

FAMILY & PARENTING

PREGNANCY, INFANT & MATERNITY RESOURCES

Perinatal Support WA
perinatalstupport.org
Postpartum Depression-Suicide Crisis
ppdmoms.org 800-773-6667
Postpartum Support ppmdsupport.com
 888-404-PPMD

Washington (509)

Akin akinfamily.org
Galland-Ashlock Family Resource Center (EHS) For ages 0-3747-4174
 2323 N Discovery, 99216

Lilac City Early Learning Center (EHS) 1020 E Cozza, 99208 315-8977
Little Scholars Development Center (EHS) 2015 N Monroe, 99205 443-3752
Parkview Early Learning 326-5610
 5122 N Division, 99207 (EHS)

West Plains 8727 US-2, Ste 200, 99224
Walla Walla
Early Learning Center 529-3532
 534 S 3rd, B-103, 99362 6 wks-3 yrs
Family Resource Center
 1612 Penny, 99362 0-3 yrs 529-2130

CAPA - Childbirth & Parenting Assistance/PREPARES 455-4986
 Catholic Charities cceastermwa.org
 25 W 5th, Lower Lvl, 99202
 Serves expecting and parenting individuals with children ages 0 to 5 years with parent mentors. The Fatherhood Project, parenting classes, support groups, diapers and clothing.

Diaper Banks, Baby Needs
nationaldiaperbanknetwork.org
FB@wafreeddiapers

Inland NW Diaper Bank 927-1153
Partners INW 10814 E Broadway, 99206
inlandnorthwestdiaperbank.org
 Gives diapers to families EWA and NID.
Mead Outreach Kids Closet
 NW Bible, 3707 E 3rd, Mead 11-1, 3rd Sat
Mission Community Outreach Cntr
 1906 E Mission 4mission.org
 POB 358, 99220 536-1084
mcoc.spokane@gmail.com

Provides clothing, housewares, hygiene items and diapers for low-income families in Spokane. 1-4, M,Th; 10-1, W
PREPARES Diaper Distribution
lisa.green@cceastermwa.org 455-4970
preparesforlife.org FB@preparesforlife
 Provides local, sustainable pregnancy and parenting support for families in WA state.

Diaper Depot pocoparishes@gmail.com
 St Anthony's, 1st St & Warren, Newport
Immaculate Conception - Colville

320 N Maple 11:30-1 Sat
St Mary of the Rosary - Chewelah
 302 E Main 10-11:30, 2nd & 3rd Th
St Patricks PREPARES
 Colfax COA food pantry 2-5, T

First Steps MSS & ICM Provider
hca.wa.gov 800-322-2588
 Supportive maternity care and infant case management for Medicaid-eligible women through pregnancy and first year.

CHAS Maternity chas.org 444-8200
Columbia Basin Health Assn
 Othello Clinic 488-5256
 1515 E. Columbia, Othello 99344
Unify Health yvfwc.com
 120 W Mission 326-4343
 4001 N Cook, 99207 483-3427
Yakima Valley Farm Workers Clinic
 1120 W Rose, Walla Walla 99362 525-6650

Home Visiting Program
Head Start/ECEAP Spokane
 3939 N Freya, 99217 533-4800
ccs.spokane.edu/Head-Start
Early ECEAP

GLOW Children Early Learning Cntr
 720 W Riverside, 99201 0-3 220-4679
Spokane Child Development Center
 3120 N Industrial Park 1st St 0-3
 Spokane Valley 99216 924-2850

Huckleberry Nurse Consultant
amyfrancescross@gmail.com 720-4209
FB@HuckleberryNurseConsultant
 Serving the early learning community with prenatal, home visiting, Early Head Start, ECEAP and child care health consultation. Serving Spokane County.

Lacation Support
La Leche League FB@SpokaneLLL
IG@spokanelalecheleague 761-9181
Lamaze lamaze.org
Spokane County Breastfeeding Coalition
FB@spokanebfcoalition 413-3364

Lewis Clark Early Childhood Program
Early Head Start 208-743-6573
 1816 18th, Lewiston 83501 lcecp.com
Chestnut St EHS Center 207-7323
 1260 Chestnut, Clarkston 99403
Fair St EHS Center 769-9737
 1483 Fair, Clarkston 99403

Lumen High School
 718 W Riverside, 99201
FB@lumenhighschool 606-7888
 Offering educational pathways for teen parents leading to high school graduation,

positive parenting, and future life success. Connected with GLOW Early Learning center for daycare. lumenhighschool.org

Midwife Care dona.org
maws.wildapricot.org/directory
FB@NorthwestObGynMidwives
hwarmmidwives.com

Ob/Gyn & Multicare Midwife Care
 Deaconess Health & Educ 755-5205
 Center, 910 W 5th, Ste 300, 99204
multicare.org
 Well-woman and gynecological exams; preconception, contraceptive counseling and child management, family planning, free pregnancy testing, STI screening and treatment. Deaconess Birthwise in-hospital birth center or Deaconess Hospital offers prenatal, labor, delivery and postpartum care and birth services.

Quilted Health quiltedhealth.com
 906 S Cowley, 99202 209-8016
care@quiltedhealth.com
FB@quiltedhealth.spokane
 Provides midwives for pregnancy, prenatal, postpartum and gynecology care to birthing people in Spokane.

Other Providers wildwombmidwifery.com
Spokanebirthresources.com
washingtonmidwives.org
spokanemidwives.com localmidwife.org
lilaccitymidwifery.com
spokanerivermidwives.com/midwives
fullcirclespokane.com inlandobgyn.com
mtspokanemidwifery.com

Mother Support Groups
Mom Prom FB@spokanemomprom
spokanemomprom@gmail.com
bit.ly/spokanemomprom
Mom Walk Collective
msha.ke/themomwalkco.spokane
FB@2426940277452951

Mothers of Preschoolers mops.org
Blue Mountain Community Church
 928 Sturm, Walla Walla 99362
bluemountainchurch.com/mops
First Baptist Church fbccolville.com
 915 S Cedar, Colville 99114

First Presbyterian 747-1058
 318 S Cedar, 99201 990-3655
momsnextspokane.com
MOMS of Walla Walla Cnty 200-9596
 1425 University, Walla Walla 99362
New Hope Christian Cntr 926-5536
 1108 N Argonne, 99212
Pacific Keep pacifickeep.com
 1108 N Argonne, 99212
Spokane Mama FB@spokanemama
info@spokanemama.org

Nurse Family Partnership (NFP)
Spokane Regional Health Dist srhd.org

1101 W College, 99201 324-1621
 Offers a home visiting program for eligible pregnant parents. Matches participants with a registered nurse for support, advice and information during pregnancy and until child is age 2. Eligibility and referral form on website srhd.org/programs-and-services/nurse-family-partnership.

Prenatal Substance Exposure
Maddie's Place maddiesplace.org
 1004 E 8th, 99202 315-5146
tricia.hughes@maddiesplace.org
 Provides quality, holistic, multi-disciplinary medical and non-medical care for infants with prenatal substance exposure and their mothers.
Parent-Child Assistance Program (PCAP) nhccspokane.org
New Horizon Care Centers 953-3312
 725 E 3rd, 99202 838-6092 x 1601/1622
 Case management for women who abused chemicals in pregnancy, are in 12 months postpartum and not connected to services. Helps mothers build and maintain healthy, independent, substance free lives.

Post-Abortion Counseling
AbAnon joinus@abanon.org
abanon.org/findachapter
 Free 8-week recovery program with small support groups of women or men regarding abortion.
National Helpline for Abortion Recover 877-467-3463 Rachel's
Vineyard Ministries 994-4355
 POB 442, Valleyford 99036 rvspokane.org
 Post-abortion care.

Planned Parenthood 800-230-7526
plannedparenthood.org/ppgwni
 See Justice: Women's Orgs: Women's Health

Vanessa Behan vanessabehan.org
 2230 E Sprague, 99202 535-3155
 Provides 24/7, short-term respite care for children ages 0-6. Offers parenting classes and support services including diaper and formula assistance.

Wraparound Pro-Life Care
Birthright of Walla Walla 529-8678
 609 W Birch, Walla Walla 99362
 Offers medical referrals and education relating to pregnancy. birthright.org
MyChoice Mychoicespokane.org
 2659 N Ash, 99205 462-4000
 Pregnancy resource center with medical qualified staff made up of nurses and an advanced practice midwife, offering free pregnancy testing, ultrasounds, early prenatal

care and lactation support. Offers STI testing and treatment. Provides a free boutique with maternity and baby clothes and diapers. Offers mentoring.

Mobile Clinics 535-3155
Vanessa Behan, 2230 E Sprague, 99202
On Tuesdays, free childcare while parent has care needs met.

NEW Family Life Services
144 W 5th, Colville 99114 684-9895
newfamilyliveservices.com

Pro-life pregnancy resource center and maternity home for homeless pregnant women. Offers educational classes for unplanned pregnancies. Provides maternal and baby items.

Palouse Care Network 208-882-2370
1520 NE Stadium Wy, Pullman 99163
office@palousecarenetwork.com
palousecarenetwork.com

Provides free social services and specialized medical care to the Palouse region. Offers medical, practical and spiritual support to those facing pregnancy, parenting, sexual health and abortion issues.

WISH Medical
wishmedical.com 208-892-9474

Provides specialized medical, educational and practical support for those facing pregnancy, sexual health, sexual-related trauma and unplanned pregnancy.

Path of Life Spokane 444-9035
103 E Indiana, Ste B, 99207
info@pathoflifespokane.org
pathoflifespokane.org

Christ-centered support for sexual health and relationship wholeness: Pregnancy testing, ultrasound, STD/STI screening, treatment & support services, post-abortion recovery, unwanted same sex attraction and gender identity and relationship resources.

Idaho (208) idahomidwives.org

Diaper Banks, Baby Needs
idahodiaperbank.org

Baby Pantry 217-2639
610 Washington, Sandpoint 83864
babypantry208@gmail.com

Family Promise of Lewis Clark Valley 720 16th familypromiselc.org
POB 1555, Lewiston 83501 798-3349

Hope House of Boundary County
Moxie Springs: 5100 Camelot, Dlx A
Bonners Ferry: 6389 Bonner 946-9947

Kaniksu Community Health
Bonners Ferry
6615 Comanche 267-1718

Priest River 6509 US 2, #101 448-2321

Sandpoint 810 6th 265-6252

Mountain States Early Head Start
411 N 15th, CdA 83814 765-6955

Parenting Center - 2nd Chance Ministries
1317 N 1st, 83814 449-3445

St Vincent de Paul ICARE Program
HELP Center, 201 E Harrison
Coeur d'Alene 83814 676-1515 x315
icareforchildren.org

Gritman Family Birth Center
700 S Main 883-2229
Moscow 83843 gritman.org

Breastfeeding, post-birth baby clinic and motherhood support group. First Steps offers birth and prenatal support, education and parenting resources.

Kootenai Health Dist kh.org
Certified Nurse Midwifery 625-4970

Chinook Medical Building
980 W Ironwood, Ste 306, CdA 83814

Kootenai Clinic Post Falls
1300 E Mullan, Post Falls 83854
Offers full service obstetrical and gynecological care through a woman's life—teen counseling. These include teen counseling, pregnancy, childbirth, well-woman care, family planning, treatment for menopause and other gynecological concerns.

Mothers Support Groups

Mothers of Preschoolers
Sandpoint area MOPs
227 McGhee, Sandpoint 83864
cedarhillschurch.churchcenter.com

Mountain States 765-6955

Early Head Start msehs.org
CdA Center 415 N 15th, 83814

Lakeland Center
4790 N Kimo, Rathdrum 83858

Kellogg Center
114 Riverside W, Ste A, 83837

Sandpoint Center
1218 N Division, Ste 102, 83864

Northwest Infant Survival & SIDS Alliance nwsids.org 548-9290

212 S 11th, Ste 1, Coeur d'Alene 83814

Healing Together
Supports families affected by a pregnancy, infant or child death.

Provides monthly peer-to-peer support groups, 24-hour support line staffed by a trained peer companion, memorial events, email support, referrals to professional counseling and outreach to hospitals, medical clinics, funeral homes and coroner offices. Free.

Safe Start Serves as an infant and child health and safety program, educates parents, caregivers and medical professionals about the importance of safe infant sleep and car seat safety.

Panhandle Health Dist
8500 N Atlas, Hayden 83835
kkono@phd1.idaho.gov 415-5298

Parents as Teachers

Free, evidence-based program provides education and support to families with children from 0-5. Addresses maternal and child health, nutrition, immunizations, safe sleep, child development, literacy and economic self-sufficiency.

Wraparound Care, Pro-life

A Blessed Beginning 267-1491
6530B Washington, Bonners Ferry 83805

BlessedBeginningBF@gmail.com
blessedbeginning.org

Parenting & Pregnancy Resource Center in Bonners Ferry, 12-3pm W,F for appointments or drop-ins.

Birthright of CdA birthright.org
923 E Sherman 24/7hrs 800-550-4900

Coeur d'Alene 83814 664-1390

Offers emergency pregnancy service and free pregnancy tests, maternity and baby clothes in a loving atmosphere.

Hope 24/7 hrs 800-712-4357
205 E Cameron, Kellogg 83837

idahopecrc.org 784-0333
Free pregnancy services.

Life Choices Pregnancy Center
POB 2360, Sandpoint 83864 263-7621

Addresses unplanned pregnancy, past abortion, relationship/family life challenges, parenting/life skills needs.

Free and confidential. lifechoicespc.org

Open Arms & Real Choices Clinic

8056 N Wayne, Hayden 83835
realchoicesclinic.com 667-5433

Confidential pregnancy help.

Palouse Care Network
1515 W A, Moscow 83843

office@palousecarenetwork.com
palousecarenetwork.com 882-2370

WISH Medical
wishmedical.com 208-892-9474

FOSTER CARE & CUSTODY

adoption.com itsaboutlove.org
ial/ct/eng/site/adopting-families

Washington (509)
spokane-wa.adoption.com

kxy.com/house-and-home/wednesdays-child

awaa.org
washingtonpassportnetwork.org

Better Futures Together
101 W Indiana, 99205 309-3397

general@betterfuturestogether.org
betterfuturestogether.org

Works with WA DCYF to provide court ordered visitation in WA.

Casa Guardian Ad Litem
WA State CASA 425-542-9594

MOUNTAIN STATES
Early Head Start
A PROGRAM OF JANNUS INC.

FREE
Child Development
PROGRAM

Meet your new partners in parenting

- Bonding & Attachment Support
- Home Visits & Playgroups
- Parent Education

Kootenai, Bonner & Shoshone
Counties, Idaho

msehs.org

washingtoncasa.org
 CASA volunteers seek the best interests of a child and make suggestions to the judge in court.
Spokane Cnty Juvenile Court CASA/ GAL 902 N Adams, 99260 **477-2469**
 mcripps@spokanecounty.org
 Represents the best interest of children in foster care system. spokanecounty.org
Ferry County Child Advocate Prog
 350 E Delaware #7, Republic 99166
 vschmoltze@co.ferry.wa.us **207-9284**
Pend Oreille Valley CASA Program
 22 Camas Flat, Cusick **445-7150**
kalispeltribalcourt.org/court-services/#casa Kalispel Tribe, Pend Oreille and Spokane County.
Stevens County Child Advocate
 215 S Oak, Colville 99114 **685-0673**
 pmarket@co.stevens.wa.us
Walla Walla Child Advocates
 455 W Rose/POB 1754, Walla Walla 99362
 casainfo@co.walla-walla.wa.us
 co.walla-walla.wa.us **524-2809**
 FB@wallawallachildadvocates
Whitman County Juvenile Court & CAP 400 N Main/POB 598, Colfax 99111
 co.whitman.wa.us **397-5300**

Embrace Washington 381-5370
 2202 E Sprague, Ste #3, 99202
 info@embracewa.org embracewa.org
 Cares for and supports children in foster care within the community. Raises awareness of vulnerable children's needs, identifies how to meet those needs by connecting individuals and organizations with a heart to serve the foster care community.

Foster Parenting & Kinship Care WA Dept of Children, Youth and Families - DCYF 888-KIDS-414
dcyf.gov/services/foster-parenting
 Serves parents and children under 18 in foster parenting and family reconciliation. Offers Kinship Care for grandparent and other family the option of fostering a family member. Licensing for day care/foster homes.

Hutton Settlement Children's Home
 9907 E Wellesley, 99206 **926-1027**
 chudwendle@huttonsettlement.org
huttonsettlement.org
 Nurtures, educates and prepares children who are in need of a safe and healthy home. Provides residential care for children 5-18.

Kinship Navigator 458-7450
 Helps family members, particularly grandparents, raising children through Kinship Support Program.

Provides support, info and referral.
Aging and Adult Care of Central WA
 1336 S Pioneer **800-572-4459 x241**
 Moses Lake 98837 Adams, Lincoln Cnties
 kathy.wright@dshs.wa.gov
Catholic Family and Child Services
 408 W Poplar, Walla Walla **800-246-2962**
 Yakima: mpleger@ccyakima.org
 Yakima Spanish: lortega@ccyakima.org
 Walla Walla Spanish **965-7100**
 mavalencia@catholiccharitiescw.org
 Asotin, Columbia, Garfield and Walla Walla counties catholiccharitiescw.org
Council on Aging and Human Services
 1615 NE Eastgate, Section G, Ste 4 E
 Pullman 99163 **397-4305**
 saragcoa@gmail.com **397-8008**
 coacolfax.org Whitman County
Elder Services-Frontier 458-7450 x4
 KinshipCare@fbhwa.org fbhwa.org
 Spokane and Tri-County area.
Rural Resources 684-8421 x 7272
 knopens@ruralresources.org **685-6073**
 Kinship Navigator & Kinship Caregiver Support Program, in Ferry, Pend Oreille and Stevens counties.

Morning Star Boys' Ranch
 140 S Arthur, Ste 610, 99202
 4511 S Glenrose, 99223
morningstarboysranch.org **927-1194**
 FB@MorningStarBoysRanch
 Offers four programs for Washington state dependent children: BRS therapeutic residential care for boys 6 to 13.5 years. Foster Care places children of all ages and genders. Case Aide is a prevention program for all ages and genders. In-Home Wrap Around Care provides a continuum of care for foster children who need support at home.

Northwest Adoption Exchange
 nwae.org **800-927-9411**
Ayuda en Español 206-812-1975

Safety Net Inland NW 863-9431
 POB 13706, Spokane Valley 99213
 admin@safetynetinlandnw.org
safetynetinlandnw.org
 FB@SafetyNetInlandNW
 Serves aged-out foster youth with resources for financial emergencies, household items and education.

Salvation Army
 222 E Indiana, 99207 **325-6810**
spokane.salvationarmy.org
Evangeline's House Emergency foster care receiving facility for ages 12-17, and post-foster transition for young adults 18 through 20, removed from their homes due to abuse or neglect.
Sally's House

Men's & Women's Resources (Spokane)

WOMEN'S RESOURCES

Domestic Violence & Abuse/ Neglect Hotline
 866-363-4276(END-HARM)
Spokane ARMS - Abuse Recovery Ministry & Services 484-0600
Victim Advocacy & Education - LCSNW 624-7273
Women's Healing & Empowerment Network 323-2123
YWCA Spokane DV 326-CALL (2255)
Text Line TXT PPNOW to 774636
Support Services
1) Lactation Support
La Leche League FB@SpokaneLLL
Lamaze lamaze.org
Spokane County Breastfeeding Coalition
 FB@spokanebfcoalition **413-3364**
2) Food & Clothing
Cleone's Closet 244-6215
Mission Outreach 536-1084
Vanessa Behan 535-3155
WIC SRHD 324-1620
WIC WCCC 323-7497
WCFR (food) 324-1995
YWCA Our Sister's Closet 326-1190

3) Women's Hygiene
Breast Intentions 995-1295
breastintentionsofwashington.org
Project Beauty Share 455-3537
projectbeautyshare.org
Women's Hearth 455-4249

2) Mothers with Kids
Home Yard Cottages 795-8400
Isabella house 624-1244
St Margaret's Shelter 624-9788
Transitional Living 325-2959
UGM's Crisis Shelter 535-0486

3) Recovery
Isabella house 624-1244
Maddie's Place 315-5146
Oxford Housing oxfordvacancies.com
Spokane Dream Center 536-6444
UGM Ann Ogden Hall 327-7737
St Mark's Lutheran - AA
 316 E 24th 6:30 W

3) Single Women
Hope House 328-4685
Miryam's House 747-9222
Maternity & family Planning
1) Midwives
CAPA - Childbirth & Parenting Assistance/PREPARES 455-4986
Doula dona.org
Multicare Midwifery 755-5205
Quilted Health 209-8016
Shades of Motherhood 818-0216
theshadesofmotherhoodnetwork.org

2) Family Planning
MyChoice 462-4000
Nurse Family Partnership 324-1621
Path of Life 444-9036
Planned Parenthood 866-904-7721

MEN'S RESOURCES

Addictions & Recovery
addictionrecovery.churchofjesuschrist.org
Adult & Teen Challenge
 877-302-7149 **244-5610**
Oxford Housing oxfordvacancies.com
Spokane Dream Center 624-1363
Sun Ray Court 456-5465
UGM Men's Recovery 535-8510
Resources, Fathering/Anger Mngt
fatherhood.gov
CAPA Fathering Prog 455-4970
DADS Committee of Spokane
 FB@SpokaneDADS **455-4966**
NW Mediation Center 456-0103
nwmediationcenter.com
Spokane Fatherhood Initiative
spofi.org
The Arc of Spokane 328-6326
WHEN 323-2123
Housing: no children
House of Charity 624-7821
Truth Ministries 990-8415
456-2576
UGM Men's Shelter 535-8510

Emergency foster care receiving facility for children ages 2-12, removed from their home due to abuse, neglect, abandonment or criminal activity.

Service Alternatives 654-5250

Spokane: 1661 E Buckeye, 99207
 Walla Walla: 2316 E Gate, Ste 150, 99362
fostercare@servicealternatives.com
servicealternatives.com/foster
 FB@ServiceAlternatives-FosterCare
 IG@ServiceAlternatives.FosterCare
 Licenses and supports treatment foster parents for foster youth ages 6-18.

Spokane Angels spokaneangels.org

104 S Freya, Red Flag Bldg, Ste 203, 99202
info@spokaneangels.org **863-9427**
 Supports children in foster care system and caretakers by intentional giving, relationship building and mentorship.

Treehouse 901-0914

shelly.russell@treehouseforkids.org
treehouseforkids.org
 Offers mentorship, essential supplies and gifts to children in foster care.

Unaccompanied Refugee Minor Foster Care

lcsnw.org/Spokane
Lutheran Community Services NW
 210 W Sprague, 99201 **747-8224**

Provides stable homes and support for youth who cannot live with their own family. Recruits, licenses and supports foster parents.

Idaho (208)

CASA Guardian Ad Litem

1st Judicial Dist northidahocasa.org
 1417 N 4th, Coeur d'Alene, 83814
Reina@northidahocasa.org **667-9165**
Sandpoint 819 Hwy 2, Ste 206 **255-7408**
2nd Judicial District 746-3378
 1229 Main, Ste 101/POB 1463
 Lewiston 83501 district2casa.com

Child & Family Services - Idaho

Dept of Health & Welfare 769-1515
 Adoptions, child protection & foster care.
Region 1 Kellogg 784-1352
 35 Wildcat Wy, Ste B, 83837
Region 2 Camas Resource 983-2522
 216 S C/POB548, Grangeville 83530

Fostering Idaho 800-745-1186

2005 Ironwood Pkwy, Ste. 200, CdA
 83814 familyrct.org **509-828-1448**

Idaho Youth Ranch Adoptions North

1609 Government Wy **667-1898**
 CdA 83814 **818-6124** (after hours)

Relatives as Parents - CdA

FB@RelativesAsParentINC **660-4905**

Support group for grandparents and other relatives raising children.

EARLY LEARNING

Washington (509) niche.com/k12

Early Learning & Child Care Offices

WA State DCYF dcyf.wa.gov

316 W Boone, Ste 500, 99201 **818-1042**

dcyf.welcome@dcyf.wa.gov **655-5236**

Licensing 385-4722/319-0859

Licenses about 6,000 early learning programs and school-aged sites in WA.

Offers health and safety standards

Licenses about 6,000 early learning programs and school-age sites in WA.

Offers health and safety standards.

Background Check 800-998-3898 x4

Child Care Referrals

care.com sittercity.com redcross.org

Child Care Aware of Central WA

Catholic Family & Child Service

Adams & Ferry Cnty **877-965-7109**

WSU Child Care Aware of Eastern

WA Region K 335-7625

Smith Gym 113C **800-440-2277**

POB 641410, Pullman 99164

ccr.wsu.edu Referrals **800-446-2229**

Other Referrals & Advocacy:

Eastern WA Family Child Care Assn

7620 E Maxwell, 99212 **926-6144**

Debbie@EWFCCA.org ewfcca.org

Promotes quality child care, training and referrals in Eastern WA.

Find Child Care check@dcyf.wa.gov

Childcare Check 866-482-4325x3

Early Achievers 866-922-7629

QRIS@dcyf.wa.gov

WA State Assn of Head Start & ECEAP

345 118th SE, Ste 110 **453-453-1227**

Bellevue 98005 washeadstarteap.com

Walla Walla Valley Early Learning

Coalition Center for Children and Families

1150 W Chestnut, Walla Walla 99362

earlylearningwallawalla.org **529-4980**

Promotes caring for and educating young children through advocacy, education and engagement.

YMCA Safe Sitter ymcainw.org

jade.smith@ymcainw.org **777-9622**

Community-Minded Enterprises

2001 N Division, Ste 130, 99207

info@community-minded.org **242-3405**

community-minded.org/early-learning

Community-Minded ECEAP

ECEAPenrollment@Community-minded.org

Offers free preschool for income qualifying families. Located in Peaceful Valley & Upper South hill.

 **Community Colleges of Spokane**

Head Start/Early Head Start

Free or reduced cost infant, toddler, and preschool services to eligible families

- Families receiving SNAP (EBT) benefits**
- Families living on limited income**
- Children in foster care**
- Families experiencing homelessness**
- Families receiving SSI or TANF**
- Children diagnosed with disabilities**

School-day and Working-day options



**To apply or for more information,
Scan the QR code or call 509-533-4800**

Community Colleges of Spokane does not discriminate on the basis of race, color, national origin, sex, disability, sexual orientation or age in its programs, activities or employment. Marketing and Public Relations.

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FELC, 631 S Richard Allen Ct, #215 Spokane WA 99202 - 509-535-4112 - info@thefigtree.org

Early Achievers - Community-Minded Enterprises & Child Care Aware of EWA
Provides support and resources to help child care centers and family home providers improve the quality of their programs through Washington's QRIS. **Community Play & Learn Groups** familyservices@community-minded.org
Brings children and families together through educational play. Offers groups for recovering families, refugee families, and community-based play & learn. **Child Care Assistance Program (CCAP)** CCAP@community-minded.org
Finds paid child care for participants in outpatient treatment.

Early Childhood Education & Assistance Program (ECEAP)
eceap@del.wa.gov dcyf.wa.gov
Located in Southeast WA.

Dayton 382-2507 x247
Othello
Child Develop Center 488-3502
Early Childhood Cntr 544-5767
Walla Walla
Blue Ridge Elementary 520-7123
College Place Child Development Center 522-0610

Early Learning, Secular
greengablepreschool.com
kindercare.com plumtreeschool.com
Blueprints for Learning - Community Bldg Children's Center Child Care Training Institute
blueprints4learning.org

35 W Main, Ste 280, 99201 777-0822
Offers child-centered learning environment for toddlers and preschoolers with low student/teacher ratio. Full-day, full-year. Offers child care training institute, STARS training and the CdA credential programs.

EduCare - Transitions help4women.org
info@help4women.org 328-6702 x 314
Licensed, sliding-fee scale child care designed to meet needs of formerly homeless children. Offers a nurturing environment to help children recovering from trauma.

Parent Cooperative Preschool Community Colleges of Spokane
2917 W Whistalks, 99224
ccs.spokane.edu 279-6021

Provides preschool, infant/toddler programs for children 0-5, parent involvement and education.
Wandermere 1625 E Farwell 465-1600
Central Valley ECEAP Preschool
Central Valley SD 558-5810
Early Learning Center, 15111 E Sprague, Spokane Valley 99037 cvsd.org

Express Child Care 354-7312
Spokane Public Schools Offers licensed child care to grade school students ages 5-12 and children ages 3-4.

League of Women for Community Action - LCWA dba Southeast Day Care
2227 E Hartson, 99202 535-4794
lwca.sedc@gmail.com
FB@Southeast-Daycare-Center
Open 6am to 6pm, 1 month-12 years old

Lewis Clark Early Childhood Program lcecp.com 208-743-6573
1816 18th, Lewiston 83501

Grantham Center 769-6315
1253 Poplar, Clarkston 99403
Parkway Center 769-6231
333 Adams, Clarkston 99403

Mead School Early Learning
821 E Midway, Colbert 99005 465-6700
meadschool.org/earlylearning

NEW ESD 101- Early Childhood
4202 S Regal, 99223 323-2720
esd101.net/learning/early_childhood
Adams, Lincoln, Ferry, Stevens, Pend Oreille and Spokane counties.

NE WA Early Childhood Prog Head Start ECEAP 684-8421
Rural Resource Community Action 685-6119
347 E Astor
Mail: 956 S Main, Colville 99114
ruralresources.org

Chewelah Head Start 935-4315
N 600 Third E, 99109
Colville Head Start 690-6116/9
211 S Hofstetter /347 E Astor
Kettle Falls Early Learning 675-9178
735 Meyers, Kettle Falls 99141

Kettle Falls Head Start 685-6116
700 S Oak, Kettle Falls 99141
Newport Head Start 447-4832
200 S Calispel, Newport 99156
Springdale ECEAP 935-4315
Mary Walker Elementary, 500 N 4th POB 159, Springdale 99173
Valley SD ECEAP 937-2638
3030 Huffman, Valley 99181

Pullman EHS/HeadStart/ECEAP Center Child Care, ECEAP, HeadStart
Community Child Care Cntr 334-9290
530 NW Greyhound, Pullman 99163
community-childcare.org

Colfax Head Start 397-2181
Jennings Elementary, 1207 N Morton, 99111

Endicott SD ECEAP 657-3523
38 School, 99125

Garfield SD ECEAP 635-1331
North 810 3rd/POB 398, 99130

Palouse SD ECEAP 878-1921
600 E Alder, 99161

Rosalia SD ECEAP 523-3061
916 S Josephine, 99170
St James Center Child Care/ECEAP 332-7005
1410 NE Stadium Way
Pullman 99163 877-909-7005
Tekoa SD ECEAP 284-3281
135 N College/POB 869, 99033

St Anne's Children & Family Cntr Catholic Charities Eastern WA 232-1111
25 W 5th, 99202
stanneskids.com
Offers childcare, experiences and curriculum for ages 1-12 months.

Spokane Head Start/ECEAP 533-4800
3939 N Freya, 99217
ccs.spokane.edu/Head-Start
HeadStart (HS)

Adult Education Center (HS) 0-4
2310 N Monroe, 99205 533-4650

Glow Children Early Learning (ECEAP) 720 W Riverside, 99201 3-4 844-4241

Gonzaga Family Haven (HS) 0-4
2121 N Nevada, 99207 279-6490

Cheney School District - 99004
Betz Elementary 317 N 7th 559-4426

Salnave Elem 1015 Salnave 559-4700

Snowden Elem 6323 S Holly 559-4300

Sunset Elementary 559-4600
12824 W 12th, Airway Heights 99001

Windsor Elementary 559-4200
5504 W Hallett, 99224

Deer Park School Dist 3-4 464-5680
1500 E D /POB 190, 99006

Dr MLK Jr. Community Center H50-3 279-6316
500 S Stone, 99202
ECEAP 3-4 445-8722x201

East Valley School Dist
Enrichment Center
East Farms Elementary 3-4 893-4122
26203 E Rowan

Otis Orchards Elementary 3-4 893-4125
22000 E Wellesley, 99207
Trent Elementary 3-4 893-4123
3303 N Pines, 99206

Trentwood Elementary 3-4 893-4123
14701 E Wellesley, 99216

Liberty Park Community Development Cntr 1525 E Hartson, 99202 3-4 4474-1743

Logan/Lidgerwood Cntr (HS) 0-4 279-6480
3704 N Nevada, Ste 101, 99207

Northeast Child Development Center 0-3 (Head Start) 279-6351
NECC, 4001 N Cook, 99207

North East Youth Center (ECEAP) 3-4 842-2780
3004 E Queen, 99217

Parkview Early Learning Cntr (ECEAP) 5122 N Division, 99207 3-4 362-2009

Salish School of Spokane (ECEAP) 4117 N Maple, 99205 - 3-4 325-2018

Sisters Haven Community Bldg (HS) 1935 N Holy Names, 99224 0-4 279-6350

Spokane Bigfoot Cntr (Head Start) 1810 N Greene, Bldg 20, 99217 533-7170

Spokane Falls Early Learning Cntr (Head Start) 0-3 533-3624
3410 W Whistalks Wy, Bldg 29, 99224

Trinity Educare - Trinity School (ECEAP) 3-4 863-7425
2315 N Cedar, 99205

West Boone Center (Head Start) 0-3 279-6901
2427 W Boone, 99201

West Central Community Cntr (HS) 1603 N Belt, 99205 279-6340

West Valley Early Learning Cntr (ECEAP) 2523 N Park, 99212 922-5478

YMCA - Manito UMC (ECEAP) 3220 S Grand Blvd, 99203 3-4 747-4755

YMCA/EWU Children's Center 3-4 (ECEAP) 923 Washington, 99004 359-2025

YWCA ECEAP ywcaspokane.org/programs/children-and-youth/eceap
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Airway Heights 13513 W 6th **954-1465**
Downtown 930 N Monroe **993-8219**
Medical Lake 119 N Lefevre **290-1748**

Idaho (208)

Child Care Referrals

ID Stars **800-926-2588**

Leading expert and referral resource for quality child care. idahostars.org

Child Care Resource Center

Region 1 region1ccrc@idahostars.org

958 S Lochsa, Ste 118, Post Falls 83854

Region 2 124 New 6th, Lewiston 83501

region2ccrc@idahostars.org

Child Care License - IDWH

healthandwelfare.idaho.gov

Background Check Unit **800-340-1246**

CDA Clerk **769-2231**

cityclerk@cdaid.org

Moscow Police **883-7054**

Lewiston Business **746-1318x7256**

Lewis Clark Early Childhood Program

lcecp.com

Lewiston Centers C, D & E **743-6573**

1816 18th, Bldg C, D, E, 83501

Boys & Girls Club 1021 Burrell, 83501

Normal Hill Campus 1114 9th, 83501

Craigmont Center 213 W Main

Grangeville Center 400 S Idaho

Kooskia Center 306 E Pine

Moscow Center 514 Northwood

Orofino Center 143 Bartlett

Weippe Center 220 N Main

NIC Head Start nic.edu

Central Office **666-6755**

411 N 15th, Ste 103, CdA 83814

Harding Head Start **666-6762**

Julien Bucher Early Learning Center

Community UMC **666-5493**

1470 W Hanley, 83815

Julien Bucher Early Learning Center

6653 Chippewa **267-5756**

Bonnors Ferry 83805

Lakeland High School **687-1682**

14797 N Kimo, Rathdrum 83858

NIC Children's Center **666-6755**

1000 W Garden, 83814

Post Falls Head Start **773-6164**

106 W 9th, 83854

Sandpoint Head Start **263-6232**

101 S Euclid, 83864

Shoshone Head Start **784-5581**

123 W Mission, Kellogg 83837

St Maries Head Start **245-6519**

1230 Main/POB 706, 83861



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 ▶ Visit nic.edu/headstart

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