support Program for pregnancy-3; Family Advocacy and Outreach Program on parenting, anger management, domestic violence, stress management, skills for teens, couples and families; Exceptional Family Member offers medical/special education services, identifies families with special needs. Offers alcohol and drug abuse prevention and treatment.

### Frontier Behavioral Health

[fbhwa.org](http://fbhwa.org)  
Behavioral health services for persons who suffer from serious and persistent mental illness: case management, individual and group therapy, specialist consultation, rehabilitation services, co-occurring disorders services and outreach services to homeless.  
SPOKANE MENTAL HEALTH DIVISION  
107 S Division St **838-4651**  
Spokane 99202 TTY 624-0004  
Fax: 458-7456

FAMILY SERVICE SPOKANE DIVISION  
7 S Howard, Ste 321 **838-4128**  
Spokane 99201  
ADULT SERVICES **838-4651**  
103 E First, Spokane 99202  
CRISIS RESPONSE SERVICES **838-4651**  
TTY 624-0004

In person or phone services 24-hours for all ages in emotional and/or psychiatric crisis. Face to-face, in-home or community evaluations, crisis intervention and Involuntary Treatment Act services are available as appropriate.

EVERGREEN CLUB **458-7454**  
2102 E Sprague TDD 624-0004  
Spokane 99202

Psychosocial rehab clubhouse for county residents, 18+, whose lives are disrupted by mental illness. Promotes the wellbeing and success of each individual. Consists of vital, relevant jobs, both internally and externally, with supportive outreach programs at the work site.

FAMILY CAREGIVER SUPPORT SERVICES **458-7450**

Providing information about available resources, assistance and support to unpaid caregivers serving a relative for 40+ hours per week of care.

FIRST CALL FOR HELP **838-4428**  
Free 24-hour telephone assistance, referrals, supportive listening and links to community individuals/ agencies with trained volunteers. Professional outreach

We Can Help

CALL

509.838.4651

Know someone  
experiencing a crisis?  
Needing help?  
Needing information?

  
FRONTIER  
BEHAVIORAL HEALTH  
Innovation and Excellence

teams provide face-to-face, in-home, or community evaluations and crisis intervention services.

### **Genesis Institute, Inc** 467-7913

1220 N Howard St, 99201  
PO Box 10436, Spokane 99209  
[genesisinstitute.org](http://genesisinstitute.org) Fax: 467-0344  
David Hutchins, Linda Depew, Crystal Specht, Dennis Roach, Todd Patrick, Amanda Fuchs, Katrina Mason  
Biblical-based counseling for individuals, families and couples. Classes for parents of adolescent children. Training and mentoring classes.

### **Grief Support - HOSPICE OF SPOKANE**

121 S Arthur 456-0438  
Spokane 99201 Fax: 458-0359  
[hospiceofspokane.org](http://hospiceofspokane.org)  
Provides individual grief counseling and grief support groups at no charge for anyone in the community who has experienced loss through the death of someone close to them. Professional counselors specially trained in grief and loss issues help individuals identify and attend to their unique grieving needs.

### **Heritage Health - Behavioral Health** 208-620-5210

2025 W Park Pl, Ste B, Coeur d'Alene 83814 [myheritagehealth.org](http://myheritagehealth.org)  
Offers a variety of services in the dynamic fields of psychiatry and psychotherapy.  
**FAMILY SUPPORT SERVICES**  
2201 Ironwood Pl 208-769-4222  
Coeur d'Alene, 83814  
Provides extended mental health services to families with unique situations and needs. Includes individual and family therapy, community based rehabilitation services, therapy and therapy groups, parent education groups and peer support services.

### **HOPE Animal - Assisted Crisis Response**

2704 N Colville Rd 838-0596  
Spokane 99224 [hopeacr.org](http://hopeacr.org)  
[pnwrd@hopeacr.org](mailto:pnwrd@hopeacr.org)  
Assists with many kinds of crises response call-outs, including school shootings, suicides, accidental deaths and wildfires.

### **Kootenai Behavioral Health**

c/o Kootenai Medical Center  
2003 Kootenai Hlth Way 208-765-4800  
Coeur d'Alene 83814 800-221-5008  
Dir: James Kerby KH.org  
Treats children, teens and adults with emotional and psychiatric problems. Acute inpatient hospital treatment, adolescent residential treatment, therapeutic day school,

in and outpatient chemical dependency programs.

### **LDS Family Services**

WASHINGTON SPOKANE OFFICE  
11707 E Sprague, Ste 202 926-6581  
Spokane 99206 800-528-1704  
[providentliving.org](http://providentliving.org) Fax: 921-1375  
Handles adoptions, addiction recovery and counseling.

### **Marriage and Family Therapy Center**

WHITWORTH UNIVERSITY 777-3411  
825 W Hawthorne, Spokane 99251  
[mftclinic@whitworth.edu](mailto:mftclinic@whitworth.edu)  
Doug Jones [whitworth.edu](http://whitworth.edu)  
Provides therapy services to help heal couples, families and individuals for \$25 a session.

### **Mental Health Services**

IDAHO DEPARTMENT OF HEALTH & WELFARE - REGION 1 208-769-1406  
1120 Ironwood Dr, Coeur d'Alene 83814  
[healthandwelfare.idaho.gov](http://healthandwelfare.idaho.gov)  
Community mental health center.  
After hours crisis line 888-769-1405  
BENEWAH COUNTY 208-245-2541  
BONNER COUNTY 208-265-4535  
BOUNDARY COUNTY 208-267-3187  
LATAH (REGION 2) 208-882-7743  
Crisis and ongoing mental health services to individuals suffering mental health issues.  
SHOSHONE COUNTY 208-784-1352

### **Mental Health Support Group**

[sensitivemhc@gmail.com](mailto:sensitivemhc@gmail.com)  
Bonnie Wilson 208-691-9674  
Linda Haraldson 208-964-1105  
Meets Wednesday 7-8:30 pm  
Kootenai Health Hospital, CdA

### **Mental Health Therapeutic Court (MHTC)**

SPOKANE COUNTY DISTRICT COURT  
Broadway Center Bldg 477-2230  
721 N Jefferson, 2nd Flr  
[spokanecounty.org/481/Mental-Health-Therapeutic-Court](http://spokanecounty.org/481/Mental-Health-Therapeutic-Court)

### **Morning Star Boys Ranch**

4511 S Glenrose, Spokane 99223  
[msbr@msbranch.org](mailto:msbr@msbranch.org) 448-1411  
[morningstarboysranch.org](http://morningstarboysranch.org)  
Outpatient therapy for children, youth, adults and families.

### **NAMI - National Alliance on Mental Illness** 838-5515

10 N Post St, Rm 638  
Spokane 99201 [namispokane.org](http://namispokane.org)  
[office@namispokane.org](mailto:office@namispokane.org)  
Volunteer program helping people affected by mental illness by providing and promoting education, support and advocacy.  
LATAH ALLIANCE ON MENTAL ILLNESS  
[lami-idaho.org](http://lami-idaho.org)  
NAMI FAR NORTH 208-597-2047  
Bonner General Hospital

Classroom, Third Ave & Alder St  
PO Box 2415, Sandpoint 83864  
[namifamorth@yahoo.com](mailto:namifamorth@yahoo.com) [namifamorth.org](http://namifamorth.org)  
COEUR D'ALENE 208-691-9674  
PO Box 1082, Coeur d'Alene 83816  
[namicoeurdalene.org](http://namicoeurdalene.org)

### **NE Washington Alliance Counseling Services**

E 301 Clay Ave, #201 935-4808  
Chewelah 99109  
Colville 684-4597  
165 E Hawthorne Ave, 99114  
Davenport 725-3001  
1211 Merriam, 99122  
Republic 866-807-7131  
65 N Keller St, 99166 775-3341  
[co.stevens.wa.us/counseling/](http://co.stevens.wa.us/counseling/)  
Serves as a diagnostic and treatment center providing mental healthcare and chemical dependency treatment services for children, adolescents and adults.

### **NW Behavioral Health Clinic**

905 W Riverside Ave, Ste 610  
Spokane 99201 742-3460  
[nw-bhc.org](http://nw-bhc.org)  
Provides a wide range of evaluation, consultation and counseling services to individuals, families and organizations.

### **NW Family Advocates**

319 W Hasting Rd, Ste A110  
Spokane 99218 326-8875  
[rick@nwfamilyadvocates.org](mailto:rick@nwfamilyadvocates.org)  
[nwfamilyadvocates.org](http://nwfamilyadvocates.org)  
Exec Dir: Rick Kienholz  
Family and individual counseling, parenting skills training, mediation services, life coaching. Specializing in working with military families and issues. Affordable sliding fee scale.

### **Palouse River Counseling**

340 NE Maple 334-1133  
Pullman 99163 Fax: 332-1608  
[palouserivercounseling.org](http://palouserivercounseling.org)  
Team of mental health professionals licensed by the State of Washington helps patients manage their depression, anxiety and other mental health conditions. Offers adult outpatient services, crisis intervention, medication management and youth services.  
HARVEST HOUSE 334-6873  
400 NE Maiden Ln, Pullman 99163  
Psycho-social rehab for those with severe, persistent mental illness.

### **Quality Behavioral Health**

900 7th St Clarkston 99403  
[qbhs.org](http://qbhs.org) 758-3341  
GARFIELD COUNTY HUMAN SERVICES  
856 Main St 843-3791  
Pomeroy WA 99347  
Classes on substance abuse disorder, child/adolescent services, adult counseling, crisis services,

mental health first aid, psychiatric services, community sexual assault, domestic violence services, and alcohol and drugs.

### **Spokane Community Mental Health Companions**

All Saints Lutheran 475-0523  
314 S Spruce St, Spokane 99201  
[allsaintsgather@gmail.com](mailto:allsaintsgather@gmail.com)  
Pastor: Alan Eschenbacher  
Serve as champions, bringing mental health, hope, caring and human contact.

### **Suicide & Mental Crisis Hotlines**

ADAMS COUNTY (24 HOUR) 659-4357  
ASOTIN-GARFIELD CRISIS LINE - ROGERS COUNSELING CENTER 758-3341  
AMERICAN FOUNDATION FOR SUICIDE PREVENTION 888-333-2377  
COLUMBIA COUNTY SVCS 382-2527  
CRISIS CHAT [crisischat.org](http://crisischat.org)  
FERRY COUNTY 800-269-2380  
FIRST CALL FOR HELP (SPOKANE CNTY) 838-4428  
GRAD STUDENT CRISIS LINE 800-472-3457  
LINCOLN COUNTY 725-3001  
Hotline: 800-767-6081  
NATIONAL SUICIDE HOTLINES  
National Hopelines Network 800-SUICIDE  
National Suicide Prevention 800-273-TALK  
TTY 800-799-4TTY(4889)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)  
PANHANDLE REGIONAL MENTAL HEALTH SERVICES 208-769-1406  
888-769-1405  
Serving Benewah, Bonner, Boundary, Kootenai and Shoshone Counties.  
PEND OREILLE COUNTY MENTAL HEALTH 447-5651 800-404-5151  
Crisis Line 866-847-8540  
QPR INSTITUTE - SUICIDE PREVENTION TRAINING) 536-5100/ 888-726-7926  
PO Box 2867, Spokane 99220  
STEVENS COUNTY COUNSELING SERVICES 684-4597  
Afterhrs/Weekends 800-767-6081  
THE PALOUSE REGIONAL CRISIS LINE 332-1505  
THE TREVOR PROJECT 866-488-7386  
Suicide prevention among LGBTQ youth.  
VET2VET CRISIS LINE 877-838-2838  
VETERAN'S CRISIS LINE 800-273-8255x1  
WALLA WALLA MENTAL HEALTH 522-4278  
WASHINGTON STATE MENTAL HEALTH CRISIS LINES - SUICIDE PREVENTION 800-273-8255  
TTY800-799-4TTY (4889)  
YOUTH AMERICA 877-968-8454  
YOUTH SUICIDE PREVENTION PROGRAM 206-297-5922  
YWCA CRISIS SERVICES 800-669-3176

**Suicide Prevention Action Network (SPAN-North Idaho)**

2366 Hickey Rd 208-290-6161  
Sandpoint 83864 [spanidaho.org](http://spanidaho.org)  
Catherine Perusse [spannorth@gmail.com](mailto:spannorth@gmail.com)  
Plans and conducts regional and local suicide prevention training, awareness campaigns, media education and other prevention activities.

**REGION 2 (NORTH CENTRAL)**  
Chapter Chairperson (Interim):  
Steve Button 208-305-9633

**Trent Terrace Apartments**

**VOLUNTEERS OF AMERICA 927-8102**  
12462 E Broadway Ave  
Spokane Valley 99216 [info@khco.com](mailto:info@khco.com)  
[voaspokane.org/housing](http://voaspokane.org/housing)

Provides affordable housing for chronically mentally-ill adults with 24-hour staff supervision and comprehensive case management. Owned by Volunteers of America, Inc, and managed by Kiemle & Hagood.

**Trinity Group Homes of**

**ST VINCENT DE PAUL 208-667-9607**  
PO Box 1861, Coeur d'Alene 83816  
[trinitygrouphomes.org](http://trinitygrouphomes.org)  
Clark Richman Fax: 765-2732  
Provides adults experiencing severe, persistent mental illness with safe, affordable housing in 32 units. Offers a caring, community-supportive environment. Teaches them life skills.

**WA Counties Counseling**

Provides assessment and education for adults and children—case management support, screening, prevention and treatment for mental health. Offers emotional crisis/suicide prevention hotlines. Some bilingual staff.

**ADAMS COUNTY COMMUNITY COUNSELING**  
425 E Main, Ste 600 488-5611  
Othello 99344 Fax: 488-0166  
-Ritzville Office 659-4357  
108 E Main St, Ritzville 99169  
**SPOKANE COUNTY COMMUNITY SERVICES, HOUSING AND COMMUNITY DEVELOPMENT DEPT 477-5722**  
312 W 8th Ave, Spokane 99204  
[spokanecounty.org](http://spokanecounty.org) Fax: 477-6827

**Worldwide Marriage Encounter**

2106 W Summit Pkwy 455-8415  
Spokane WA 99201  
[inlandempirewwme.org](http://inlandempirewwme.org)  
Offers a weekend for couples, in which a tool of communication is taught to enrich marriage.

**WSU Psychology Clinic**

Johnson Tower 362  
POB 644820, Pullman 99164  
[psychologyclinic.wsu.edu](http://psychologyclinic.wsu.edu) 335-3587  
Nonprofit community mental health center operated by the WSU Department of Psychology. Psychology Clinic therapists offer cutting-edge, research-based diagnostic and treatment. Serves adults, veterans, children and adolescents in Pullman, Moscow and Palouse region.