

# Medical Health

## HOLISTIC HEALTH

FB: [CDA Healthy Living](#)  
[holisticfestivals.com](#)  
[spokaneherbalfaire.org](#)

### CDA Acupuncture & Holistic Healing

208-665-2293  
 810 E Sherman [cdahealing.com](#)  
 Coeur d'Alene 83814 Fax: 908-6038  
 Toby Hallowitz, ND, MSOM, LAc  
 Acupuncture, holistic skin care, naturopathic medicine & nutrition. Offers COVID-19 antibody testing.

### Hallowitz Holistic Healing

101 N Evergreen, Spokane Valley  
[dr-toby.com](#) 228-3528  
 Toby K Hallowitz, ND, MSOM, LAc  
 Acupuncture, holistic skin care, naturopathic medicine & nutrition.

## HEALTH RESOURCES

[hca.wa.gov](#)

### Bonner General Health

520 N 3rd Ave 208-263-1441  
 PO Box 1448, Sandpoint 83864  
[bonnergeneral.org](#)

### Bonner Partners in Care Clinic

2101 Pine St 208-255-9099  
 Sandpoint 83864  
[bonnerpartnersincareclinic.org](#)  
 Volunteer doctors, practitioners and others provide health care to residents who have no medical insurance and meet eligibility criteria. Clinics open, T & Th.

### Boundary Community Hospital

6640 Kaniksu St 208-267-3141  
 Bonners Ferry 83805  
[boundarycommunityhospital.org](#)  
 Outpatient Clinic, Comanche St

### CHAS Health

444-8200  
 203 N Washington, Ste 300, 99201  
**Billing:** 444-7880  
[chas.org](#) Fax: 444-7806  
**24/7 Nurse Hotline: 866-418-1002**  
 Nonprofit system of community clinics providing medical, dental, behavioral health, pregnancy and pharmacy services to people of all ages regardless of insurance status or ability to pay. Assists in enrolling patients in WA Apple Health and other marketplace insurance options. Bills private insurance or uses sliding fee scale based on income and household size.  
**SPOKANE CITY & COUNTY 444-8200**  
 These locations offer medical, behavioral health and pharmacy.  
 5921 N Market, Spokane  
 3919 N Maple, Spokane  
 914 W Carlisle Ave, Spokane  
 1001 W 2nd Ave, Spokane  
 817 S Perry, Ste B, Spokane

15812 E Indiana, Spokane Valley  
 5620 S Regal St., Suite 11  
 401 S Main St, Deer Park 99006  
 1720 2nd St, Cheney 99004  
 (medical and behavioral health)  
**NURSE PRACTITIONER RESIDENCY CLINIC**

15812 E Indiana Ave, Ste 101  
**URGENT CARE CLINICS**  
 Spokane Urgent Care-North 434-1990  
 5901 N Lidgerwood, Ste 126  
 Spokane Urgent Care - Valley  
 1502 N Vercler Rd 444-8204  
**CLINICS IN PALOUSE/LC VALLEY**  
**LATAH COMMUNITY HEALTH 208-848-8300**  
 803 S Main, Moscow 83843  
 medical/pharmacy/behavioral health  
**LEWIS & CLARK VALLEY 208-848-8300**  
 338 6th, Ste 101, Lewiston 83501  
 medical/pharmacy/behavioral health  
**OTHER SERVICES:**  
 -Healthcare for Homeless 444-8200  
 -Pharmacy Services: 444-8200  
 -Healthy Living classes: 444-8200  
[chas.org/healthy-living](#)

### Clearwater Valley Hospital & Clinics

[smh-cvhc.org](#) 208-476-4555  
 301 Cedar, Orofino 83544  
**KOOSKIA CLINIC 208-926-7801**  
 201 Thenon St, 83539  
**OROFINO CENTER 208-476-5777**  
 1055 Riverside, 83544  
**PIONEER CLINIC 208-464-2578**  
 105 W Carle St, Pierce 83546

### Concentra (US Health Clinics)

[concentra.com](#)  
 Urgent care, work injuries and employment listing. Discounts for cash for uninsured clients.  
**NORTHSIDE 467-4545**  
 9222 N Newport Hwy, Ste 1  
**SOUTH HILL 2005 E 29th 747-0770**  
**SPOKANE VALLEY**  
 15425 E Mission 924-7010

### Columbia County Health Service

[cchd-wa.org](#)  
**DAYTON GENERAL HOSPITAL**  
 1012 S 3rd St, 99328 382-2531  
**COLUMBIA FAMILY CLINIC**  
 1012 S 3rd St, 99328 382-3200  
**WAITSBURG CLINIC**  
 235 E Main St, 99361 337-6311

### Deer Park Family Care Clinic

905 E D St [dpfcc.com](#) 276-5005  
 PO Box 1529, Deer Park 99006  
 Accepts Medicare, Medicaid, all insurances. Sliding fee scale.

### East Adams Rural Hospital

**ADAMS COUNTY PUBLIC HOSPITAL DIST #2**  
 903 S Adams St 659-1200  
 Ritzville 99169 [earh.com](#)  
**RITZVILLE CLINIC 659-1200**  
 903 S Adams  
**WASHTUCNA CLINIC 646-3290**  
 545 SE Church

### Excelsior Health Clinic

3754 W Indian Trail Rd, 99208  
[excelsiorwellness.org](#) 559-3100  
 Offers wellness checks, immunizations, health screenings preventive care, sports physicals, behavioral health and optometry; takes most insurance.

### Family Medical Center

525-6650  
 1120 W Rose St Dental: 525-0247  
 Walla Walla 99362 [yvwf.com](#)  
 Clinic Dir: Matthew Davy  
 Serves the families of the Walla Walla area with medical, dental, Nutrition Services/WIC, adolescent counseling and more in an up-to-date clinic.

### Ferry County Memorial Hospital

FERRY COUNTY PUBLIC HOSPITAL DISTRICT  
 36 Klondike Rd 775-3333  
 Republic 99166 [fcphd.org](#)  
**-REPUBLIC MEDICAL CLINIC 775-3153**  
 10 Ross Circle, 99166

### Franklin Park Urgent Care Center

792-3474  
 5904 N Division, 99208 [fpucc.com](#)  
 Offers minor emergency care, sports physicals (all levels) and injuries, work related injuries (L&I), minor shots, some disease testing and labs.

### Garfield County Public Hospital

66 N Sixth St 843-1591  
 Pomeroy 99347 [pomeroymd.com](#)

### Gritman Medical Center

700 S Main St 208-882-4511  
 Moscow 83843 800-526-CARE  
[gritman.org](#)  
**KENDRICK CLINIC 289-3841**  
 606 E Main St  
**POTLATCH CLINIC 875-2380**  
 156 N 6th St  
**TROY CLINIC 412 S Main 835-5550**

### Heritage Health Center

6795 N Mineral Dr 208-620-5200  
 Coeur d'Alene 83815  
[myheritagehealth.org](#) Fax: 292-0705  
 Medical, dental and mental health services, regardless of income or insurance. Sliding scale and payment plans for uninsured.  
**COEUR D'ALENE CLINIC 215-2005**  
 1090 W Park Pl, 83814  
**POST ACUTE CLINIC 620-5262**  
 1250 Ironwood Dr, Ste #201  
 Coeur d'Alene 83814  
**POST FALLS CLINIC 618-0787**  
 925 E Polston Ave, 83854  
**RATHDRUM CLINIC 687-5627**  
 16760 N Hwy 41, 83835  
**SILVER VALLEY MOUNTAIN HEALTH SERVICES 783-1267**  
 740 McKinley, Kellogg 83837

**Telehealth**  
 Excelsior  
 Excelsior Telehealth is here to help!

You don't have to be alone while **social distancing.**

The Excelsior Telehealth team is ready to service participants or community members in need. Please visit our website or call (509) 559-3100.

**EXCELSIOR**

(509) 559-3110 [ExcelsiorWellness.org](#)

**Quality Healthcare in Your Neighborhood**

Medical • Dental • Pharmacy • Behavioral Health

Call for an appointment today!

**CHAS** health

Everyone Welcome  
 509.444.8200 • [chas.org](#)

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EFHC, 631 S Richard Allen, #215 - Spokane WA 99202 - 509-535-4112

### Inland Northwest Health Services - INHS 232-8100

601 W 1st Ave, 99201  
PO Box 469, 99210 *inhs.info*  
**Community Wellness 232-8165**  
**St Luke's Rehab Inst 232-8160**

Provides collaboration in health care services on behalf of the community and its member organization, Providence Health.

### Kaiser Permanente Medical Centers *kp.org*

**Consulting Nurse Srvc 800-267-6877**  
**Member Services 888-901-4636**  
**Social Work Services 877-216-6216**  
**SPOKANE - LIDGERWOOD 482-4402**  
6002 N Lidgerwood St, 99208  
**SPOKANE - RIVERFRONT 324-6464**  
322 W North Hill Dr, 99201  
**SPOKANE - SOUTH HILL 535-2277**  
4102 S Regal St, Ste 101, 99223  
**SPOKANE VALLEY - VERADALE 922-2625**  
14402 E Sprague Ave, 99216

### Kaniksu Health Services

POB 2160 *kaniksuhealthservices.org*  
Sandpoint 83864 **208-263-7101**  
Low cost clinic for those facing hardship, including the uninsured, migrant and seasonal farm workers, those living in rural areas and the homeless. Accepts most insurances including Medicaid and Medicare. A sliding scale is also available.  
**BONNERS FERRY CLINIC**  
6615 Comanche St, 83805  
**PRIEST RIVER CLINIC**  
6509 Hwy 2, Ste 101, 83856  
**SANDPOINT CLINIC**  
30410 Hwy 200, Ponderay 83852

### Kootenai Health 208-625-4000

Kootenai Medical Center, 2003 Kootenai Health Way  
Coeur d'Alene 83814 *KH.org*  
**Appointment Center 208-625-6767**  
*AppointmentCenterKH.org*  
Assists people in finding a physician to meet their needs.  
**KOOTENAI URGENT CARE CLINICS**  
566 W Prairie, 83815 **208-772-9110**  
**POST FALLS CLINIC 208-777-9110**  
1300 E Mullan, #600, 83854

### Lincoln Hospital 725-7101

10 Nichols St, Davenport 99122  
Clinic **725-7501/888-747-2728**  
100 Third St *lincolnhospital.org*  
**REARDAN HEALTH CLINIC 796-2737**  
550 E Broadway/Box 629  
**WILBUR CLINIC 647-5321**  
214 SW Main/Box 582

### MultiCare Emergency Dept

**DEACONESS HOSPITAL *multicare.org* 458-5800**  
800 W Fifth, 99204  
**DEACONESS NORTH EMERGENCY**  
8202 N Division, 99208 **473-3333**  
**VALLEY HOSPITAL 924-6650**  
12606 E Mission, 99216

### MultiCare Hospitals *multicare.org*

**DEACONESS HOSPITAL**  
800 W Fifth, 99204 **458-5800**  
**VALLEY HOSPITAL 924-6650**  
12606 E Mission, 99216

### MultiCare Indigo Urgent Care *indigourgentcare.com*

**ARGONNE/MILLWOOD 598-7870**  
2401 W Wellesley, Ste 103, 99205  
**NORTH SPOKANE 598-7744**  
9420 N Newport Hwy, Ste 103  
**SHADLE PARK**  
2401 W Wellesley Ave, Ste C  
**SOUTH HILL 598-7810**  
4911 S Regal St, 99223  
**VALLEY 598-7820**  
15605 E Sprague, 99216

### MultiCare Rockwood Clinics *multicare.org*

**AIRWAY HEIGHTS CLINIC 342-3380**  
10414 W Hwy 2, Ste 10, 99224  
**CHENEY NEIGHBORHOOD CLINIC**  
19 N 7th St, 99004 **235-6151**  
**DEER PARK CLINIC 755-5424**  
20 E J St, 99006  
**MORAN PRAIRIE 724-4150**  
3016 E 57th Ave, Ste 27, 99223  
**MEDICAL LAKE CLINIC 755-5300**  
725 N Stanley St, Ste D, 99022  
**QUAIL RUN CLINIC 755-5250**  
2214 E 29th, 99203  
**VALLEY CLINIC 99216 744-5710**  
13221 E 32nd Ave, Ste 1

### MultiCare Rockwood Urgent Care *multicare.org*

**DOWNTOWN 342-3100**  
400 E 5th Ave, Ste 1 N, 99202  
**LIBERTY LAKE 342-3990**  
1326 N Stanford Ln, 99019

### Native Project Medical Clinic

1803 W Maxwell, 99201 *nativeproject.org* **483-7535**  
Provides primary and preventive care sport physicals, well-child checks, immunizations, health education, chronic illness management, treatment of minor diseases, women's/men's health care, mental health and substance abuse. Accepts Medicaid, Medicare and most private insurances.

### Newport Hospital & Health Services 447-2441

714 W Pine St, Newport 99156  
*newporthospitalandhealth.org*  
Family Health Center **447-3139**

### NE Washington Health Programs

509 E Main Ave **935-6001**  
PO Box 808, 99109 Fax: **935-4196**  
*newhp.org* **Billing: 935-4730**  
**CHEWELAH COMMUNITY HEALTH CNTR**  
518 E Clay St, 99109 **935-8424**  
Fax: **935-8402**  
**COLVILLE COMMUNITY HEALTH CENTER**  
358 N Main St, 99114 **684-1440**  
Fax: **684-2745**  
**KETTLE RIVER COMMUNITY HEALTH CENTER**  
Fax: **684-1464**

141 Third, Orient 99160 **684-5521**  
**LAKE SPOKANE COMMUNITY HEALTH CENTER 464-3627**  
5952 Blackstone Fax: **466-9517**  
Nine Mile Falls 99026  
**LOON LAKE COMMUNITY HEALTH CENTER**  
3994 Colville Rd, 99148 **233-8412**  
Fax: **233-2864**  
**NORTHPORT COMMUNITY HEALTH CENTER 732-4252**  
411 Summit, 99157 Fax: **732-4318**  
**SELKIRK COMMUNITY HEALTH CENTER**  
208 Cedar Creek Terrace **442-3514**  
Ione 99139 Fax: **442-3436**  
**SPRINGDALE COMMUNITY HEALTH CENTER 258-4234**  
114 S Main, 99173 Fax: **258-4499**

### Northwest Specialty Hospital

Corner of Mullan & Syringa  
1593 E Polston Ave **208-262-2300**  
Post Falls 83854 Fax: **262-2700**  
*NWSHinfo@nshinc.com*  
*northwestspecialtyhospital.com*  
Owned and operated by a team of local physicians with a shared mission of delivering patients superior care at low cost.  
**NORTHWEST URGENT CARE *nwurgent.com* 208-209-2060**  
**COEUR D'ALENE**  
315 W Dalton Ave, Ste A, 83815  
**POST FALLS**  
750 Syringa St, Ste 100

### Northern Idaho Advanced Care Hospital 208-262-2800

600 N Cecil, Post Falls 83854  
*niach.ernesthealth.com*  
Long-term acute & critical care services for patients recovering from serious illness/injuries.

### Odessa Memorial Healthcare Center *omhc.org*

502 E Amende Dr **982-2611**  
PO Box 368, Odessa 99159  
**RURAL CLINIC 982-2614**  
510 E Amende Dr/PO B 190, 99159

### Palouse Free Clinic 334-9147

825 SE Bishop Blvd, Ste #140  
Pullman 99163 *FB:palousefreeclinic*  
*palousefreeclinic@gmail.com*

### Providence Health Clinics

*washington.providence.org*  
**PROVIDENCE EXPRESS CARE**  
Lincoln Heights **888-227-3312**  
2923 E 29th Ave, 99223  
**PROVIDENCE FAMILY MEDICINE**  
**INDIAN TRAIL (SPOKANE) 385-0610**  
5011 W Lowell, Ste 100, 99208  
**HAWTHORNE (SPOKANE) 252-1900**  
551 E Hawthorne Rd, 99218  
**NORTH (SPOKANE) 252-9602**  
212 E Central, Ste 440, 99208  
**RESIDENCY CLINIC - SPOKANE 626-9900**  
**TEACHING HEALTH CLINIC Fax: 626-9917**  
624 E Front Ave, 99202  
**SPOKANE VALLEY - 99216**  
13102 E Mission Ave **928-0300**

**PROVIDENCE FAMILY PHYSICIANS**  
Providence Medical Park  
16528 E Desmet, Ste B3100  
Spokane Valley **994-9440**  
**PROVIDENCE FAMILY PRACTICE 522-5522**  
380 Chase, Walla Walla 99362

### Providence Hospitals

*washington.providence.org*  
**HOLY FAMILY HOSPITAL 482-0111**  
5633 N Lidgerwood, 99208  
**MOUNT CARMEL HOSPITAL 684-2561**  
982 E Columbia, Colville 99114  
**SACRED HEART MEDICAL CENTER & CHILDREN'S HOSPITAL 474-3131**  
101 W 8th Ave, 99204  
**ST JOSEPH'S HOSPITAL**  
500 E Webster **935-8211**  
PO Box 197, Chewelah 99109

### Providence Northeast Washington Medical Group

*washington.providence.org*  
**CHEWELAH 100 W South 935-8111**  
**COLVILLE 1200 Columbia 684-3701**  
**GARDEN HOMES CLINIC 684-3701**  
143 Garden Homes Dr  
**KETTLE FALLS 840 S Meyers 685-7848**

### Providence Urgent Care

*washington.providence.org*  
**DOWNTOWN 474-2100**  
412 S Division, 99202  
**NORTH SPOKANE 489-2369**  
551 E Hawthorne Rd, 99218

### Pullman Regional Hospital

835 SE Bishop, Pullman 99163  
*pullmanregional.org* **332-2541**

### St Joseph Regional Medical Center

**208-743-2511**  
415 Sixth Ave **800-678-2511**  
Lewiston 83501 *sjrhc.org*

### St Mary's Hospital & Clinics

701 Lewiston St **208-962-3251**  
Clarkston 83522 *smh-cvhc.org*  
**COTTONWOOD CLINIC**  
701 Lewiston St **208-962-3267**  
**CRAIGMONT CLINIC 208-924-5504**  
320 N Division  
**ELK CITY CENTER 131 Main St, 83525**  
**GRANGEVILLE CENTER 208-983-6027**  
617 West North 2nd, Ste 2, 83530  
**KAMIAH CENTER 208-935-2585**  
518 Oak, 83536  
**NEZPERCE CLINIC 208-937-2496**  
501 Oak, 83543

### School of Nursing & Human Physiology - Gonzaga Univ

502 E Boone Ave, 99258  
*gonzaga.edu/SNHP* **313-3569**  
*zaranski@gu.gonzaga.edu*

### Shoshone Medical Center

25 Jacobs Gulch **208-784-1221**  
Kellogg 83837 *shoshonehealth.org*

### Spokane Street Aid

*spokanestreetmed@gmail.com*  
*FB: Spokane-Street-Aid*  
Rebecca Daignault-Walker



## General Information

Main Line.....	509.324.1500
Toll Free .....	888.535.0597
TDD.....	509.324.1464
1101 West College Avenue, Spokane, WA 99201-2095	

## Administration

Administrative Officer .....	324.1512
Health Officer .....	323.2855
Tuberculosis.....	324.1613
Human Resources.....	324.1558
Finance .....	324.1501
Financial Services ( <i>payments/billing</i> ) .....	324.1601
Vital Records ( <i>birth and death certificates</i> ) .....	324.1601
Public Information/Communications .....	324.1668

## Environmental Public Health

Main Line .....	324.1560
Liquid Waste ( <i>septic systems</i> ) .....	Ext. 1
Food Safety ( <i>restaurants</i> ) .....	Ext. 2
Solid Waste ( <i>inspections and complaints</i> ) .....	Ext. 3
School Safety Program.....	Ext. 4
Water Recreation ( <i>public pool/spa inspections</i> ) ....	Ext. 4
Environmental Resources ( <i>land use, EnviroStars, site hazard assessment, water well drilling</i> ) .....	Ext. 6
Animal-Carried Diseases ( <i>including animal bites</i> ) .	Ext. 7
Food Worker Cards .....	Ext. 8

## Preventive Public Health

### Community Health

ABCD Oral Health .....	324.1478
Breast, Cervical, and Colon Health ( <i>BCCHP</i> ) .....	323.2851
Children and Youth with Special Health Care Needs.....	324.1696
Community Health Workers .....	324.1587
Healthy Living .....	324.1622
Infant-Toddler Network .....	324.1651
Neighborhoods Matter.....	324.1666
Nurse-Family Partnership .....	324.1621
SNAP-Ed.....	324.3630
Women, Infants and Children ( <i>WIC</i> ).....	324.1620

### Disease Prevention and Response

Communicable Disease Epidemiology .....	324.1442
Emergency Preparedness and Response .....	324.1673
HIV Case Management .....	324.1542
HIV/STD Prevention: Testing .....	324.1494
Immunization Assessment and Promotion .....	324.1611
Syringe Services ( <i>M-F, 3:00 - 5:00 p.m.</i> ) .....	324.1686

### Quality Planning and Assessment

Main Line.....	324.1668
Data Center.....	324.2853
Health Equity .....	324.1555

### Treatment Services

Opioid Treatment Program ( <i>OTP</i> ) .....	324.1420
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Partners with EW Progressives and SCAR, to provide care for anyone, including free STD screening and needle exchanges. Helps people on the street who are hurt and come to their medical table.

**Spokane Teaching Health Center - WSU SPOKANE**  
624 E Front, 99210 **636-9900**  
[spokane.wsu.edu/sthc/](http://spokane.wsu.edu/sthc/)  
Residency program with students in Health Sciences from WSU and EWU in family medicine, internal medicine, psychiatry. Offers rural training track.

**Syringa Hospital & Clinics**  
607 W Main St **208-983-1700**  
Grangeville 83530 [syringahospital.org](http://syringahospital.org)  
**GRANGEVILLE CLINIC** **983-8590**  
722 W North St, 83530  
**KOOSKIA CLINIC** **926-4776**  
022 N Main St/ POB 29, 83539

**Total Health Physician Group**  
619 S Washington, Ste 203  
Moscow 83843 **208-892-1346**  
Pullman Hospital, 825 SE Bishop Blvd, Ste 901, Pullman 99163  
[totalhealthphysicians.com](http://totalhealthphysicians.com) **332-6688**

**Tri State Memorial Hospital**  
1221 Highland Ave **758-5511**  
Clarkston 99403 **866-814-3412**  
[tristatehospital.org](http://tristatehospital.org)

**Unify Community Health**  
Clinic Dir: Kai Nevala [yvfwc.org](http://yvfwc.org)  
Experienced family practice providers offer a full spectrum of care, including prenatal care and delivery, and care for children. Dental, nutrition, behavioral health, lab and pharmacy services are available for patients.  
**MISSION** **326-4343**  
120 W Mission, 99201 **Fax: 329-2280**  
**NORTHEAST** **483-3427**  
4001 N Cook St **Fax: 482-5062**  
99207 **Dental 326-4382**  
**WEST CENTRAL CC** **327-4646**  
1603 N Belt St **Fax: 327-7209**

**University of Washington - School of Medicine**  
[carolw7@uv.edu](mailto:carolw7@uv.edu) [washington.edu/spokane/medical-school/](http://washington.edu/spokane/medical-school/)

**WA Assn of Community & Migrant Health Centers**  
101 Capitol Way N, Ste 201  
Olympia 98501 **360-786-9722**  
[staff@wacmhc.org](mailto:staff@wacmhc.org) [wacmhc.org](http://wacmhc.org)  
Advocates for low-income, uninsured and under-served populations of WA state served by community health centers. Services in Spokane at CHAS, NATIVE Project and Yakima Valley Family Wellness Centers.

**Washington Rural Health Assn**  
POB 882, 99210 [wrha.com](http://wrha.com) **489-4641**  
Rural health services & advocacy.

**Whitman Hospital & Medical Center** **TDD/TDY 397-2379**  
1200 W Fairview **397-3435**  
Colfax 99111 [whitmanhospital.com](http://whitmanhospital.com)

**WSU Health Sciences**  
PO Box 1495, 99210 **324-7360**  
Ship: 412 E Spokane Falls Blvd, 99202 **Fax: 324-7341**  
[spokane.wsu.edu](http://spokane.wsu.edu)  
**WSU ELSON S FLOYD COLLEGE OF MEDICINE** [wsu.medicine@wsu.edu](mailto:wsu.medicine@wsu.edu)  
[medicine.wsu.edu](http://medicine.wsu.edu) **358-7944**

**BLOOD/DONOR PROG**  
**AMERICAN RED CROSS** **326-3330**  
[redcross.org](http://redcross.org)  
**CSL PLASMA, INC** [cslplasma.com](http://cslplasma.com)  
Pays for blood plasma.  
-2126 N Monroe St **340-6404**  
-9621 E Sprague **926-1881**  
**DONATE LIFE AMERICA**  
[donatelife.net](http://donatelife.net) **804-377-3580**  
**LIFE CENTER NORTHWEST**  
[lcnw.org](http://lcnw.org) **877-275-5269**  
**NATIONAL MARROW DONOR PROGRAM -BE THE MATCH REGISTRY**  
[bethematch.org](http://bethematch.org) **800-627-7692**  
**VITALANT** [vitalant.org](http://vitalant.org) **800-423-0151**  
**-BLOOD CENTER FOUNDATION OF THE INLAND NW** **877-258-4825**  
210 W Cataldo, 99201  
[bloodcenterfoundation.com](http://bloodcenterfoundation.com)

Raises funds and provides financial support to the mission of blood banking and related services, like transfusion and transplantation.  
**INLAND NW BLOOD CENTER**  
210 W Cataldo, 99201 **800-423-0151**  
**NORTH SPOKANE**  
10403 N Newport Hwy, 99218  
**VALLEY 12117 E Mission, 99216**  
**COEUR D'ALENE:**  
405 W Neider, Ste 102, 83815  
**LEWISTON:**  
1213 21st St, 83501

**BRAIN & NERVOUS SYSTEM**  
**AMERICAN HEART/STROKE** **818-3200**  
140 S Arthur, Ste 610, 99201 [heart.org](http://heart.org)  
**EPILEPSY FOUNDATION NW**  
2311 N 45th, #134, Seattle 98103  
[epilepsynw.org](http://epilepsynw.org) **206-547-4551**  
**844-721-3369**  
**HUNTINGTON'S DISEASE SOCIETY OF AMERICA** [hdsa.org](http://hdsa.org) **800-345-4372**  
**MULTICARE ROCKWOOD** [multicare.org](http://multicare.org)  
**NEUROLOGY CENTER** **342-3200**  
Deaconess Health & Education Center, 910 W 5th Ave, Ste 1000, 99204 **Fax: 755-6524**  
**NEUROSCIENCE INSTITUTE** **755-5700**  
12615 E Mission **Fax: 928-3834**  
Ste 300, Spokane Valley 99216  
**NEUROSURGERY & SPINE CNTR** **755-6735**  
Deaconess Medical Office, 801 W 5th, Ste 525, 99204 **Fax: 755-6527**  
**NATIONAL HEADACHE FOUNDATION**  
[headaches.org](http://headaches.org) **312-274-2650**

# Complete Health Care Services Regardless of Ability to Pay

- Medical, dental, and behavioral health
- Nutrition services
- Pharmacy services for clinic patients
- Services for children and adults
- Same-day appointments available
- Medicaid and private insurance accepted



Three Spokane locations to serve you:  
**Northeast:** 4001 North Cook Street **(509) 483-3427**  
**Mission Avenue:** 120 West Mission Avenue **(509) 326-4343**  
**West Central:** 1603 North Bell Street **(509) 327-4646**  
Call for an appointment today.



[yvfwc.com](http://yvfwc.com)

**NATIONAL SLEEP FOUNDATION**  
[sleepfoundation.org](http://sleepfoundation.org)  
**NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE**  
[ninds.nih.gov](http://ninds.nih.gov) **800-352-9424**  
**NATIONAL STROKE ASSN**  
[stroke.org](http://stroke.org) **888-478-7653**  
**Life after Stroke 208-799-5219**  
 St Joseph Regional Medical  
 PO Box 816, Lewiston 83501  
**North Idaho Stroke 208-262-8700**  
 Rehabilitation Hospital of NW,  
 3372 E Jenalan, Post Falls 83854  
[ashleybertagnole@ernesthealth.com](mailto:ashleybertagnole@ernesthealth.com)  
**Providence St Mary Medical Center 897-3320**  
 1st Flr Providence Rm, 401 W  
 Poplar St, Walla Walla 99362  
[tas4159@yahoo.com](mailto:tas4159@yahoo.com)  
**Vintage at Spokane Stroke Support Group 309-5662**  
 43 E Weile, 3rd flr Theatre, 99208  
**PROVIDENCE (SPOKANE)**  
[washington.providence.org](http://washington.providence.org)  
**EPILEPSY CENTER 474-6650**  
 105 W 8th Ave, Ste 318C, 99204  
**NEUROSCIENCE INSTITUTE 474-2894**  
 101 W 8th Ave, 99204  
**CHRISTOPHER AND DANA REEVE FOUNDATION** [christopherreeve.org](http://christopherreeve.org)  
**THE FOUNDATION FOR PERIPHERAL NEUROPATHY 877-003-9942**  
[foundationforpn.org](http://foundationforpn.org)  
**UNITED SPINAL ASSOCIATION**  
[unitedspinal.org](http://unitedspinal.org) **718-803-3782**

## CANCER TREATMENT

**AMERICAN CANCER SOCIETY 455-3440**  
 920 N Washington, Ste 200, 99201  
[cancer.org](http://cancer.org) **800-227-2345**  
**-CANCER HELPLINE 800-227-2340**  
**-COACHES VS CANCER 242-8281**  
[acsspokane.ejoinme.org/](http://acsspokane.ejoinme.org/)  
[SpokaneGameOn](http://SpokaneGameOn)  
**AMER. HEAD & NECK SOCIETY** [ahns.info](http://ahns.info)  
**BE THE MATCH** [bethematch.org](http://bethematch.org)  
 Bone marrow screening.  
**BREAST, CERVICAL & COLON HEALTH**  
 1101 W College, Ste 200, 99201  
[srhd.org](http://srhd.org) **888-461-8876**  
 Provides eligible men and women with free cancer screenings.  
**CANCER CARE NW WA 228-1000**  
 1204 N Vercler Rd  
 Spokane Valley 99216  
[cancercarenorthwest.com](http://cancercarenorthwest.com)  
**DOWNTOWN**  
 910 W 5th, Ste 102, 99204  
**NORTH SIDE**  
 605 E Holland, Ste 100, 99218  
**NORTH SPOKANE**  
 Providence Holy Family, 5633 N  
 Lidgerwood St, 99208  
**SOUTH HILL 601 S Sherman, 99202**  
**SOUTH SPOKANE**  
 Providence Sacred Heart Medical  
 101 W 8th Lower Lvl 3, 99204  
**SPOKANE VALLEY**  
 1204 N Vercler Rd, 99216  
**IDAHO: 208-754-3100**  
**COEUR D'ALENE - Kootenai Clinic,**  
 700 W Ironwood Dr, Ste 130, 83814

**POST FALLS - Kootenai Clinic 1440**  
 E Mullan Ave, 83854  
**OUTREACH CLINICS: 228-1000**  
**CHEWELAH 410 E King Ave, 99109**  
**COLVILLE** Mt Carmel Hospital  
 982 E Columbia, 99114  
**RITZVILLE**  
 East Adams Hospital  
 903 E Adams St, 99169  
**COMMUNITY CANCER FUND**  
 510 W Riverside, Ste 500, 99201  
[communitycancerfund@gmail.com](mailto:communitycancerfund@gmail.com)  
[communitycancerfund.org](http://communitycancerfund.org) **855-998-4CCF**  
**COMMUNITY CANCER SERVICES**  
 1205 Hwy 2, Ste 101B  
 Sandpoint 83864 **208-255-2301**  
[communitycancerservices.com](http://communitycancerservices.com)  
**HEAD AND NECK CANCER ALLIANCE**  
[headandneck.org](http://headandneck.org) **866-916-5107**  
**LEUKEMIA & LYMPHOMA SOCIETY**  
[lls.org](http://lls.org) **800-955-4572**  
**LUNG CANCER ALLIANCE SUPPORT AND EDUCATION HELPLINE 800-298-2436**  
[lungcanceralliance.org](http://lungcanceralliance.org)  
**MULTICARE ROCKWOOD CANCER AND BLOOD SPECIALTY CENTER**  
**DEACONESS/DOWNTOWN 755-5800**  
 Health & Education Center, 910  
 W 5th, Ste 700, 99204  
**Fax: 755-5845**  
**NORTH SPOKANE 724-4440**  
 309 E Farwell Rd, Ste 100, 99218  
**Fax: 459-1343**  
**SPOKANE VALLEY 99216 755-5850**  
 12410 E Sinto, Ste 101 **Fax: 343-0157**  
**NATIONAL CANCER INSTITUTE**  
[cancer.gov](http://cancer.gov) **800-+CANCER**  
**ORAL CANCER FOUNDATION**  
[oralcancerfoundation.org](http://oralcancerfoundation.org)  
**PROVIDENCE HEALTH CARE CANCER CENTER SUPPORT, TREATMENT 474-5490**  
**SKIN CANCER FOUNDATION**  
[skincancer.org](http://skincancer.org) **212-725-5176**

## CPR & FIRST AID

Offers classes in the Spokane area.  
 Call for specifics on class size, schedule, fees and age of participants.  
**AMERICAN RED CROSS 326-3330**  
[redcross.org](http://redcross.org)  
**CPR SAFETY SERVICES 888-415-8870**  
 1104 W Wellesley Ave, B-1  
[cprsaftyservice.com](http://cprsaftyservice.com) **638-8828**  
**HEALTH TRAINING NETWORK 638-8828 866-630-4033**  
**MEDICWORKS TRAINING CENTRE**  
 28 W 3rd Ave, 99201  
[medicworks.org](http://medicworks.org) **954-6555**  
**THE SAFETY CENTER 979-0849**  
 1317 W Kiernan Ave [thesafetycenter.us/first-aid-cpr-training/](http://thesafetycenter.us/first-aid-cpr-training/)  
**SHERI'S FIRST AID/CPR CLASSES 995-4879**  
 12308 E Broadway Ave, Ste 7  
 Spokane Valley [sheris-americanheartfirstaid-cprclasses.com](http://sheris-americanheartfirstaid-cprclasses.com)  
**SPOKANE VALLEY FIRE DEPT 928-1700**  
**ST LUKE'S REHAB 232-8138**  
 2411 N Pioneer Ln [st-lukes.org](http://st-lukes.org)  
**DENTAL CLINICS**  
**ASSOCIATED DENTISTS 326-5620**  
**CHAS DENTAL CLINIC** [chas.org](http://chas.org)

919 N Maple **444-8200**  
 1001W 2nd Ave  
 1720 2nd St, Cheney  
 401 S Main St, Deer Park  
 Lewis & Clark Dental Clinic, 844  
 6th St, Clarkston **208-848-8300**  
 East Mission Dental Clinic  
 1502 N Vercler, 99216  
**EWU DENTAL HYGIENE CLINIC**  
 310 N Riverpoint Blvd, 99202  
[ewuxrays@ewu.edu](mailto:ewuxrays@ewu.edu) **828-1300**  
[ewu.edu/chsph/programs/dental-hygiene/patient-information](http://ewu.edu/chsph/programs/dental-hygiene/patient-information)  
**FAMILY MEDICAL CENTER**  
 1120 W Rose St **525-0247**  
 Walla Walla 99362 [yvwfc.com](http://yvwfc.com)  
**HERITAGE HEALTH DENTAL**  
 1090 W Park Pl **208-292-0697**  
 Coeur d'Alene 83814  
[myheritagehealth.org](http://myheritagehealth.org) **Fax: 292-0357**  
**THE NATIVE PROJECT DENTAL CLINIC**  
 1803 W Maxwell, 99201  
[nativeproject.org](http://nativeproject.org) **483-7535**  
**NE WASHINGTON DENTAL CLINICS**  
 Colville Community Dental Clinic  
 370 N Main, 99114 **684-1440**  
**Fax: 684-1277**  
 Lake Spokane Community **464-0002**  
 Dental Clinic, 5952 Blackstone  
 Way, Ste 100 **Fax: 464-2378**  
 Nine Mile Falls 99026  
 Springdale Community **258-7543**  
 Dental Clinic **Fax: 258-7524**  
 105 N Second/POB 429, 99173  
**RIVERSIDE DENTAL CLINIC**  
 34705 N Newport Hwy, Ste A  
 Chattaroy 99003 **292-2211**  
[riversidemdc.com](http://riversidemdc.com)  
 M-F 9 - noon, Sat. Accepts  
 medical coupons and insurance.  
**SE WASHINGTON DENTAL PARTNERSHIP**  
 -N 310 Main St **397-6280**  
 Colfax 99111  
 -Pullman **332-6752**  
 -Pomeroy: 121 S Tenth St  
 PO Box 130, 99347 **843-3412**  
**SPOKANE DISTRICT DENTAL SOCIETY**  
 23403 E Mission Ave, Ste 218  
 Libery Lake 99019 **838-0436**  
[spokanedentalsociety.org](http://spokanedentalsociety.org)  
**UNIFY COMMUNITY HEALTH**  
**MISSION AVE CLINIC 326-4382**  
**NORTHEAST 326-4382**  
**WA DENTAL REFERRAL 800-448-3368**  
**WA DENTURISTS ASSN 800-680-9255**  
**Outside of WA 360-657-1940**  
[wadenturist.com](http://wadenturist.com)

## HEALTH EDUCATION

**CHAS HEALTHY LIVING**  
[chas.org/servicesed](http://chas.org/servicesed) **444-8200**  
**INHS COMMUNITY WELLNESS**  
 501 N Riverpoint Blvd, Ste 245,  
 99202 [wellness.inhs.org](http://wellness.inhs.org)  
 PO Box 469, 99210 **232-8138**  
**Health Training 242-4264**  
 Resources for public and  
 professional health education,  
 screenings, interventions and  
 wellness assessments.  
**NEIGHBORHOODS MATTER - SRHD**  
 1101 W College Ave, 99201  
[srhd.org](http://srhd.org) **324-1500**

Exercise, nutrition, suicide  
 prevention, senior falls, safety.

## HIV/AIDS PROGRAMS

**CHIV (CHAS HIV CLINIC)**  
[chas.org/services/medical/hiv-program](http://chas.org/services/medical/hiv-program) **444-8200**  
 A Ryan White-funded HIV  
 program in Eastern WA & NID.  
**DSHS HIV CLIENT SVCS 877-376-9316**  
**MULTICARE ROCKWOOD HIV**  
**CRITICAL CARE CLINIC 342-3070**  
 Deaconess Health & Educ Center  
 900 W 5th, Ste 1001, 99204  
[multicare.org](http://multicare.org) **Fax: 459-1584**  
**NATIONAL PREVENTION INFORMATION NETWORK** [npin.cdc.gov](http://npin.cdc.gov)  
**NATIVE PROJECT MEDICAL CLINIC**  
 1803 W Maxwell, 99201  
[nativeproject.org](http://nativeproject.org) **483-7535**  
**NORTH IDAHO AIDS COALITION**  
 2201 N Government Way, Ste E  
 Coeur d'Alene 83814 **208-665-1448**  
[northidahoaidcoalition.org](http://northidahoaidcoalition.org)  
 Offers free services like HIV  
 testing, mobile testing and  
 education, Hepatitis C tests.  
 Also offers medical case  
 management, Ryan  
 White Part B, AIDS Drug Assist  
 Program, Idaho AIDS Drug Assist  
 Program, Housing Opportunities  
 for persons with AIDS.  
**PROVIDENCE HIV CLINIC 626-9900**  
 Spokane Teaching Health Clinic  
 624 E Front Ave, 99202  
**SRHD - HIV/STDS PROGRAM**  
 1101 W College, Rm 372, 99201  
[srhd.org](http://srhd.org) **324-1542**  
 HIV and hepatitis C testing,  
 partner notification, needle  
 exchange, case management,  
 education and health-care  
 provider training. Resources  
 about HIV/AIDS.  
**SPOKANE AIDS NETWORK - SAN**  
 1121 S Perry, 99202 **844-1758**  
[spokaneaids@gmail.com](mailto:spokaneaids@gmail.com)  
**FB: SpokaneAIDS**  
 A community based, nonprofit  
 agency dedicated to minimizing  
 the impact of, and maximizing  
 awareness about, AIDS and  
 other consequences of HIV  
 infection on communities and  
 individuals in the Inland NW.  
 Offers emotional and material  
 support, info and referral, and  
 sex education.

## INSURANCE & HEALTH FOUNDATIONS

[healthcare.gov](http://healthcare.gov)  
**Advocacy, State**  
**HCFA-WA (HEALTH CARE FOR ALL - WA)** **707-742-3292**  
 PO Box 30596, Seattle 98113  
[info@healthcareforallwa.org](mailto:info@healthcareforallwa.org)  
[healthcareforallwa.org](http://healthcareforallwa.org)  
 Working for health care for all  
 WA residents, state-by-state,  
 and nationwide by 2020.

WHOLE WASHINGTON 202-794-1943  
PO Box 17500, Seattle 98127  
[info@wholewashington.org](mailto:info@wholewashington.org)  
[wholewashington.org](http://wholewashington.org)  
FB: [WholeWashington](https://www.facebook.com/WholeWashington)  
Single-Payer Healthcare for WA

## Foundation or Health Funds

**BETTER HEALTH TOGETHER**  
1209 W 1st Ave, 99201 321-7500  
[admin@betterhealthtogether.org](mailto:admin@betterhealthtogether.org)  
[betterhealthtogether.org](http://betterhealthtogether.org)

Offers the payment for, access to and integration of Medicaid services in WA: covers Adams, Ferry, Lincoln, Pend Oreille, Spokane and Stevens counties. Navigator Network is in-person assistance helping residents enroll in WA HealthPlanFinder.

**EMPIRE HEALTH FOUNDATION**  
1020 W Riverside, 99201  
PO Box 244, 99210  
[colleen@empirehealthfoundation.org](mailto:colleen@empirehealthfoundation.org)  
[empirehealthfoundation.org](http://empirehealthfoundation.org)  
Colleen Nick 315-1323

Invests in ideas and organizations that improve access, education, research, public policy and wellness to improve overall health to the region's residents.

**PROVIDENCE FOUNDATION**  
601 W 1st Ave, Ste 200, 99201  
Mail: 101 W 8th Ave, 99204  
[Phcfoundation@providence.org](mailto:Phcfoundation@providence.org)  
[washington.providence.org](http://washington.providence.org) 474-4917  
Donations help care for the most vulnerable in the community and support breakthrough technology that saves lives.

## Health Insurance, Rights & Equal Access

**OFFICE OF CIVIL RIGHTS** 800-368-1019  
**US DEPT OF HEALTH & HUMAN SERVICES**  
701 5th Ave, Ste 600 [hhs.gov/ocr](http://hhs.gov/ocr)  
Seattle 98101 TDD 800-537-7697  
Teaching health, social service workers and educating communities about civil rights laws, health privacy, patient safety confidentiality laws.

**WA STATE HUMAN RIGHTS COMMISSION,**  
SPOKANE DISTRICT 800-233-3247  
Rock Pointe Plaza III, 1330 N Washington St, Ste 2460, 99201  
[hum.wa.gov](http://hum.wa.gov) TTY 800-300-7525  
Investigates allegations of discrimination in employment, housing, public accommodation, credit and insurance.

## WA HealthPlanFinder

855-WAFINDER

**COMMUNITY SERVICE OFFICES DSHS**  
- WASHINGTON COUNTIES  
[dshs.wa.gov/onlinecs/applying\\_shtml](http://dshs.wa.gov/onlinecs/applying_shtml) 877-980-9220

Some of the programs below are offered directly by WA Health Plan Finder or are other Medicare or Medicaid insurance

programs

**AMBETTER TTY/TDD 877-941-9238**  
FROM COORD CARE 877-687-1197  
[ambetter.coordinatedcarehealth.com](mailto:ambetter.coordinatedcarehealth.com)  
**AMERIGROUP** [amerigroup.com](http://amerigroup.com)  
705 5th S, Ste 300, Seattle 98104

[shanda.blunt@amerigroup.com](mailto:shanda.blunt@amerigroup.com)  
Community Rel Rep: Yoshunda Blunt (Shanda) 405-1897  
Amerigroup is one of the MCO's for WA Apple Health Medicaid. Some people may want to check eligibility, enroll or have questions regarding their health insurance.

**COMMUNITY HEALTH PLAN OF WA**  
[wecare.chpw.org](http://wecare.chpw.org) 866-907-1904  
**HEALTHY KIDS TOGETHER PROGRAM**  
1209 W 1st Ave 99201 270-1869

[BetterHealthTogether.org](http://BetterHealthTogether.org)  
[reese@betterhealthtogether.org](mailto:reese@betterhealthtogether.org)  
Offers assistance with health insurance enrollment through Washington HealthPlanFinder. This allows individuals to select a Qualified Health Plan (QHP) off the Market Place outside normal Open Enrollment.

**KAISER PERMANENTE**  
[kaiserpermanente.org](http://kaiserpermanente.org)  
**Member Services 888-901-4636**  
**LIFEWISE HEALTH OF WA 844-961-9845**  
[lifewise.com](http://lifewise.com) 800-817-3056 TDD/TTY 711  
**MOLINA HEALTHCARE OF WASHINGTON**  
- SPOKANE 800-869-7175  
1330 N Washington, Ste 4000, 99201

**PACIFIC SOURCE**  
855-931-0442 (TTY 711)  
[pacificsourcemembersfirst.com](http://pacificsourcemembersfirst.com)  
**PROVIDENCE (HEALTH INSURANCE)**  
[healthplans.providence.org/](http://healthplans.providence.org/)  
**Customer Service**  
503-574-7500 800-878-4445

**UNITED HEALTHCARE, COMMUNITY OUTREACH AND MEDICARE RESOURCES**  
Community Outreach (Medicare Resources). Available by telephone only to assist those with Medicare resources. 481-1755

## Your Health Idaho

[YourHealthIdaho.org](http://YourHealthIdaho.org)  
**IDAHO STATEWIDE SOCIAL SERVICES ASSISTANCE PROGRAMS BY COUNTY**  
Medical assistance to uninsured.  
**BONNER COUNTY INDIGENT OFFICE**  
1500 Hwy 2, Ste 122 208-255-5291  
Sandpoint 83864 208-255-3630  
[assistance@co.bonner.id.us](mailto:assistance@co.bonner.id.us)  
[bonnercounty.id.gov](http://bonnercounty.id.gov) Fax: 255-2554

**KOOTENAI COUNTY**  
451 Government Way, 83814  
PO Box 9000 208-446-1886  
Coeur d'Alene 83816  
[kcgov.us](http://kcgov.us) Fax: 446-1887

**LATAH COUNTY** 208-883-7209  
522 S Adams Fax: 883-7204  
PO Box 8068, Moscow 83843  
[latah.id.us/social\\_services](http://latah.id.us/social_services)

**LEWIS COUNTY** 208-937-9248  
510 Oak St, Rm #1, Nezperce 83543  
[lewiscountyid.us](http://lewiscountyid.us)

**SHOSHONE COUNTY INDIGENT SERVICES** 208-752-8601  
700 Bank St, Ste 210, Wallace 83873  
[shoshonecounty.org](http://shoshonecounty.org) Fax: 752-8881  
Provides limited and temporary assistance to residents for the payment of some non-medical and medical expenses.

## INTERNAL - PULMONARY, CARDIOVASCULAR, LUNG

**AMERHEART/STROKE** 800-242-8721  
**AMER LUNG** [lung.org](http://lung.org)  
800-586-4872

**ASTHMA & ALLERGY FOUNDATION OF AMERICA** [aafa.org](http://aafa.org) 800-727-8462

**DEACONESS SLEEP LAB** 473-7750  
800 W 5th, 99204 [multicare.org](http://multicare.org)  
**MULTICARE ROCKWOOD**  
[multicare.org](http://multicare.org) Fax: 744-1741

**HEART AND VASCULAR CENTER**  
**DOWNTOWN SPOKANE** 755-5500  
Deaconess Health & Education Ctr, 910 W 5th, Ste 900, 99204

**NORTHPOINTE** 342-3010  
605 E Holland Ave, Ste 200, 99218

**SPOKANE VALLEY - 99206** 598-7800  
1215 N McDonald Rd, Ste 202,  
**COEUR D'ALENE CENTER** 208-765-2610  
980 W Ironwood, Ste 205, 83814

**POST FALLS** 208-457-1850  
750 N Syringa St, Ste 204, 83854  
Fax: 457-1849

**PROVIDENCE SPOKANE HEART INSTITUTE**  
122 W 7th Ave, 99204 474-3278  
[washington.providence.org](http://washington.providence.org)  
**HEART ATTACK PREVENTION**  
746-0262

**NW HEART & LUNG SURGICAL ASSOCIATES** 455-8820  
**PROVIDENCE CARDIOLOGY** 455-8820  
**VASCULAR INSTITUTE** 626-9440

**PROVIDENCE (SPOKANE)**  
[washington.providence.org](http://washington.providence.org)

**PULMONARY & SLEEP DISORDER CLINIC**  
Holy Family Hospital, 212 E Central, Ste 315, 99208 465-3919  
**SLEEP DISORDERS CNTR (WALLA WALLA)**  
401 W Poplar St, 99362 897-2708

**SLEEP & PERFORMANCE RESEARCH CENTER (WSU-SPOKANE)** 358-7500  
POB 1495, 99210 [labs.wsu.edu/sprc/](http://labs.wsu.edu/sprc/)

**SLEEP INSTITUTE OF SPOKANE**  
12615 E Mission Ave #200  
Spokane Valley 99216 232-3959

## INTERNAL - DIGESTIVE, DIABETES & ALLERGIES

**AMERICAN DIABETES ASSN**  
[diabetes.org](http://diabetes.org) 800-342-2383  
180 Nickerson St, Ste 309  
Seattle 98109 206-282-4616

**AMERICAN LIVER FOUNDATION**  
[liverfoundation.org](http://liverfoundation.org) 800-465-4837

**ASTHMA & ALLERGY FOUNDATION OF AMERICA** [aafa.org](http://aafa.org) 800-727-8462

**CROHN'S AND COLITIS FOUNDATION OF AMERICA** [ccfa.org](http://ccfa.org)  
**NW CHAPTER** 425-451-8455

[northwest@ccfa.org](mailto:northwest@ccfa.org)  
**DIABETES PREVENTION PROG -WSU-**  
**WHITMAN COUNTY** 397-6290  
**FOOD & ALLERGY RESEARCH & EDUCATION**  
[foodallergy.org](http://foodallergy.org) 800-929-4040

**GRITMAN MEDICAL DIABETES EDUCATION** 208-883-6341  
**INSTITUTE OF DIABETES, DIGESTIVE & KIDNEY DISEASE** [niddk.nih.gov](http://niddk.nih.gov)

**NATIONAL KIDNEY FOUNDATION**  
[kidney.org](http://kidney.org) 800-622-9010

**NATIONAL ASSN FOR CONTINENCE**  
[nafc.org](http://nafc.org) 800-252-3337

**MULTICARE ROCKWOOD** [multicare.org](http://multicare.org)  
**DIGESTIVE HEALTH** 755-5220

Deaconess Health & Educ. Ctr,  
910 W 5th Ave, Ste 501, 99204  
Fax: 455-8828

**ENDOCRINE SURGERY CENTER** 755-5700  
12615 E Mission Ave, Ste 300

Spokane Valley 99216 Fax: 755-6580  
**POISON CONTROL CENTER**

**TTY/Voice** 800-222-1222  
**PROVIDENCE INTERNAL MEDICINE** 747-1144

820 S McClellan St, Ste 200  
[washington.providence.org](http://washington.providence.org)

**SIMON FOUNDATION FOR CONTINENCE** 800-237-4666

## INTERPRETER SERVICES

-**PROVIDENCE HEALTH** 474-3184  
**Nursing Supervisor** 474-5160

[washington.providence.org/](http://washington.providence.org/)  
-**SPOKANE INTERNATIONAL TRANSLATION & LANGUAGE SERVICES, INC** 327-8064

104 S Freya St, Ste 116, 99202

## MASKS, COVID

<https://www.deaconess.com/How-to-make-a-Face-Mask>  
[masksforheroes.com](http://masksforheroes.com)  
[spokanemasks.com](http://spokanemasks.com)

**EMERGENCY MANAGEMENT** 477-3046  
**MASKS FOR HEROES**

[masksforheroes.com](http://masksforheroes.com)  
**SPOKANE EAR SAVERS** 216-6352

Mail: 10913 E 25th  
Spokane Valley 99206

FB: [SpokaneEarSavers](https://www.facebook.com/SpokaneEarSavers)  
**WORLD RELIEF** 484-9829

## MEDICAL ASSOCIATIONS

**CHEWELAH ASSOCIATED PHYSICIANS**  
410 E King 935-8711

PO Box 137, Chewelah 99109  
[chewelaphysicians.portalforpatients.com/portal/default.aspx](http://chewelaphysicians.portalforpatients.com/portal/default.aspx)

**SPOKANE COUNTY MEDICAL SOCIETY**  
[spcms.org](http://spcms.org) 325-5010

318 E Rowan, Ste 209, 99207

Provides telephone-only referrals to physicians who accept medical coupons, serve low-income or provide services for a reduced fee.

**TRI-COUNTY COMMUNITY HEALTH FUND**  
1200 E Columbia Ave 634-3701

Colville 99114

Other community Partners assists individuals without health insurance access necessary

=health services. Laboratory or imaging services provide health education and prevention services.

## PUBLIC HEALTH

**SPOKANE REGIONAL HEALTH DISTRICT**  
1101 W College Ave, 99201  
[srhd.org](http://srhd.org) **324-1500**

**NEIGHBORHOODS MATTER** **324-1500**  
Community driven, community-based approach to reduce the health disparities impacting maternal, child and family health.

**ADAMS COUNTY PUBLIC HEALTH DEPT**  
**ADAMS COUNTY INTEGRATED HEALTH CARE SERVICES** **488-2031**  
[co.adams.wa.us/departments/health.asp](http://co.adams.wa.us/departments/health.asp)

**ASOTIN COUNTY HEALTH DISTRICT**  
102 1st St [ac-hd.org](http://ac-hd.org) **243-3344**  
PO Box 306, Asotin 99402

**COLUMBIA COUNTY PUBLIC HEALTH DISTRICT** 270 E Main St **382-2181**  
Dayton 99328 [columbiaco.com/index.aspx?NID=18](http://columbiaco.com/index.aspx?NID=18)

**GARFIELD COUNTY HEALTH DEPT**  
121 S 10th [co.garfield.wa.us/health](http://co.garfield.wa.us/health)  
Pomeroy 99347 **843-3494**

**LINCOLN COUNTY HEALTH DEPT**  
90 Nicholls St, Davenport 99122  
[co.lincoln.wa.us/health](http://co.lincoln.wa.us/health)

**Public Health** **725-1001**  
**Environmental Health** **725-2501**

**NE TRI-COUNTY HEALTH DISTRICT**  
240 E Dominion **800-827-3218**  
Colville 99114 [netchd.org](http://netchd.org) **684-1301**

Locations:  
**FERRY COUNTY** **775-3111**  
147 N Clark, Ste **1800-876-3319**  
PO Box 584, Republic 99166

**PEND OREILLE COUNTY** **447-3131**  
605 Hwy 20 **800-873-6162**  
Newport 99156

**PANHANDLE HEALTH DISTRICT**  
Kootenai County Office  
8500 N Atlas Rd **208-415-5100**  
Hayden 83835 **800-878-2364**

[panhandlehealthdistrict.org](http://panhandlehealthdistrict.org)  
Clinical Services **208-415-5270**  
Environmental Health **208-415-5200**

Home Health **208-415-5160**  
Public Health Preparedness  
**208-415-5180**

**BENWAH COUNTY** **208-245-4556**  
137 N 8th St, St Maries 83861

**BONNER COUNTY** **208-263-5159**  
2101 W Pine St, Sandpoint 83864

**Environmental** **208-265-6384**  
**BOUNDARY COUNTY** **208-267-5558**  
7402 Caribou, Bonners Ferry 83805

**SHOSHONE COUNTY** **208-786-7474**  
35 Wildcat Way **ICP 208-783-0707**

**PUBLIC HEALTH IDAHO NORTH CENTRAL DISTRICT** **208-799-3100**  
**LEWISTON OFFICE** **866-736-6632**  
215 10th St **Idaho Careline: 211**  
Lewiston 83501 **Fax: 799-0349**

[idahopublichealth.com](http://idahopublichealth.com)

**LATAH COUNTY** **208-882-7353**  
E 333 Palouse River Dr  
Moscow 83843 **Fax: 882-3494**

**IDAHO COUNTY** **208-983-2842**

903 E Main **Fax: 983-2845**  
Grangeville 83530  
**CLEARWATER COUNTY** **208-476-7850**  
105 115th St **Fax: 476-7494**  
Orofino 83544

**LEWIS COUNTY** **208-935-2124**  
132 N Hill St **Fax: 935-0223**  
Kamiah 83536

**WALLA WALLA COUNTY HEALTH DEPT**  
314 W Main/PO Box 1753  
Walla Walla 99362 **524-2650**

[co.walla-walla.wa.us](http://co.walla-walla.wa.us)  
**FAMILY MEDICAL CENTER**  
1120 W Rose St **525-0422**

**WHITMAN COUNTY PUBLIC HEALTH**  
310 N Main St, #108 **397-6280**  
Colfax 99111 [whitmancounty.org](http://whitmancounty.org)

1205 SE Pro Mall Blvd, # 203  
Pullman 99179 **332-6752**

Dir: Troy Henderson  
Health Officer: Brad Bowman  
Provides immunizations, WIC,

First Steps maternity support, emergency preparedness, school health and environmental health.

## RARE/CHRONIC DISORDERS

**AMERICAN CHRONIC PAIN ASSOCIATION**  
[theacpa.org](http://theacpa.org) **800-533-3231**

**LUPUS FOUNDATION OF AMERICA**  
[lupus.org](http://lupus.org) **800-558-0121**  
Pacific NW Regional Office  
1601 5th Ave, Ste 1100

Seattle 98101 **425-336-2309**  
[InfoPNW@lupus.org](http://InfoPNW@lupus.org) **877-774-2992**

**NATIONAL LYMPHEDEMA NETWORK**  
[lymphnet.org](http://lymphnet.org) **800-541-3259**

**NATIONAL ORG FOR RARE DISORDERS**  
[rarediseases.org](http://rarediseases.org) **800-999-6673**

**MULTICARE ROCKWOOD** [multicare.org](http://multicare.org)  
**-VERCLER CLINIC** **724-4400**  
1414 N Vercler Rd, Bldg 2  
Spokane Valley 99216 **Fax: 459-1566**

**PROVIDENCE SACRED HEART**  
**-GENETICS CLINIC** **474-3810**  
[washington.providence.org](http://washington.providence.org)

**SCLERODERMA FOUNDATION**  
[scleroderma.org](http://scleroderma.org) **800-722-HOPE**

**TUBERCULOSIS SERVICES-SRHD** **324-1613**

## STUDENT HEALTH CENTERS

**COMMUNITY COLLEGES OF SPOKANE (CCS) STUDENT HEALTH CLINIC**  
SCC campus, Jenkins Wellness Center, Bldg. 7, Rm 118 **533-8611**  
Serves SCC and SFCC students.

**EWU STUDENT HEALTH SERVICES**  
**MULTICARE ROCKWOOD CLINIC**  
**CHENEY MEDICAL CENTER** **235-6151**  
19 N 7th Street, Cheney 99004

EWU Students can receive basic medical needs at area MultiCare Clinics (not Indigo) by presenting their EWU ID at check-in for each visit.

[multicarerockwoodclinic.com](http://multicarerockwoodclinic.com)  
**-HEALTH, WELLNESS & PREVENTION SERVICES** **359-4279**  
201 URC, Cheney 99004

[stuhealth@ewu.edu](http://stuhealth@ewu.edu) [inside.ewu.edu](http://inside.ewu.edu)

**GONZAGA UNIVERSITY HEALTH & COUNSELING CENTER** **313-4052**  
704 E Sharp **Fax: 313-5516**

Mail: 502 E Boone, MSC 2506  
99258 [gonzaga.edu](http://gonzaga.edu)  
[StudentHealth@gonzaga.edu](mailto:StudentHealth@gonzaga.edu)

**LEWIS & CLARK STATE COLLEGE**  
Sam Glenn Cmplx **208-792-2251**  
500 8th Ave, L Rm 205

Lewiston 83501 **Fax: 792-2882**  
[lsc.edu](http://lsc.edu) **800-933-5272x2251**

**-Lactation space** **208-792-2211**  
Partners with St Joseph Regional Medical Center (SJRMC).

**NORTH IDAHO COLLEGE**  
Health Insurance Marketplace  
[HealthCare.gov](http://HealthCare.gov) **800-318-2596**  
**TTY 855-889-4325**

No clinic on campus.  
**VANDAL HEALTH CLINIC**  
**UNIVERSITY OF IDAHO - MOSCOW**  
Student Health Building, 831 Ash

Moscow 83843 **208-885-6693**  
**-QUICKCARE**  
2500 W A St. (Behind Walmart)

**-GRITMAN MEDICAL CENTER-EMERGENCY**  
800 S. Main St, Moscow 83843  
[www.gritman.org/vandal-health](http://www.gritman.org/vandal-health).

**WALLA WALLA COMMUNITY COLLEGE**  
Building J, Rm 320 **527-3674**  
Ashley Luke [ashley.luke@hca.wa.gov](mailto:ashley.luke@hca.wa.gov)

[laura.bircher@hca.wa.gov](mailto:laura.bircher@hca.wa.gov)  
Enrollment in WA State Health Care Authority, No clinic.

**WSU PULLMAN**  
Cougar Health Services **335-3575**  
Washington Bldg **Fax: 335-6223**  
PO Box 642303, Pullman 99164

[cougarhealth@wsu.edu](http://cougarhealth@wsu.edu) [wsu.edu](http://wsu.edu)

**WSU SPOKANE**  
Christine Brink **358-7740**  
[multicaretrockwoodclinic.com](http://multicaretrockwoodclinic.com)

Services at any MultiCare Rockwood Primary Care & Urgent Care in Spokane. Must present WSU ID at check-in for each visit.

**WHITMAN COLLEGE** **527-5281**  
Welty Student Health Center  
11 Merriam St **Nurse's: 527-5295**  
Walla Walla 99362

[whitman.edu](http://whitman.edu) **Fax: 527-4999**

**WHITWORTH UNIVERSITY HEALTH CENTER** **777-3259**  
Schumacher Hall [whitworth.edu](http://whitworth.edu)  
Mail: 300 W Hawthorne

[healthcenter@whitworth.edu](mailto:healthcenter@whitworth.edu)

## VISION/EVE CENTERS

**LIONS LOW VISION CLINIC** **484-4259**  
4001 N Cook St, 99207

**MULTICARE ROCKWOOD EYE AND OPTICAL CENTER** [multicare.org](http://multicare.org)  
**DOWNTOWN CENTER** **342-3870**  
400 E 5th Ave, Ste 2 N, 99202

**NORTHPOINTE** **342-3010**  
605 E Holland, Ste 200, 99218

**SPOKANE EYE CLINIC** **456-8121**  
[spokaneeye.com](http://spokaneeye.com)  
**800-824-0664**

Outside of WA **800-523-1384**  
**SOUTH CLINIC** **456-0107**  
427 S Bernard, 99204

**NORTH CLINIC** **489-1270**  
31 E Central, 99207

**VALLEY CLINIC** **924-7271**  
16201 E Indiana, Ste 5000, 99216

## WOMEN'S HEALTH

**HEALTHY WOMAN** **800-994-9662**  
[Wells@EmpireHealth.org](mailto:Wells@EmpireHealth.org)  
[womenshealth.gov](http://womenshealth.gov) [owl-national.org](http://owl-national.org)

**BECAUSE THERE IS HOPE** **938-9672**  
[bth@becausethereishope.org](http://bth@becausethereishope.org)  
[becausethereishope.org](http://becausethereishope.org)

Temporary charitable housing to patients touched by cancer.  
**FAYE'S HOUSE-BECAUSE THERE IS HOPE**  
4711 N Maple, 99205 **939-9672**

**BEYOND PINK** [BeyondPink.net](http://BeyondPink.net)  
PO Box 30895, 99223 **863-7776**  
[info@beyondpink.net](http://info@beyondpink.net)

Teaches about thermography and provides opportunity and funds for certified breast exams.

**BREAST & CERVICAL HEALTH**  
[srhd.org](http://srhd.org) **888-461-8876**

**EVERY WOMAN CAN** **315-5940**  
827 W 1st Ave, #320, 99201

[give@everywomancan.org](http://give@everywomancan.org)  
[everywomancan.org](http://everywomancan.org)  
Provides breast cancer awareness, education and funding.

**MULTICARE ROCKWOOD** [multicare.org](http://multicare.org)  
**CANCER AND BLOOD SPECIALTY CNTR**  
**DOWNTOWN SPOKANE** **755-5800**

Deaconess Health & Educ Center  
910 W 5th Ave, Ste 700, 99204  
**Fax: 755-5845**

**NORTH SPOKANE** **724-4440**  
309 E Farwell Rd, Ste 100, 99218  
**Fax: 459-1343**

**MULTICARE ROCKWOOD** [multicare.org](http://multicare.org)  
**BREAST HEALTH CENTER**  
12410 E Sinto Ave, Ste 105

Spokane Valley 99216 **755-5801**  
**OB/GYN & MIDWIFERY CENTER**  
Deaconess Health and Education Center 910 W 5th, Ste 300, 99204

Menopause care, breast and cervical program, and management of common illnesses. **755-5205**

**WOMEN'S HEART CLINIC** **755-5500**  
1414 N Houk Rd, Ste 104  
Spokane Valley 99216

**NATIVE PROJECT** **483-7535**  
**PLANNED PARENTHOOD** **866-904-7721**  
1117 Tieton Dr, Yakima 98902

[plannedparenthood.org/ppgwni/](http://plannedparenthood.org/ppgwni/)  
**DOWNTOWN SPOKANE**  
123 E Indiana Ave, 99207

**SPOKANE VALLEY HEALTH CENTER**  
12104 E Main St, 99206

**PULLMAN HEALTH CENTER**  
1525 SE King Dr, 99163

**WALLA WALLA HEALTH CENTER**  
828 S First Ave, 99362

**PROVIDENCE**  
[washington.providence.org](http://washington.providence.org)  
**BREAST CANCER SUPPORT GROUPS -**  
**PROVIDENCE REGIONAL CANCER CENTER** **474-5490**

**WOMEN'S SERVICES** **474-2400**  
101 W 8th, 99204

Inpatient and outpatient programs. Osteoporosis and other screenings. Includes mammography and education.

**WHITMAN COUNTY PUBLIC HEALTH**  
310 N Main, Colfax 99111 **397-6739**