

Multi-Services Agencies - Spokane

CATHOLIC CHARITIES

12 E 5th Ave, Spokane 99202 358-4250
 cceasterlnwa.org 800-831-1209

Catholic Housing Communities 456-2279
 Childbirth & Parenting Assist (CAPA) /
 PREPARES 455-4986
 Christmas Bureau 358-4254
 Counseling Services 242-2308
 Emergency Financial Assistance 358-4963
 Food for All 459-6163
 Furnishings for Hope Retail Store 868-0062
 Furniture Bank 991-9345
 House of Charity 624-7821
 Homeless Families Coordinated Assessment
 325-5005
 Immigration Legal Services 455-4960
 Parish Social Ministry 358-4273
 Providence House of Charity Medical Clinical
 626-9825
 Rising Strong 960-8632
 Senior Services/Volunteer Chore Services
 459-6175
 St Anne's Children & Family Center 232-1111
 St Margaret's Shelter 624-9788

GOODWILL INDUSTRIES

130 E Third Ave 838-4246
 Spokane 99202 TDD 344-0163
 Discovergoodwill.org Clark Brekke
 Career & Resource Center 444-4311
 Employee & Training Services 344-0163
 GoodGuides Youth Mentoring 444-4309
 Housing & Essential Needs 344-0163
 Next Generation Zone 340-7800
 Payee Office 344-0163
 Thrift Store:
 -Spokane Downtown 444-2396
 -Spokane South Hill 321-0478
 -North Neveda 466-2012
 -Northwest 321-0579
 -Spokane Valley 928-4032
 Veterans Hotline 828-2449

FRONTIER BEHAVIORAL HEALTH

107 S Division St 838-4651
 Spokane 99202 fbhwa.org
 Child & Family Services, Crisis Response Svcs
 838-4651
 Elder Services 458-7450
 Evergreen Club 458-7354
 First Call for Help 838-4428 / 877-678-4428

LUTHERAN COMMUNITY SERVICES NORTHWEST

210 W Sprague Ave 747-8224
 Spokane 99201 lcsnw.org
 Child Welfare 747-8224
 Crime Victim Service Center 877-751-7119
 Crisis Response Hotline 624-7273
 SAFET (Sexual Assault & Family Trauma) 747-8224
 Veterans PTSD Counseling 343-5091

SALVATION ARMY

222 E. Indiana Ave 325-6810
 Spokane 99207
 spokane.salvationarmy.org Kenneth Perine

Camp Gifford 233-2511
 Community Garden 329-2753
 Family Shelter 325-6814
 Food Bank 325-6821
 Link After School Program, Seasonal
 Services, Salvation Army Church 325-6810
 Sally's House 325-6826
 Transitional Housing 326-7288
 Visitation & Counseling Services 325-2757

SNAP

3102 W Ft George Wright Dr 456-SNAP
 Spokane 99224
 snapwa.org Julie Honekamp
 Affordable Housing (Coast Property
 Management 747-2914
 Business Development 456-SNAP
 Energy Assistance 456-SNAP
 Energy Conservation Education 456-SNAP
 Financial Access 456-SNAP
 Home Repair/Weatherization 456-SNAP
 Homeless Services Office/Homeless
 Childcare Assistance 456-SNAP
 Long Term Care Ombudsman
 Program 800-660-7133
 Mortgage Assistance Programs 456-SNAP
 Vehicle Emissions Repair Program 456-SNAP

SPOKANE REGIONAL HEALTH DISTRICT

1101 W College Ave 324-1600
 Spokane 99201 srhd.org
 ABCD & ABCDE Dental/Oral Health 324-1478
 Breast, Cervical and Colon Health 324-1553
 Emergency Preparedness 324-1673
 Food Service Worker Permits 324-1560 x8
 Healthy Communities Program 324-1530
 HIV/STD Services 324-1542
 Infant Toddler Network 324-1651
 Liquid Waste Environment Resources 324-1560 x1
 Neighborhoods Matter 324-1650
 Nurse Family Partnership 324-1621
 Opioid Treatment Program 324-1420
 Vital Records 324-1601
 WIC (Women, Infants & Children Nutrition)
 324-1620

TRANSITIONS

3128 N Hemlock St 328-6702
 Spokane 99205 help4women.org
 EduCare 325-8632
 Miryam's House 747-9222
 New Leaf Bakery & Cafe 496-0396
 Transitional Living Center 325-2959
 Women's Hearth 455-4249

UNION GOSPEL MISSION

1224 E Trent 535-8510
 Spokane 99202 uniongospelmission.org

Crisis Shelter for Women and Children 535-0486
 Men's Shelter/Recovery Prog 535-8510
 UGM Camp 258-4257
 UGM Thrift Stores - Downtown 326-3316
 - Spokane Valley 927-5905
 UGM Motors 327-4357
 UGM Youth Outreach 535-8510
 Women's Recovery At Anna Ogden Hall 327-7737

VOLUNTEERS OF AMERICA (VOA)

525 W 2nd Ave 624-2378
 Spokane 99201 voaspokane.org
 Alexandria's House 489-0349
 Applewood Apartments 534-6562
 Aston-Bleck Apartments 688-1116
 Country Heights Apartments 327-7132
 Crosswalk 838-6596
 Hope Housing 455-2886
 Foster Youth Programs 340-9071
 Medical Respite 455-2886
 Scholarships 624-2378
 Trent Terrace Apartments 927-8102
 Veteran's Housing 328-4685
 VOA Thrift Store 327-4112
 YouthReach 838-6596

YMCA

930 N Monroe 777-YMCA (9622)
 Spokane 99201 ymcaspokane.org
 Act 6 Leadership Initiative 720-5613
 Camp Goodtimes 777-9622
 Camp Reed 344-7787
 Centers & Programs 777-9622
 Out-side of the Box 777-9622 x412/ 720-5612
 RSVP - Retired Senior Volunteer Prog 344-7787
 Project Warm-up 777-9622
 Safe Sitter 777-9622
 School Age Prog x106
 Summer Day Camps x409
 Teen Progs x415
 Y Youth Investment Program x215
 YMCA Green House x220

YWCA

930 N Monroe 326-1190
 Spokane 99210 ywcaspokane.org
 24-hr Domestic Violence Helpline 326-CALL (2255)
 Alternatives to Domestic Violence 789-9297
 Domestic Violence Legal Advocates 477-3656
 Domestic Violence Mental Health Therapy 789-9291
 Domestic Violence Support at DSHS 227-2629
 Our Sister's Closet 789-9280
 Women to Work Program & BFET Prog 789-9299
 WA ST DSHS WorkFirst Life Skills - Essential
 Program 789-9299

EMERGENCY/REFERRAL LISTINGS:

LISTED BELOW ARE SUGGESTED 24 HOUR CRISIS/HOTLINES
OR FREQUENTLY CALLED NUMBERS

<p>WA INFORMATION NETWORK (WIN) 211 / 866-904-9060</p> <p>NON-EMERGENCY CITY INFO 311</p> <p>INFORMATION, PHONE 411</p> <p>TRAVEL INFO (RD CONDITIONS) 511</p> <p>PHONE PROBLEMS OR CELL PHONE CUSTOMER SERVICE 611</p> <p>TELECOMMUNICATIONS RELAY SERVICE TO TRANSLATE FROM TDD FOR THE DEAF TO SPEECH 711</p> <p>CALL BEFORE YOU DIG 811</p> <p>EMERGENCIES 911</p> <hr/> <p style="text-align: center;">CHILD CARE & DEVELOPMENT</p> <hr/> <p>CHILD CARE AWARE OF EASTERN WA 484-0048/800-466-2229</p> <p>CHILD PROTECTIVE SERVICES (CPS) 877-678-4428</p> <p>DIVISION OF DEVELOPMENTAL DISABILITIES (DDD - DSHS) 800-462-3038</p> <p>EXPRESS CHILD CARE 354-7312</p> <p>FAMILY CARE RESOURCES & REFERRAL 484-0048/800-446-2229</p> <p>HEAD START/EARLY HEAD START/ECEAP 533-4800</p> <p>LIBERTY PARK COMMUNITY DEVELOPMENT CENTER 534-0957</p> <p>MARTIN LUTHER KING JR FAMILY CENTER: 455-8722</p> <p>SPOKANE CHILD DEVELOPMENTAL CENTER 924-2850</p> <p>SPOKANE GUILDS' SCHOOL 326-1651</p> <p>VANESSA BEHAN CRISIS NURSERY 535-3155</p>	<p style="text-align: center;">CHILDREN & TEENS CRISIS/SHELTERS</p> <hr/> <p>A CUP OF COOL WATER 747-6686</p> <p>CROSSWALK 838-6596</p> <p>EXCELSIOR 328-7041</p> <p>ODYSSEY 325-3637</p> <p>TAMARACK 326-8100</p> <hr/> <p style="text-align: center;">DOMESTIC VIOLENCE AND SEXUAL ASSAULT, CRISIS HOTLINES</p> <hr/> <p>SAFeT - SEXUAL ASSAULT 624-7273</p> <p>YWCA DOMESTIC VIOLENCE 24-hr Helpline 326-CALL (2255)</p> <hr/> <p style="text-align: center;">EMERGENCY</p> <hr/> <p>AMERICAN RED CROSS 326-3330</p> <p>CHAS CLINIC 24/7 Hotline: 866-418-1002</p> <p>DEACONESS HOSPITAL - MULTICARE Emergency & Trauma 458-5800</p> <p>POISON CONTROL CENTER 800 222-1222</p> <p>PROVIDENCE SACRED HEART MEDICAL CENTER & CHILDREN'S HOSPITAL Emergency & Trauma 474-3344</p> <p>SOBERING UNIT SERVICES 477-4625</p> <p>SPOKANE CRIME VICTIMS 866-751-7119</p> <p>WASHINGTON HEALTH CARE PLAN FINDER <i>wahealthplanfinder.org</i></p> <hr/> <p style="text-align: center;">ENERGY & FINANCIAL ASSISTANCE</p> <hr/> <p>CATHOLIC CHARITIES 358-4963</p> <p>SNAP ENERGY ASSISTANCE 456-7111</p> <p>SNAP FINANCIAL ASSISTANCE 456-710633</p>	<p>SSI/SSDI 800-772-1213/TDD 800-325-0778</p> <p>WA CSO (DSHS) 866-501-2233</p> <hr/> <p style="text-align: center;">FOOD BANKS AND WIC</p> <hr/> <p>SNAP (FOOD STAMPS) 877-501-2233</p> <p>NORTHWEST HARVEST 891-7012/294-2172</p> <p>SECOND HARVEST 534-6678/800-662-3136</p> <p>WIC SRHD 324-1620</p> <p>WIC WCCC 323-7497</p> <hr/> <p style="text-align: center;">SENIORS</p> <hr/> <p>ALTCEW 458-2509</p> <p>DSHS Abuse Hotline 866-END-HARM APS Intake: 323-9432/TTY568-3206 Central Intake: 323-9409 Residential Care Services 323-7304</p> <p>ELDER SERVICES 458-7450</p> <p>SPOKANE'S AGING AND DISABILITIES HELP LINE 960-7281</p> <hr/> <p style="text-align: center;">SUICIDE & CRISIS HOTLINE</p> <hr/> <p>24/7 TEXT LINE: 741741</p> <p>FAILSAFE FOR LIFE 475-7334</p> <p>FIRST CALL FOR HELP 838-4428 877 678-4428</p> <p>NATIONAL HOPELINES NETWORK 800-SUICIDE</p> <p>NATIONAL SUICIDE PREVENTION 800-273-TALK/TTY 800-799-4TTY(4889)</p> <p>PROVIDENCE SACRED HEART ADULT PSYCHIATRY 474-3131</p> <p>SPOKANE CNTY REGIONAL BEHAVIORAL HEALTH ORG (DSHS) 477-5722/800-273-5864 RSN Ombuds Service: 477-4666/866-814-340</p>
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COMMUNITY RESOURCE DIRECTORIES & GUIDES IN PRINT & ONLINE

<p>211 Washington Info http://win211.org</p> <p>Aging and Long Term Care altcew.org/links/</p> <p>Family Fun Guide thefamilyguide.org</p> <p>Housing Referrals, Affordable BUILDINGINW.com HousingIdaho.com HousingSearchNW.org</p> <p>In Health NW inlander.com</p>	<p>North Idaho Services: niservicesdirectory.com</p> <p>Parent help 123 parenthelp123.org</p> <p>Prime - Bozzi Media bozzimedia.com</p> <p>Spokane's Aging and Disabilities Help Line Spokanehelpline.org</p> <p>Spokane Senior Living Guide http://spokanewa.innovaging.com</p>	<p>Senior Pages - Spokane SeniorPages.com</p> <p>SpokaneCares.org</p> <p>Spokane Cnty United Way/VolunteerSpokane.org</p> <p>The Arc of Spokane http://www.arc-spokane.org/Resource_Guide</p> <p>WA Connection washingtonconnection.org</p> <p>Within Reach withinreachwa.org</p>
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