

## SENIOR NUTRITION SITES

CODES: HD - Meals on Wheels or Home Delivered Meals, SC - Senior Center (not listed in Senior Resources and Programs), SN - Senior meals and Senior nutrition sites, some offered by regional agencies, Spokane County locations offered by GSMOW suggested donation is \$3.95, COA in Whitman County is \$4.25. <http://wasnp.org>, SAS- Sandpoint Area Seniors, SVS - Silver Valley Seniors MOW

City/Zip	Site Name	Location	Phone	SC	SN	Hours/Meal type	Agency	Fee & MOW
99205	Agape @ Emmanuel Presbyterian	1926 W Chelan			60+	11:30, M-f	GSMOW	\$3.95
99001	Airway Heights Community Center	13120 W 13th Ave	244-4845	X	60+	11:30, T		
99202	American Indian Center	610 E North Foothills Dr	535-0886	X	60+	noon, M-F	GSMOW	\$3.95
99206	Appleway Court	221 S. Farr Road	838-6541		60+	11:30, M-F	GSMOW	\$3.95
99201	Canterbury Court	1010 S Rockwood			60+	11, M-F	GSMOW	\$3.95
99223	Clare House Retirement Community	4827 S. Palouse Highway	252-6500		60+	11, M-F	GSMOW	\$3.95
99205	Corbin Senior Center/Silver Cafe	827 W Cleveland	327-1584		60+	11, M-F	GSMOW	\$3.95
99006	Deer Park Senior Center	316 E Crawford	327-1584		60+	11, M-F	GSMOW	\$3.95
99201	The Delaney Apts	242 W Riverside Ave	747-5081		60+	11:15, M-F	GSMOW	\$3.95
99202	East Central Community Center	500 S Stone	868-0856	X	60+	B/L, M-F		\$3.95
99207	Hillyard Senior Center	4001 N Cook	482-0803	X	60+	noon, M-Th, 11:45, F	GSMOW	\$3.95
99202	Mid City Concerns Senior Center	1222 W 2nd	747-3257	X	60+	11:30, M-F	MCMOW	\$3.95, HD
99206	Opportunity Presbyterian	202 N Pines	924-9750		60+	11:30, M-F	GSMOW	\$3.95
99207	Otis Orchards Elementary	22000 E. Wellesley Ave	924-9823		60+	12:30, TTh	GSMOW	\$3.95
99201	Sinto Senior Activity Center	1124 W Sinto	327-2861	X	60+	11:30, T-F	GSMOW	\$3.95
99216	Spokane Valley Senior Center	2426 N Discovery Place	926-1937		60+	11, M-F	GSMOW	\$3.95
99201	St Aloysius Senior Center	330 E Boone (call by M to RSVP)	313-5896	X	N/A	noon, 1st Th	St Aloy	\$5.00
99219	Talon Hills	25000 E Hawkstone Ln	924-7705		60+	11, M-F	GSMOW	\$3.95
Cheney	Cheney Care Center	2219 N 6th St	235-6196		60+	noon, M-F	GSMOW	\$3.95, HD
Colfax	Plymouth Congregational	321 S Main	397-4305		60+	noon, W	COA	\$4.25
Lacrosse	Lacrosse Cafe		397-4305		60+	noon, 1st/3rd T	COA	\$4.25
Oakesdale	Oakesdale High School	1st & McCoy	397-4305		60+	12:30, W*	COA	\$4.25
Palouse	Palouse Community Center	220 E Main	397-4305		60+	noon, W	COA	\$4.25
Pullman	Pullman Senior Center	City Hall, 325 SE Paradise	397-4305	X	60+	11:45, MF	COA	\$4.25
Rosalia	Rosalia Methodist Church	214 S Whitman Ave	397-4305		60+	noon, T	COA	\$4.25
Tekoa	Tekoa High School	513 E College	397-4305		60+	12:15, Th*	COA	\$4.25
Valleyford	Valleyford Community Church	13015 S Madison	926-2142		50+	6:15, 3rd F		X
Bonnars Ferry	Senior's Hospitality Center, Inc	6635 Lincoln St	267-5553	X		noon, MTWF		\$3.50, HD
Clark Fork	Clark Fork Hope Area Seniors	1001 Cedar	266-1653	X	X	11:30, WF	SAS	HD
Coeur d'Alene	Lake City Senior Center	1916 Lakewood Dr	667-4628	X	60+	noon, MTWF		\$4.00, HD
Deary	Deary Senior Meal Site	Community Center, 403 Line St	877-1717	X	N/A	noon, T		X
Fernwood	Upriver Bible Church	64100 Hwy 3 South	245-6693	X	60+	noon, MTh		X
Hayden	Hayden Senior Center	9428 N. Govt. Way	762-7052	X	60+	noon, TTh		X
Kellogg	Kellogg Senior Meal Site	Shoshone Apts, 411 Bunker NE	752-1194		60+	noon, W	SVS	
Kendrick	Kendrick Senior Citizens Center	104 S Sixth/PO Box 38	289-5031	X	N/A	noon, WF		\$3.00
Lewiston	Lewiston Community Center	1424 Main St.	743-6983			11:30, M-W	CAP	\$4.00
Lewiston	Orchards UMC	1213 Burrell Ave.	743-9201			noon, M-W	CAP	\$4.00
Moscow	Moscow Senior Center	1912 Center, 412 E Third	877-3206	X	60+	noon, TTh	CAP	\$5.00, HD
Mullan	The Morning Club	17 Hunter Ave	752-1194		60+	noon, W	SVS	
Nezperce	Nezperce Senior Citizens	501 Cedar St.	937-2465			noon, MTh	NP	
Osburn	Osburn Senior Meal Site	VFW - 4th & Mullan	752-1194		60+	noon, M	SVS	
Osburn	Silver Valley Seniors, Inc.	726 E. Mullan Ave.			60+	noon, T; HDM: M-F	SVS	HD
Orofino	Orofino Senior Center	121 S Lodge St	476-4328			noon, T, F		
Pinehurst	Community Bible Church	210 Main St	752-1194		60+	noon, F	SVS	
Plummer	Plummer Senior Center	888 C St	686-1863	X	60+	noon, TF		
Post Falls	Post Falls Senior Center	1203 E 3rd Ave	773-9582	X	60+	11:45, MWF		HD
Potlatch	Potlatch Senior Citizens	IOOF/Rebekah Hall on Pine St.	875-1071			noon, T, F		
Rathdrum	Rathdrum Senior Citizen's Center	8037 W Montana St	687-2028	X	60+	noon, TTh; 8am, Sun;		HD
Rose Lake	Rose Lake Community Center	Old Rose Lake School Hwy 3	752-1194	X	60+	noon, T	SVS	
St Maries	East Benewah Council for Aging	711 Jefferson	245-3546			noon, MWF		
Sandpoint	Sandpoint Area Senior Inc	820 Main St/ PO Box 614	263-6860	X	60+	11:30am M-Th, 8:30 F	SAS	HD
Spirit Lake	Spirit Lake Seniors	218 N 4th Ave	623-6125			5:30pm, M, W		HD
Tensed	Tensed Community Senior Citizens	260 3rd	247-2851	X	N/A	noon, MTh		X
Wallace	Wallace Senior Drop In-Center	621 Cedar St	752-1194/5411	X	60+	noon, Th	SVS	X
Worley	Worley Senior & Community Center	9936 W. "E" St.	686-1258	X	60+	noon, T-Th	Worley	