

Mental Health & Counseling Services

Adams County Integrated Health Care Service - Behavioral Health Services 488-4074

Affordable Counseling-Survivor Support Services

9507 N Division, Ste G 484-4021
Holland Bldg, Spokane 99218
survivorsupportservices@msn.com
Counselor: Rich Paulsen, BS, MBA, M.ED
Provides affordable Christian and secular counseling in a safe environment for individuals, couples and families. Free workshops.

AMEND Center 208-665-2432

520 Government Way, Coeur d'Alene 83814
highland@icehouse.net
amendcenter.com Fax: 665-2433
Educational treatment and support center for men and people in their lives. Domestic violence/batterer treatment and support services offered for men participating voluntarily or under court order.

Camas Path Behavioral Health Services 789-7630

934 S Garfield Rd, Airway Heights 99001
POB 39 Usk 99180 kalispe Tribe.com
Addresses intellectual, emotional, physical and cultural needs of individuals through education, training and wellness programs.

Catholic Charities Counseling Program 242-2308

12 E 5th Ave, Spokane 99202
jschwab@ccspokane.org
catholiccharitiesspokane.org
Dir: Jerry Schwab
Provides counseling to individuals to address depression/anxiety, trauma, PTSD, boundary building, advocacy, case management, spiritual/faith crisis, suicide prevention, grief counseling and communication skill building.

Center for Counseling Services

105 Pine St 208-265-2271
Sandpoint 83864 Fax: 946-7854
<http://marinaferrierphd.com>
Marina Ferrier, PhD

Center for Family Development

1404 E 11th Ave 744-1117
Spokane 99202 cfdspokane.com
Offers a variety of mental health services for children, adolescents, and adults by licensed, professional counselors who are dedicated to providing their clients with exceptional mental health care in the Spokane area. Our professional staff specializes in promoting healthy families through decreasing the impact of stress and improving the capacity for nurturing healthy

relationships.

DSHS Behavioral Health Organization

SPOKANE COUNTY REGIONAL BEHAVIORAL HEALTH ORGANIZATION
312 W 8th Ave 477-5722
Spokane 99204 800-273-5864
spokanecounty.org/2530/Need-Treatment-for-You-or-Your-Family
Helps select a network of dedicated and caring providers who will help people find treatment.

SPOKANE COUNTY RSN OMBUDS SERVICE: 477-4666/866-814-3409
GREATER COLUMBIA BHO gcbh.org
101 N Edison St 735-8681
Kennewick 99336 800-795-9296
GREATER COLUMBIA BEHAVIORAL HEALTH RSN: 800-257-066
Benton Franklin Dispute Resolution Center, 5219 W Clearwater Ste 11, Kennewick 99336

Eastern State Hospital (DSHS)

850 W Maple St 565-4352
PO Box 800, Medical Lake 99022

Fairchild AFB Family Advocacy Mental Health

701 Hospital Lp 247-2687
Fairchild AFB 99011 247-2731
<http://fairchildfamilysupport.org/>
New Parent Support Program for pregnancy-age 3; Exceptional Family Member offers medical/special education services, identities families with special needs. Offers alcohol and drug abuse prevention and treatment.

Family Essentials 892-1100

721 N Pines Rd, Spokane Valley 99216
familyessentialscounseling.com
Offering individual, marriage, parenting and family counseling.

Fresh Hope 981-6047

@ Lidgerwood Presbyterian
4449 N Nevada, Spokane 99207
Dir: Wayne Deibel *Fresh Hope on FB*
waynedeibel@gmail.com
A Christian Support Group for those with mental health challenges and their loved ones. meets Thursdays 7 pm.

Frontier Behavioral Health

107 S Division St 838-4651
Spokane 99202 TTY 624-0004
Fax: 458-7456
7 S Howard, Ste 321 838-4128
Spokane 99201 fbhwa.org
Services include 24-hour crisis intervention services, Involuntary Treatment Act evaluations, medication management for adults and youth, psychological assessment services, adult recovery

services, and mental health counseling and case management. Additional programs include: Homeless Outreach, Health Homes and Care Transitions, the federal Department of Agriculture's Child and Adult Care Food Program and Mental Health First Aid training.

CRISIS RESPONSE SERVICES 838-4651
Telephone intervention, mobile outreach and Involuntary Treatment Act services 24-hours a day to individuals of all ages.

EVERGREEN CLUB TDD 624-0004
2102 E Sprague, 99202 458-7454

An accredited member of Clubhouse International. Helps members who are enrolled in behavioral healthcare services pursue vocational and rehabilitation goals.

FIRST CALL FOR HELP 838-4428

Telephone intervention and access to mental health professionals and community resources 24-hours a day. 877-678-4428

Genesis Institute, Inc 467-7913

1220 N Howard St, 99201
genesisinstitute.org Fax: 467-0344
David Hutchins, Linda Depew, Crystal Specht, Dennis Roach, Todd Patrick, Amanda Fuchs, Katrina Mason
Biblical-based counseling for individuals, families and couples. Classes for parents of adolescent children. Training and mentoring classes.

Grief Support - HOSPICE OF SPOKANE

121 S Arthur, Spokane 99201 456-0438
hospiceofspokane.org Fax: 458-0359
Provides individual grief counseling and grief support groups at no charge for anyone in the community who has experienced loss through the death of someone close to them. Professional counselors specially trained in grief and loss issues help individuals identify and attend to their unique grieving needs.

Heritage Health Psychiatric Service Dept 208-620-5210

2025 W Park Pl, Ste B, Coeur d'Alene 83814 myheritagehealth.org
Offers a variety of services in the dynamic fields of psychiatry and psychotherapy.

FAMILY SUPPORT SERVICES - HERITAGE HEALTH COUNSELING
2201 Ironwood Pl 208-769-4222
Coeur d'Alene 83814
Provide extended mental health services to families with unique situations and needs.

Kaiser Permanente ghc.org

SPOKANE - RIVERFRONT 324-6464
322 W North River Dr, 99201
Behavioral Health Services
888-287-2680 206-901-6300

Kootenai Behavioral Health

c/o Kootenai Medical Center
2003 Kootenai Hlth Way 208-665-4800
Coeur d'Alene 83814 800-221-5008
Dir: James Kerby KH.org
Treats children, teens and adults with emotional and psychiatric problems. Acute inpatient hospital treatment, adolescent residential treatment, therapeutic day school, in and outpatient chemical dependency programs.

LDS Family Services

WASHINGTON SPOKANE OFFICE
11707 E Sprague, Ste 202 926-6581
Spokane 99206 800-528-1704
providentliving.org Fax: 921-1375
Handles adoptions, addiction recovery and counseling.

Mental Health Services

IDAHO DEPT OF HEALTH & WELFARE - BEHAVIORAL HEALTH SVCS
healthandwelfare.idaho.gov
REGION 1:
Crisis Line 888-769-1405
COEUR D'ALENE 208-769-1406
Moody Bldg, 2195 Ironwood Court, Coeur d'Alene 83814
After hours crisis line 888-769-1405
KELLOGG 208-784-1352 x 217
SANDPOINT/PONDERAY 208-265-4535

We Can Help
CALL
509.838.4651

Know someone
experiencing a crisis?
Needing help?
Needing information?


**FRONTIER
BEHAVIORAL HEALTH**
Innovation and Excellence

REGION 2:
GRANGEVILLE 208-983-2300
LEWISTON 208-799-4440
MOSCOW 208-882-0562

Mental Health Therapeutic Court (MHTC)

SPOKANE COUNTY DISTRICT COURT
Broadway Center Bldg 477-2230
721 N Jefferson, 2nd Flr
spokanecounty.org/481/Mental-Health-Therapeutic-Court

Morning Star Boys Ranch

4511 S Glenrose, Spokane 99223
msbr@msbranch.org 448-1202
morningstarboysranch.org
Outpatient therapy for children, youth, adults and families. Accepts most insurances.

MultiCare Rockwood Behavioral Health Center - Downtown Spokane 342-3480

Deaconess Medical Office Bldg
801 W 5th Ave, Ste 422
Spokane 99204 Fax: 459-1335
multicare.org
Treats children, families and adults for a multitude of mental health conditions: Individual, couples, and family counseling; Depression, grief, and loss; Learning disabilities; Stress and anxiety management; Eating disorders, weight loss, and body image issues; Coping with physical illness, mental illness, and developmental disorders.

NAMI - National Alliance on Mental Illness 838-5515

10 N Post St, Rm 638, Spokane 99201
office@namispokane.org
namispokane.org
Volunteer program helping people affected by mental illness by providing and promoting education, support and advocacy.
LATAH ALLIANCE ON MENTAL ILLNESS
info@lami-idaho.org lami-idaho.org
Jane Pritchett 208-882-7743
NAMI FAR NORTH 208-597-2047
Bonner General Hospital
Classroom, Third Ave & Alder St
PO Box 2415, Sandpoint 83864
namifarnorth@yahoo.com namifarnorth.org
COEUR D'ALENE namicoeurdalene.org
sensitivemhc@gmail.com

NE Washington Alliance Counseling Services

E 301 Clay Ave, #201
Chewelah 99109 935-4808
165 E Hawthorne Ave
Colville 99114 684-4597
co.stevens.wa.us/counseling/
Serves as a diagnostic and treatment center providing mental healthcare and chemical dependency treatment services for children, adolescents and adults.

NW Behavioral Health Clinic

905 W Riverside Ave, Ste 610
Spokane 99201 742-3460
<http://www.northwestbh.com>
Provides a wide range of evaluation, consultation and counseling services to individuals, families and organizations.

NW Family Advocates

319 W Hasting Rd, Ste A110
Spokane 99218 326-8875
nwfamilyadvocates.org
A ministry to families, individuals and youth. Provides counseling, mentoring and coaching to help people reach their life goals. Specializes in parenting and working with families at risk.

Palouse River Counseling

340 NE Maple 334-1133
Pullman 99163 Fax: 332-1608
palouserivercounseling.org
Treats patients with depression, anxiety, alcoholism and drug dependence. Creates targeted treatment plans for patients with developmental disabilities, childhood and family problems, and geriatrics.
-HARVEST HOUSE 334-6873
400 NE Maiden Ln, Pullman 99163
harvesthouse_prc@yahoo.com
Psycho-social rehab for those with severe, persistent mental illness.

Quality Behavioral Health

900 7th St, Clarkston 99403
qbhs.org 758-3341
GARFIELD COUNTY HUMAN SERVICES
856 Main St 843-3791
Pomeroy 99347
Classes on substance abuse disorder, child/adolescent services, adult counseling, crisis services, mental health, first aid, psychiatric services, community sexual assault, domestic violence services, and alcohol and drugs.

Dr Ray Wm. Smith, LMHC

9507 N Division, Ste A 466-6632
Spokane 99218 Fax: 466-0117
RaySmith@HealthyCounselingCenter.com
HealthyCounselingCenter.com
Ray Smith, EdD, DMin; Holly Meginniss, MSW; Patrice Codd, ARNP; Kurt Leonard, MSW; Rikki Gruen, LMHC, Ted Sneed, PhD
Pastoral counseling for relationships.

SL Start - Adult Svcs slstart.com

BEHAVIORAL CONSULTANT AND CRISIS INTERVENTION
WA Statewide Services 328-2740
Idaho 888-355-7155

Suicide & Mental Crisis Hotlines

ADAMS COUNTY (24 HOUR)
Ritzville, Lind, Waschtucna 659-4357
Othello 488-5611

ASOTIN-GARFIELD CRISIS LINE - QUALITY BEHAVIORAL HEALTH

- Clarkston 758-3341
- Pomeroy 843-3791
After Hours Counselor
- Clarkston 758-4665
- Pomeroy 843-3791
Crisis After Hours 888-475-5665

AMERICAN FOUNDATION FOR SUICIDE PREVENTION afsp.org 888-333-2377

CRISIS CHAT crisischat.org

FAILSAFE FOOR LIFE 475-7334
PO 10753, Spokane 99209
failsafeforallife.org
svotava@failsafeforallife.org
Works to end suicide in Spokane.

FIRST CALL FOR HELP (SPOKANE CNTY) 838-4428

GRAD STUDENT CRISIS LINE 800-472-3457

IDAHO SUICIDE PREVENTION HOTLINE 800-273-TALK (8255)

NATIONAL SUICIDE HOTLINES National Hopelines Network 800-SUICIDE

National Suicide Prevention 800-273-TALK/TTY 800-799-4TTY(4889)
suicidepreventionlifeline.org

NORTHEAST WASHINGTON ALLIANCE COUNSELING SERVICES 684-4597 After hours 888-380-6823 TTY 877-485-6212
Ferry, Pend Oreille, Stevens

PEND OREILLE COUNTY MENTAL HEALTH After hours Crisis Services 866-847-8540

QPR INSTITUTE - SUICIDE PREVENTION TRAINING qprinstitute.com

THE PALOUSE REGIONAL CRISIS LINE 332-1505

THE TREVOR PROJECT 866-488-7386
LGBTQ youth Suicide prevention.

HELPLINE (WALLA WALLA) 522-3377

WASHINGTON STATE MENTAL HEALTH CRISIS LINES - SUICIDE PREVENTION 800-273-8255 TTY 800-799-4TTY (4889)

YOUTH AMERICA 877-968-8454

YWCA CRISIS SERVICES 800-669-3176

Suicide Prevention Action Network (SPAN-North Idaho)

spanidaho.org
Plans and conducts regional and local suicide prevention training, awareness campaigns, media education and other prevention activities.

REGION 1 208-415-5100

Chapter Co-Chairpersons
Lora Whalen, Catherine Perusse
8500 N Atlas Rd, Hayden 83835
spannorth@gmail.com

REGION 2 (NORTH CENTRAL)

Co-Chairperson
Steve Button 208-305-9633

Sunshine Terrace and Behavioral Health

1102 S Raymond Rd 892-4342
Spokane Valley 99206 shfi.com
Offers a supportive therapeutic inpatient community for adults (18 years old and up) who are experiencing mental health disorders.

The Big Table 979-1005

1023 W Riverside, Ste 201, 99201
PO Box 141510 big-table.com
Spokane Valley 99214
information@big-table.com
Kevin Finch, Jill Lemon, Laura Lympus, Chris Deitz, Annee Compogno
Exists to see the lives of those working in the restaurant and hospitality industry transformed by building community around shared meals and caring for those in crisis, transition, or falling through the cracks

Trinity Group Homes of

ST VINCENT DE PAUL 208-667-9607
PO Box 1861, Coeur d'Alene 83816
trinitygrouphomes.org
Clark Richman Fax: 765-2732
Provides adults experiencing severe, persistent mental illness with safe, affordable housing in 32 units. Offers a caring, community-supportive environment. Teaches them life skills.

Volunteers of America/ Kiemle & Hagood

Affordable housing for chronically mentally-ill adults with comprehensive case management and 24-hour staff supervision.
Managed by Kiemle & Hagood.
info@khco.com voaspokane.org/housing
APPLEWOOD APARTMENTS 534-6562
4403 E 8th Ave, Spokane Valley 99212
COUNTRY HEIGHTS APARTMENTS
6709 N Country Homes Blvd
Spokane 99208 327-7132
TRENT TERRACE APARTMENTS
12462 E Broadway Ave
Spokane Valley 99216 927-8102

Washington State Psychology Association 206-547-4220

9 S Washington, Ste 201 wapsych.org
Spokane 99201 wspa@wapsych.org
PSYCHOLOGICALLY HEALTHY WORKPLACE AWARD apaexcellence.org

WSU Psychology Clinic

Johnson Tower 362
POB 644820, Pullman 99164
psychologyclinic.wsu.edu 335-3587
Nonprofit community mental health center operated by the WSU Dept of Psychology.
Therapists offer cutting-edge, research-based diagnostic and treatment. Serves adults, veterans, children and adolescents in Pullman, Moscow and Palouse region.