

# Food & Clothing Distribution

[2-harvest.org/i-need-food-assistance/](http://2-harvest.org/i-need-food-assistance/)  
[ifbmaps.wpengine.com](http://ifbmaps.wpengine.com)  
[littlefreepantry.org](http://littlefreepantry.org)  
[newhungercoalition.org](http://newhungercoalition.org)  
[northwestharvest.org/statewide-network](http://northwestharvest.org/statewide-network)

## Campus Kitchen at GU

313-6939  
 502 E Boone Ave, MSC 2472  
 Spokane 99258

Fax: 313-6868

[ckgu@campuskitchens.org](mailto:ckgu@campuskitchens.org)  
[CampusKitchenGU on Facebook.com](#)  
 Provides community service for students and anti-hunger programs for the community. Delivers meals to community organizations and agencies that provide other services.

## Coats for Kids - KXLY 329-5042

500 W Boone, Spokane 99201 [kxy.com](http://kxy.com)  
 Collects and distributes more than 275,000 coats for area children. Call or check website for distribution locations.

## Feed Spokane 216-7364

PO Box 141674, Spokane 99214  
[admin@feedspokane.com](mailto:admin@feedspokane.com)  
<http://feedspokane.com>  
 Exec Dir: Steven Brashears  
 Networks meal providers and community partners in the greater Spokane area. Works to eliminate food waste through food rescue.

## Feeding Washington 252-6286

1234 E Front Ave, Spokane 99202

[rod.wieber@feedingwashington.org](mailto:rod.wieber@feedingwashington.org)  
[feedingwashington.org](http://feedingwashington.org)  
 Exec Dir: Rod Wieber  
 Food Lifeline and Second Harvest form the largest charitable food distribution network in the state and are united in their vision to end hunger in Washington.

## Food Preparation, Cooking & Nutrition Courses

**EAT SMART IDAHO - UNIVERSITY OF IDAHO EXTENSION** [eatsmart@uidaho.edu](mailto:eatsmart@uidaho.edu)  
[www.uidaho.edu/extension/eatsmartidaho](http://www.uidaho.edu/extension/eatsmartidaho)  
**State Coord: Kristin Hansen**  
 Education to help limited-resource adults learn how to stretch food dollars to provide tasty, low-cost, nutritious meals for their families. Area counties: Benewah, Bonner, Boundary, Clearwater, Idaho, Kootenai, Latah, Lewis, Nez Perce and Shoshone

## NORTH IDAHO 208-446-1686

Prog Coord: Kali Gardiner  
[kalg@uidaho.edu](mailto:kalg@uidaho.edu)

## FOOD SAFETY, APPLIED NUTRITION, OUTREACH AND INFO CENTER

Food Education. 888-723-3366  
**FOOD SAFETY** [srhd.org](http://srhd.org) 324-1560 x2  
 1101 W College Ave, Spokane 99201  
 Restaurant inspections, complaints, permitting  
**SNAP-ED (FORMERLY FOOD \$ENSE)**

## NUTRITION EDUCATION NETWORK OF WASHINGTON [nutrition.wsu.edu](http://nutrition.wsu.edu) [manenica@wsu.edu](mailto:manenica@wsu.edu)

A nutrition education program that teaches youth and adults with limited incomes skills and behaviors to eat healthy and maximize the value of their food dollars and food assistance benefits.

## ASOTIN 243-2009

[jreed@co.asotin.wa.us](mailto:jreed@co.asotin.wa.us)

## PEND OREILE 447-6479

[christine.knoefler@wsu.edu](mailto:christine.knoefler@wsu.edu)

## SPOKANE 477-2194

[Ivananrooy@spokancecounty.org](mailto:Ivananrooy@spokancecounty.org)

## WALLA WALLA 524-2685

[meike.johnson@wsu.edu](mailto:meike.johnson@wsu.edu)

## SPOKANE VALLEY PARTNERS

10814 E Broadway, 99206 927-1153

PO Box 141360 Fax: 928-8463

Spokane Valley 99214 [svpart.org](http://svpart.org)

## THE KITCHEN

Dir: Drew Meuer 534-6678

[rew.meuer@2-harvest.org](mailto:rew.meuer@2-harvest.org)

[secondharvestkitchen.org](http://secondharvestkitchen.org)

## Food Drives, Volunteers/Info

**GUARD AGAINST HUNGER –**

**WASHINGTON NATIONAL GUARD**

8700 W Electric Ave

Spokane 99224 598-0645

[patches.e.cox.ctr@mail.mil](mailto:patches.e.cox.ctr@mail.mil)

[gowaguard.com/community-involvement/guard-against-hunger](http://gowaguard.com/community-involvement/guard-against-hunger)

Coordinator: Patches Cox

Recruits area state high school students to collect non-perishable food items for their local food banks.

## LETTER CARRIERS FOOD DRIVE/USPS

[lettercarriers.inland.volunteerhub.com/events/indexv1](http://lettercarriers.inland.volunteerhub.com/events/indexv1)

Food Drive for Second Harvest from national effort.

## SCOUTING FOR FOOD - BOY SCOUTS

[nwscoats.org/scoutingforfood](http://nwscoats.org/scoutingforfood)

lists District Contacts for drop locations for local food banks.

## HRC Ministries

PO Box 14257, Spokane Valley 99214

[hrcministries.com](http://hrcministries.com) 922-0939

Distribution to partner ministries.

## Idaho Food Bank

208-746-2288

3331 10th St, Lewiston 83501

[idahofoodbank.org](http://idahofoodbank.org)

Fax: 746-2291

Idaho, Nezperce and Latah counties.

## LDS Home Storage Center

9423 E 4th Ave 928-1035

Spokane 99206 [providentliving.org](http://providentliving.org)

Provides food to LDS members and friends with bishop's approval.

## Mobile Food Banks

**AGAPE FOOD BANK - OTHELLO**

[agapefoodbank.com/mobil-food-distribution.html](http://agapefoodbank.com/mobil-food-distribution.html)

331-8863



1 in 7 people, including 1 in 4 children, in Spokane and the Inland Northwest struggle with hunger.

Second Harvest provides free food to over 55,000 people each week through neighborhood food banks, meal programs and Mobile Food Bank distributions.

Join the fight against hunger.

Donate. Volunteer. Organize a Food Drive.

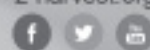
If you or someone you know needs food assistance, contact:

1234 E. Front Ave.

Spokane, WA 99202

(509) 534-6678

2-harvest.org



Dir/Treasurer: Don Butcher  
[donbutcher@gmail.com](mailto:donbutcher@gmail.com) 760-6992  
 President & pastor: Earl Lee  
[earl@agapefoodbank.com](mailto:earl@agapefoodbank.com)  
**HAYDEN BIBLE FELLOWSHIP 208-290-2110**  
 John Partridge or Noah Ressler  
**JUMPING BEANS MOBILE FOOD BANK**  
 9428 N Government Way  
 Hayden 83835 208-762-7052  
[jumpinbeans.org](mailto:jumpinbeans.org) Fax: 762-7022  
 Jason Ball  
**SECOND HARVEST OF THE INLAND NW**  
 1234 E Front 534-6678  
**SHEPHERD'S TABLE 208-964-4144**  
 212 W Ironwood Dr, Ste D  
 PMB 152, Coeur d'Alene 83814  
[info@ShepherdsTableInc.org](mailto:info@ShepherdsTableInc.org)  
 Ken Gilbert [ShepherdsTableInc.org](http://ShepherdsTableInc.org)

### Northwest Harvest Spokane Warehouse

3808 N Sullivan Rd, Bldg 15-K  
 Spokane Valley 99216 891-7012  
 PO Box 12272 800-722-6924  
 Seattle 98102 [northwestharvest.org](http://northwestharvest.org)  
 Spokane Warehouse Mgr: Chuck Rigsby  
[chuckr@northwestharvest.org](mailto:chuckr@northwestharvest.org)  
 Com Engagement: Julie Delaney  
[julied@northwestharvest.org](mailto:julied@northwestharvest.org)  
 Serves 4,642 clients through  
 food banks and meal programs  
 in Spokane County from  
 13,600-square-foot warehouse.

### Palouse Cares 208-310-1745

Rick Minard [palousecares.org](http://palousecares.org)  
[rminard@mbspbs.com](mailto:rminard@mbspbs.com)  
 Provides hungry children and  
 families access to food through  
 fund raising and auctions. Raises  
 food and funds for, and awareness  
 of people in need.

### Quilting Ministry, Women

**CHRIST CENTRAL 327-9322**  
 19 W Shannon Ave, Spokane 99205  
[centralbaptistspokane@comcast.net](mailto:centralbaptistspokane@comcast.net)  
 Meet every other Thursday  
 morning from 9am-noon, to  
 assemble quilts to be given away  
 to those in need.  
**FOOTHILLS FABRICATORS QUILT  
 GROUP - FOOTHILLS COMMUNITY**  
 11102 N Forker, Spokane 99207  
[foothillssc.net](http://foothillssc.net) 926-4971  
 Meets monthly on the first Monday  
 of each month.

### Second Harvest of the Inland NW

1234 E Front 534-6678  
 Spokane 99202 Fax: 534-8252  
[2-harvest.org](http://2-harvest.org)  
 Supplies half a million pounds of  
 food weekly to a network of 250  
 Inland Northwest neighborhood  
 food banks and meal centers, as  
 well as Mobile Food Banks out in  
 the community.

### Spokane Food Policy Council

[ntauzin@srhd.org](mailto:ntauzin@srhd.org)  
<http://spokanefoodpolicy.org>

Works to develop a just and  
 integrated policy and action  
 recommendations that promote  
 health, sustain and strengthen the  
 local and regional food system,  
 and engage and partner with  
 agriculture, business, communities  
 and governments in the region.

### Supplemental Nutritional Assistance Program (SNAP)

**FOOD AND NUTRITION OFFICE, WEST  
 REGIONAL OFFICE 415-705-1310**  
 90 Seventh St, Ste 10-100  
 San Francisco CA 94103  
 Dir: Dennis Stewart 415-705-2333  
 Special Nutrition Programs Dir:  
 Ronna Bach 415-645-1946  
<http://www.fns.usda.gov/snap>

Offers nutrition assistance to  
 millions of eligible, low-income  
 individuals and families, and  
 provides economic benefits  
 to communities. The largest  
 program in the domestic hunger  
 safety net. Works with state  
 agencies, nutrition educators, and  
 neighborhood and faith-based  
 organizations to ensure that those  
 eligible for nutrition assistance can  
 make informed decisions about  
 applying for the program and can  
 access benefits.

#### WASHINGTON APPLICATION

[www.dshs.wa.gov](http://www.dshs.wa.gov) 877-501-2233  
 Recipient fraud 800-562-6906  
 Retailer fraud 888-436-6392  
**IDAHO APPLICATION 877-456-1233**  
 Recipient fraud 800-926-2588  
[Welfraud@dhw.idaho.gov](mailto:Welfraud@dhw.idaho.gov)

### Thanksgiving Dinners

**INVEG** - Spokane Women's  
 Club, 1428 W 9th Ave 99204  
**SHALOM MINISTRIES**  
 518 W Third Ave 455-9019  
**THE CITY GATE**  
 170 S Madison St 455-9670  
**GONZAGA UNIVERSITY/ST ALOYSIUS**  
 Cataldo Hall, 330 E Boone 313-7001  
**GREATER SPOKANE MOW 924-6976**

#### LOCATIONS:

American Indian Community Cntr,  
 Clareview Senior Center, Corbin  
 Senior Center, NE (Hillyard)  
 Community Center, Canterbury  
 Court, The Delaney, Appleway  
 Court, Opportunity Presbyterian  
 Church, Spokane  
 Valley Senior Center, Talon Hills  
 Senior Apartments  
**HOUSE OF CHARITY**  
 32 W Pacific Ave 624-7821  
**MID CITY CONCERNS MEALS ON WHEELS**  
 1222 W Second Ave 456-6597  
**SPOKANE CENTRAL LION'S CLUB**  
**HOLIDAYS AND FAMILIES PROGRAM**  
 1212 N Howard St 328-6900  
**SPOKANE CONVENTION CENTER**  
 334 W Spokane Falls Blvd  
 Spokane 99201 535-8510  
**SPOKANE VALLEY PARTNERS**

10814 E Broadway 927-1153  
[www.svpart.org](http://www.svpart.org)  
**TOM'S TURKEY DRIVE DISTRIBUTION**  
 Spokane veterans Arena  
 720 W. Mallon 325-6821  
**WOMEN AND CHILDREN'S FREE  
 RESTAURANT** [wcferspokane.org](http://wcferspokane.org)  
 Mail: 1408 N Washington 99201  
 Locations: 324-1995  
 Rogers HS 1622 E Wellesley Ave  
 ECCC, 500 S Stone 625-6699  
**Kootenai County (208)**  
**FEDORA 765-8888**  
 1726 W Kathleen Ave, CdA  
**LAKE CITY SENIOR CENTER 667-4628**  
 1916 Lakewood Dr, CdA  
**ST GEORGE'S CATHOLIC 773-4715**  
 2010 N Lucas St, Post Falls

### Thrift Stores Days & hours vary

#### Spokane Locations:

**ARC OF SPOKANE, THE 328-8100**  
 808 N Ruby, Spokane 99201  
**CATHOLIC CHARITIES FURNISHINGS OF  
 HOPE RETAIL STORE** Wed-Sat 9-5  
 917 E Trent 868-0062  
[catholiccharitiesspokane.org/cc-furnishing-for-hope-retail-store](http://catholiccharitiesspokane.org/cc-furnishing-for-hope-retail-store)  
 Retail store selling gently used,  
 vintage and new furniture and  
 household items. All proceeds  
 benefit CCS Furniture Bank.  
**DISCOVERY SHOP - AMERICAN CANCER  
 SOCIETY 805 W Garland 328-9373**  
**GLOBAL NEIGHBORHOOD THRIFT**  
 902 W Indiana Ave 868-0001  
**GOODWILL RESALE/THRIFT:**

Goodwill's community service  
 programs are funded by donations  
 and sales at 11 regional Goodwill  
 stores and [shopgoodwill.com](http://shopgoodwill.com).  
 \$.89 of every dollar directly  
 supports services in the  
 communities. Shop and donate at  
 any of these Goodwill locations:  
 -Downtown Spokane 444-2396  
 202 E Third Ave, 99202  
 -Goodwill Outlet Store, 1406 E  
 Front Ave, 99202 279-2916  
 -North Nevada Goodwill Store  
 9832 N Nevada, 99218 466-2012  
 - Northwest Blvd Store  
 1617 W Northwest Blvd, Ste 101  
 Spokane 99205 321-0579  
 -South Hill 2927 E 27th 321-0478  
**NW CHRISTIAN SCHOOL THRIFT STORE**  
 6607 N Maple 326-1522  
<http://nwcsthrift.org/location/>  
 **RIPPLES THRIFT 994-3341**  
 3103 N Monroe, Spokane 99205  
[ripplesthrift.on.facebook.com](http://ripplesthrift.on.facebook.com)  
**SALVATION ARMY THRIFT STORE**  
 2020 N Division 99207 325-6805  
[spokane.salvationarmy.org](http://spokane.salvationarmy.org)  
**SPOKANE CHRISTIAN FELLOWSHIP THRIFT**  
 1505 W Cleveland, 99205 328-1735  
**SPOKANE TC RESALE & DONATION CNTR**  
 1919 E Sprague Ave  
 Spokane 99202 327-1383  
[teenchallengepnw.com/thrift](http://teenchallengepnw.com/thrift)  
**TEEN CHALLENGE THRIFT STORES**  
 1919 E Sprague 99202 534-0443  
**THE WINDFALL - ST JOHN'S CATHEDRAL**  
 1024 S Perry 99202 534-3888  
**THRIFTY BOUTIQUE 327-1584**

Those jeans you bought  
 aren't just a good deal.  
 They're also helping people  
 get jobs, housing, and training  
 in the Inland Northwest.

Good job, you!  
 You just joined  
 the Cycle for Good.

THE  
 CYCLE  
 FOR  
 GOOD

**Goodwill®**  
 Industries of the Inland Northwest

Donate. Shop. Change a life.  
[discovergoodwill.org](http://discovergoodwill.org)



Corbin Senior Center  
827 W Cleveland, 99205  
**UGM THRIFT STORE - DOWNTOWN**  
[uniongospelmission.org/thrift-stores/](http://uniongospelmission.org/thrift-stores/)  
301 W Boone, 99201 **326-3316**  
Provides job training and a safe work environment for UGM residents and other men and women in transition. Proceeds help fund UGM's homeless services.

**VALUE VILLAGE** [valuevillage.com](http://valuevillage.com)  
708 W Boone 99201 **325-2569**

**In Spokane Valley:**

**GOODWILL RESALE/THRIFT** **928-4032**  
13721 E Sprague Ave, 99216

**SALVATION ARMY THRIFT STORE**  
-Bargain Center **928-9970**

11211 E Sprague Ave  
Spokane Valley 99037

[spokane.salvationarmy.org](http://spokane.salvationarmy.org)  
**SPokane VALLEY TC RESALE & DONATION CENTER** **534-0443**

10614 E Sprague Ave #101,  
Spokane Valley 99206

[teenchallengepnw.com/thrift](http://teenchallengepnw.com/thrift)  
**UGM THRIFT STORE - VALLEY**

-11921 E Sprague, 99206 **927-5905**

**VALUE VILLAGE** [valuevillage.com](http://valuevillage.com)  
13112 E Sprague 99216 **921-7889**

**VOA THRIFT STORE** **327-4112**  
6206 E Trent, Spokane Valley

[voaspokane.org/thriftstore](http://voaspokane.org/thriftstore)  
**In Eastern Washington:**

**CARE & SHARE** **299-9024**  
211 N LeFevre, Medical Lake 99022

**COLVILLE GOODWILL STORE**  
168 N Main, Colville 99114

**COLVILLE HABITAT FOR HUMANITY**  
480 N Main **684-2319**

**EAST WENATCHEE GOODWILL STORE**  
620 Grant Rd, Ste A **884-1906**

East Wenatchee 98802

**GREENHOUSE, THE** **276-8224**  
31 N Main St, Deer Park 99006

**MOSES LAKE GOODWILL STORE**  
789 North Central, Moses Lake 98837

**NEEDFUL THINGS COMMUNITY THRIFT**  
220 E Main St, Pullman **878-2301**

**NEWPORT ADVENTIST THRIFT STORE**  
777 Lilac Ln, 99156 **447-3488**

Sells gently used clothing and household items. emergency food services, vegetarian food, lit.

**PALOUSE TREASURES THRIFT STORE**  
1005 NW Nye Ste, Pullman **332-4060**

**PULLMAN COMMUNITY CONGREGATIONAL THRIFT STORE**  
525 NE Campus St **334-6632**

**ST VINCENT DE PAUL** **758-7061**  
609 3rd St **Fax: 758-9545**

Clarkston 99403 [SDBerry66@yahoo.com](mailto:SDBerry66@yahoo.com)

Betty Riebe, Sharon Berry  
**THE CENTER** **522-2387**

8th & Bade, College Place 99324

**SONBRIDGE** **529-3100**  
1200 SE 12 St, College Place 99324

[sonbridge.org](http://sonbridge.org) SOS Medical/dental Clinic, ESL Instruction, diapers

**THRIFTY GRANDMOTHER SHOP**  
118 N Main St, Colfax **397-2786**

**Idaho (208)**  
**In Coeur d'Alene**

**COEUR D' ALENE GOODWILL STORE**  
1212 N 4th St, 83814 **765-4520**

**COEUR D'ALENE SENIOR LIVING**  
501 E Lakeside Ave **664-8001**

**ESTATE STORE** 1130 N 4th **930-4311**

**HOSPICE THRIFT SHOP** **667-5128**  
1823 N 4th Ave

**HUMANE SOCIETY THRIFT SHOP**  
916 3rd St **667-5373**

**IDAHO YOUTH RANCH THRIFT** **664-1736**  
845 N 4th St [youthranch.org](http://youthranch.org)

**SAFE PASSAGE VIOLENCE PREVENTION CNTR**  
850 N 4th St **208-664-9303**

**ST VINCENT DE PAUL** **426-4699**  
108 E Walnut Ave, Coeur d'Alene

**IN NORTH IDAHO: (208)**  
**2NDS ANYONE** **263-3247**

101 N Boyer St, Sandpoint 83864

**BONNERS FERRY COMMUNITY THRIFT STORE**

6778 Main/ POB331, 83805 **267-5359**

**CLARK FORK THRIFT & GIFT STORE**  
Clark Fork UMC, 116 W 2nd Ave  
Clark Fork 83811 **266-1234**

**HOSPICE THRIFT SHOP** **773-5076**  
503 East Seltice Way #5, Post Falls

**HUMANE SOCIETY THRIFT STORE**  
1600 E Seltice Way **773-3074**

**IDAHO YOUTH RANCH THRIFT** **773-1038**  
317 E Seltice Way, Ste B, Post Falls

**LEWISTON GOODWILL** **743-4528**  
-Lewiston 3134 Fifth St, 83501

**MOSCOW GOODWILL** **883-4280**  
201 Warbonnet Dr, 83843

**PONDERAY/SANDPOINT GOODWILL**  
204 Larkspur St, 83852 **265-1980**

**POST FALLS GOODWILL** **773-6181**  
317 Seltice Way, Ste A, 83854

**PRIEST RIVER COMMUNITY CHURCH**  
6042 Albeni Hwy & Hwy 2

Priest River 83856 **448-0707**

**RATHDRUM THRIFT SHOP** **687-3696**  
8027 W Main St, Rathdrum 83858

**REAL LIFE MINISTRIES THRIFT STORES**  
10 S Division, Pinehurst **682-4801**

1916 N Cecil Rd, Post Falls **777-0927**

**SALVATION ARMY FAMILY STORE** **746-9654**  
1806 21st St, Lewiston 83501

**FAMILY THRIFT STORE** **883-4812**  
315 S. Jackson St, Moscow 83843

**SECOND CHANCE ANIMAL ADOPTION**  
6647 Lincoln St **267-2815**

Bonnars Ferry 83805  
[secondchanceanimaladoption.com](http://secondchanceanimaladoption.com)

**SECOND CHANCE THRIFT STORE**

221 Main St, Ste B **752-1111**  
PO Box 132, Smelterville 83868

**SENIOR CITIZENS' THRIFT STORE**  
70 Walker Way, Sagle **265-2627**

**ST VINCENT DE PAUL**  
3138 5th St, Lewiston **746-7860**

202 W Seltice Way, Post Falls **773-6836**

**THE HOPE CENTER** **882-4144**  
1212 W Pullman Rd, Moscow

**THE TROY THRIFT STORE**  
102 6th, Troy **835-4357**

**WEST BONNER COUNTY FOOD BANK**  
315 E 3rd South, Oldtown **597-3236**

**WA Food Coalition** **877-729-0501**  
PO Box 95752 **206-729-0501**

Seattle 98145 **Fax: 729-0504**  
[info@wafoodcoalition.org](mailto:info@wafoodcoalition.org)

[wafoodcoalition.org](http://wafoodcoalition.org)

**Women & Children's Free Restaurant & Community Kitchen**

1408 N Washington, Spokane 99201

[volunteer@wcferspokane.org](mailto:volunteer@wcferspokane.org) **324-1995**  
[wcferspokane.org](http://wcferspokane.org) **Fax: 326-2433**

Exec Dir: Lisa Diffley

Volunteer & Office Coord: Karen Orlando

Provides FREE scratch-made, nutritious meals in a safe, supportive environment for women and children. Serves:

Dinner from 3-5:45 pm, Tues and Wed; lunch from 11:30 am-1:15pm, Fri.



**Women & Children's**  
**FREE RESTAURANT COMMUNITY KITCHEN**  
1408 N. Washington | 509-324-1995

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**Tuesday & Wednesday** **Friday**  
**Dinner 3-6pm** **Lunch 11:30-1:30pm**  
**Last seating at 5:45pm** **Last seating at 1:15pm**