

Food & Clothing Distribution

Bishop's Storehouse/Home Storage Center providentliving.org
9423 E 4th Ave, Spokane 99206
Provides food to LDS members and friends with LDS bishop's approval.

Campus Kitchen at GU 313-6939
502 E Boone Ave, MSC 2472
Spokane 99258 Fax: 313-6868
ckgu@campuskitchens.org
[CampusKitchenGU on Facebook.com](http://CampusKitchenGU.on.Facebook.com)
Provides community service for students and anti-hunger programs for the community. Delivers meals to community organizations and agencies that provide other services.

Child Care Food Program
ST VINCENT DE PAUL'S 208-664-2562
HELP Center, 201 E Harrison Ave
Coeur d'Alene 83814
deanna@stvincentdepaulcda.org
stvincentdepaulcda.org
Prog Coord: Deanna Jeffres
A USDA-financed program providing children in day care with nutritious food.

Coats for Kids - KXLY 329-5042
500 W Boone Spokane 99201
kxly.com
Collects and distributes more than 275,000 coats for area children. Call or check website for distribution locations.

Feed Spokane 216-7364
PO Box 141674, Spokane 99214
admin@feedspokane.com
<http://feedspokane.com>
Exec Dir: Steven Brashears
Networks meal providers and community partners in the greater Spokane area. Works to eliminate food waste through food rescue.

Feeding Washington 252-6286
1234 E Front Ave, Spokane 99202
rod.wieber@feedingwashington.org
feedingwashington.org
Exec Dir: Rod Wieber
Food Lifeline and Second Harvest form the largest charitable food distribution network in the state and are united in their vision to end hunger in Washington.

Food Access Coalition of Spokane County ntauzin@srhd.org
1101 W College Ave, Spokane 99201
realfoodspokane.org
Works to get real, nutritious, planet-friendly food into the kitchens, hands and mouths of all residents. Creates strategies to ensure people have reliable access to healthful foods.

Food Preparation, Cooking & Nutrition Courses
EAT SMART IDAHO 208-885-6872
UNIVERSITY OF IDAHO EXTENSION
PO Box 443183, Moscow 83843

khansen@uidaho.edu eatsmart@uidaho.edu
www.uidaho.edu/extension/eatsmartidaho
State Coord: Kristin Hansen
Education to help limited-resource adults learn how to stretch food dollars to provide tasty, low-cost, nutritious meals for their families.
NORTH IDAHO 208-446-1686
Prog Coord: Kali Gardiner
kalig@uidaho.edu

FOOD SAFETY, APPLIED NUTRITION, OUTREACH AND INFO CENTER
Food Education. 888-723-3366
FOOD SAFETY srhd.org 324-1560 x2
1101 W College Ave, Spokane 99201
Restaurant inspections, complaints, permitting
SPOKANE VALLEY PARTNERS
10814 E Broadway, 99206 927-1153
PO Box 141360 Fax: 928-8463
Spokane Valley 99214 svpart.org
THE KITCHEN
Dir: Drew Meuer 534-6678
rew.meuer@2-harvest.org
secondharvestkitchen.org

Idaho Food Bank 208-746-2288
3600 E Main, Lewiston ID 83501
idahofoodbank.org Fax: 746-2291
Serves Idaho, Nezperce and Latah counties.

Little Free Pantry
littelfreepantry.org

Mobile Food Banks
BLESSING FOODS INC
Mail: c/o Lisa Bickham, 2109 W Mission, Spokane 99201 312-9330
blessingfoods.org Services in Spokane.
HAYDEN BIBLE FELLOWSHIP 208-290-2110
John Partridge or Noah Ressler
JUMPIN' BEANS MOBILE FOOD BANK
9428 N Government Way
Hayden 83835 208-762-7052
jumpinbeans.org Fax: 762-7022
SECOND HARVEST OF THE INLAND NW
1234 E Front 534-6678
SHEPHERD'S TABLE 208-964-4144
212 W Ironwood Dr, Ste D, PMB 152, Coeur d'Alene 83814
info@ShepherdsTableInc.org
Ken Gilbert ShepherdsTableInc.org

Northwest Harvest Spokane Warehouse
3808 N Sullivan Rd, Bldg 15-K
Spokane Valley 99216 891-7012
P.O. Box 12272 800-722-6924
Seattle 98102 northwestharvest.org
Spokane Warehouse Mngr: Chuck Rigsby
chuckr@northwestharvest.org
Com Engagement: Julie Delaney
julied@northwestharvest.org
Serves 4,642 clients through food banks and meal programs in Spokane County from 13,600-square-foot warehouse.

Palouse Cares 208-310-1745
Rick Minard palousecares.org



1 in 7 people, including 1 in 4 children, in Spokane and the Inland Northwest struggle with hunger.

Second Harvest provides free food to over 55,000 people each week through neighborhood food banks, meal programs and Mobile Food Bank distributions.

Join the fight against hunger.

Donate. Volunteer. Organize a Food Drive.

If you or someone you know needs food assistance, contact:

1234 E. Front Ave.
Spokane, WA 99202
(509) 534-6678
2-harvest.org



Provides hungry children and families access to food through fund raising and auctions. Raises food and funds for, and awareness of people in need.

Second Harvest of the Inland NW

1234 E Front 534-6678
Spokane 99202 Fax: 534-8252
2-harvest.org

Supplies half a million pounds of food weekly to a network of 250 Inland Northwest neighborhood food banks and meal centers, as well as Mobile Food Banks out in the community.

Supplemental Nutritional Assistance Program (SNAP)

FOOD AND NUTRITION OFFICE, WEST REGIONAL OFFICE 415-705-1310
90 Seventh St, Ste 10-100
San Francisco CA 94103
Dir: Dennis Stewart 415-705-2333
Special Nutrition Programs Dir: Ronna Bach 415-645-1946

<http://www.fns.usda.gov/snap>
Offers nutrition assistance to millions of eligible, low-income individuals and families, and provides economic benefits to communities. The largest program in the domestic hunger safety net. The Food and Nutrition Service works with state agencies, nutrition educators, and neighborhood and faith-based organizations to ensure that those eligible for nutrition assistance can make informed decisions about applying for the program and can access benefits.

WASHINGTON APPLICATION
www.dshs.wa.gov 877-501-2233
Recipient fraud 800-562-6906
Retailer fraud 888-436-6392
IDAHO APPLICATION 877-456-1233
Recipient fraud 800-926-2588
Welraud@dhw.idaho.gov

Thanksgiving Dinners

CAMPUS KITCHEN AT GONZAGA UNIVERSITY
Holy Trinity Greek Orthodox
171 S Washington St 313-6939
CENTRAL UNITED METHODIST CHURCH
518 W Third Ave 455-9019
CHRIST LUTHERAN CHURCH 928-7733
13009 E Broadway Ave, Spokane Vly
CITY GATE
170 S Madison St 455-9670
GONZAGA UNIVERSITY/ST ALOYSIUS
Cataldo Hall, 330 E Boone 313-7001
GREATER SPOKANE MOW 924-6976
Deer Park Senior Center, 316 E
Crawford, Deer Park
Locations In Spokane:
-American Indian Cntr, 600 N Foothills
-Clareview South, 4827 S Palouse Hwy
-Corbin Senior Center, 827 W Cleveland
-Delaney Apts, 242 W Riverside
-NE Community Center, 4001 N Cook
-Sinto Senior Center, 1124 W Sinto

Locations in Spokane Valley:
Appleway Court, 221 S Farr Rd
Opportunity Presbyterian, 202 N Pines
Spokane Valley Senior Center,
2426 N Discovery Rd
HOUSE OF CHARITY
32 W Pacific Ave 624-7821
MEAD UNITED METHODIST CHURCH
12611 N Wilson St, Mead 466-7866
MID CITY CONCERNS MEALS ON WHEELS
1222 W Second Ave 456-6597
OUR PLACE MINISTRIES
1509 W College 326-7267
ourplacespokane.org

Thanksgiving Baskets for people residing in the service area:
SALVATION ARMY/SECOND HARVEST
Spokane Arena, 720 W Mallon Ave
Mail: 222 E Indiana Ave 325-6821
Please bring picture identification and proof of current address, such as utility or phone bills.

SPOKANE CENTRAL LION'S CLUB
HOLIDAYS AND FAMILIES PROGRAM
1212 N Howard St 328-6900
SPOKANE VALLEY PARTNERS
10814 East Broadway 927-1153
www.svpart.org

SVP- Thanksgiving Food Baskets
Personal identification, proof of household residents

TOM'S TURKEY DRIVE
Nov 18-19 @ all area Rosauers
Second Harvest 252-6257

TOM'S TURKEY DRIVE DISTRIBUTION
DAY NOV 22
Nov 22 @ Spokane veterans Arena
Second Harvest 252-6257

UNION GOSPEL MISSION
1224 E Trent Ave 535-8510
uniongospelmission.org

Other locations:
Spokane Convention Center
334 W Spokane Falls Blvd
VFW Post 51
300 W Mission Ave 327-9847
WOMEN AND CHILDREN'S FREE
RESTAURANT wcfrspokane.org
Mail: 1408 N Washington 99201
Locations: 324-1995
Rogers HS 1622 E Wellesley Ave
ECCC, 500 S Stone 625-6699

Kootenai County (208)
FEDORA 765-8888
1726 W Kathleen Ave, CdA
LAKE CITY SENIOR CENTER 667-4628
1916 Lakewood Dr, CdA
ST GEORGE'S CATHOLIC 773-4715
2010 N Lucas St, Post Falls

Thrift Stores Days & hours vary
Spokane Locations:
ARC OF SPOKANE, THE 328-8100
808 N Ruby
CATHOLIC CHARITIES FURNISHINGS OF
HOPE RETAIL STORE Wed-Sat 9-5
917 E Trent 868-0062
catholiccharitiesspokane.org/cc-furnishing-for-hope-retail-store

Retail store selling gently used, vintage and new furniture and household items. All proceeds

benefit CCS Furniture Bank.
DISCOVERY SHOP - AMERICAN CANCER
SOCIETY 805 W Garland 328-9373
GLOBAL NEIGHBORHOOD THRIFT
902 W Indiana Ave 868-0001
GOODWILL RESALE/THRIFT:

Goodwill's community service programs are funded by donations and sales at 11 regional Goodwill stores and shopgoodwill.com.
\$.89 of every dollar directly supports services in the communities. Shop and donate at any of these Goodwill locations:

-Downtown Spokane 444-2396
202 E Third Ave, 99202
-Goodwill Outlet Store, 1406 E
Front Ave, 99202 279-2916

-North Nevada Goodwill Store
9832 N Nevada, 99218 466-2012
-South Hill 2927 E 27th 321-0478

NW CHRISTIAN SCHOOL THRIFT STORE
6607 N Maple 326-1522
<http://nwcsthrift.org/location/>

SALVATION ARMY THRIFT STORE
-2020 N Division 99207 325-6805
SPOKANE CHRISTIAN FELLOWSHIP THRIFT

1505 W Cleveland, 99205 328-1735
TEEN CHALLENGE THRIFT STORES
2006 N Ash St, 99205 327-1383

THE WINDFALL - ST JOHN'S CATHEDRAL
1024 S Perry 99202 534-3888
THRIFTY BOUTIQUE 327-1584

Corbin Senior Center
827 W Cleveland, 99205
UGM THRIFT STORES

uniongospelmission.org/thrift-stores/
-301 W Boone, 99201 326-3316

Provides job training and a safe work environment for UGM residents and other men and women in transition. Proceeds help fund UGM's homeless services.

VALUE VILLAGE valuevillage.com
708 W Boone 99201 325-2569

In Spokane Valley:
GOODWILL RESALE/THRIFT 928-4032
13721 E Sprague Ave, 99216

TEEN CHALLENGE THRIFT STORES
1919 E Sprague 99202 534-0443
SALVATION ARMY THRIFT STORE

-Bargain Center 928-9970
11211 E Sprague Ave
Spokane Valley 99037

UGM THRIFT STORES
-11921 E Sprague, 99206 927-5905
VALUE VILLAGE valuevillage.com

13112 E Sprague 99216 921-7889
VOA THRIFT STORE 327-4112
6206 E Trent, Spokane Valley

voaspokane.org/thriftstore
In Eastern Washington:

CARE & SHARE 299-9024
211 N LeFevre, Medical Lake 99022
COLVILLE GOODWILL STORE

168 N Main, Colville 99114
COLVILLE HABITAT FOR HUMANITY
480 N Main 684-2319

EAST WENATCHEE GOODWILL STORE
620 Grant Rd, Ste A 884-1906
East Wenatchee 98802

GREENHOUSE, THE 276-8224
31 N Main St, Deer Park 99006
MOSES LAKE GOODWILL STORE

789 North Central, Moses Lake 98837



Create your own unique look for less at

Goodwill
Industries of the Inland Northwest

Donate. Shop. Change a life.

20% Discount* on Mondays for Military, Senior Citizens, and Students.
(*Excludes New Goods.)

discovergoodwill.org

NEEDFUL THINGS COMMUNITY THRIFT
220 E Main St, Pullman **878-2301**

NEWPORT ADVENTIST THRIFT STORE
777 Lilac Ln, 99156 **447-3488**
Sells gently used clothing and household items.

PALOUSE TREASURES THRIFT STORE
1005 NW Nye Ste, Pullman **332-4060**

PULLMAN COMMUNITY CONGREGATIONAL THRIFT STORE
525 NE Campus St **334-6632**

St VINCENT DE PAUL **758-7061**
609 3rd St **Fax: 758-9545**
Clarkston 99403 SDBerry66@yahoo.com
Betty Riebe, Sharon Berry

THE CENTER **522-2387**
8th & Bade, College Place 99324

THRIFTY GRANDMOTHER SHOP
118 N Main St, Colfax **397-2786**

Idaho (208)

In Coeur d'Alene

COEUR D' ALENE GOODWILL STORE
1212 N 4th St **765-4520**
Coeur d'Alene 83814

COEUR D'ALENE SENIOR LIVING
501 E Lakeside Ave **664-8001**

ESTATE STORE 10-4, Th-F
1130 N 4th Ave **930-4311**

HOSPICE THRIFT SHOP **667-5128**
1823 N 4th Ave

HUMANE SOCIETY THRIFT SHOP
916 3rd St **667-5373**

IDAHO YOUTH RANCH THRIFT **664-1736**
845 N 4th St youthranch.org

NORTH IDAHO VIOLENCE PREVENTION CENTER (NIVOC)
850 N 4th St **208-664-9303**

St VINCENT DE PAUL **426-4699**
108 E Walnut Ave, Coeur d'Alene

IN NORTH IDAHO: (208)

2NDS ANYONE **263-3247**
101 N Boyer St, Sandpoint 83864

BONNERS FERRY COMMUNITY THRIFT STORE
6778 Main, 83805 **267-5359**
PO Box 331 Thrift store-clothing household items, bedding and emergency financial assistance.

CLARK FORK THRIFT & GIFT STORE
Clark Fork UMC, 116 W 2nd Ave Clark Fork ID 83811 **266-1234**

GOODWILL
-Lewiston 3134 Fifth St, 83501
-Moscow/Pullman Goodwill Store
201 Warbonnet Dr **883-4280**
Moscow 83843
-Ponderay/Sandpoint
204 Larkspur St, 83852 **265-1980**
-Post Falls **773-6181**
317 Seltice Way, Ste A, 83854

HOSPICE THRIFT SHOP **773-5076**
503 East Seltice Way #5, Post Falls

HUMANE SOCIETY THRIFT STORE
1600 E Seltice Way **773-3074**

IDAHO YOUTH RANCH THRIFT **773-1038**
317 E Seltice Way, Ste B, Post Falls

PRIEST RIVER COMMUNITY CHURCH
6042 Albeni Hwy & Hwy 2 **448-0707**
Priest River 83856

RATHDRUM THRIFT SHOP **687-3696**
8027 W Main St, Rathdrum 83858

REAL LIFE MINISTRIES THRIFT STORES
10 S Division, Pinehurst **682-4801**
1916 N Cecil Rd, Post Falls **777-0927**

SALVATION ARMY THRIFT **773-6836**
201 West Seltice Way, Post Fall

SECOND CHANCE ANIMAL ADOPTION
6647 Lincoln St **267-2815**
Bonners Ferry 83805
secondchanceanimaladoption.com

SENIOR CITIZENS' THRIFT STORE
70 Walker Way, Sagle **265-2627**

St VINCENT DE PAUL **746-7860**
3138 5th St, Lewiston
202 W Seltice Way

Post Falls **773-6836**

THE HOPE CENTER **882-4144**
1212 W Pullman Rd, Moscow

THE TROY THRIFT STORE
102 6th, Troy **835-4357**

WEST BONNER COUNTY FOOD BANK
315 E 3rd South, Oldtown **597-3236**

Tribal Food Commodities Program on Indian Reservations (FDPIR)

Federal program with a 25 percent matching grant provides commodity foods and nutrition education to low-income families on reservations.

COEUR D'ALENE **208-686-4041**
30903 S Cave Bay Rd
Worley 83851 cdatribe.com
PO Box 408, Plummer 83851
acsanchez@cdatribe-nsn.gov
Dir: AC Sanchez

COLVILLE TRIBE
4 Lakes St **634-2776**
PO Box 150, Nespelem 99155
dorothy.palmer@colvilletribes.com
Mngr: Dorothy Palmer

NEZ PERCE TRIBAL FOOD COMMODITIES
107 Lolo, POB 365, Lapwai 83540
thunderg@nezperce.org

Dir: Thunder Garcia **208-843-7305**

SPOKANE TRIBE FOOD COMMODITIES
6208 Ford-Wellpinit Rd **258-7145**
PO Box 540, Wellpinit 99040
scott.peyone@spokanetribe.com
Dir: Scott Peone

WA Food Coalition **877-729-0501**
PO Box 95752 **206-729-0501**
Seattle 98145 **Fax: 729-0504**
info@wafoodcoalition.org
wafoodcoalition.org

Women & Children's Free Restaurant & Community Kitchen **324-1995**

1408 N Washington, Spokane 99201
volunteer@wcferspokane.org
wcferspokane.org **Fax: 326-2433**
Exec Dir: Lisa Diffley
Volunteer & Office Coord: Karen Orlando
Provides FREE scratch-made, nutritious meals in a safe, supportive environment for women and children. Serves: Dinner from 3-5:45 pm, Tues and Wed; lunch from 11:30 am-1:15pm, Fri.

Women & Children's
FREE RESTAURANT COMMUNITY KITCHEN
1408 N. Washington | 509-324-1995

Tuesday & Wednesday	Friday
Dinner 3-6pm	Lunch 11:30-1:30pm
Last seating at 5:45pm	Last seating at 1:15pm