

DISABILITY RESOURCES

abilityone.gov

ADA Information Line *ada.gov*
800-514-0301 TTY800-514-0383

Provides information and materials to the public about the ADA.

National Autism Assn 877-622-2884
nationalautismassociation.org

US Dept of Labor 202-693-7880
 Office of Disability Employment Policy
866-ODEP-DOL (633-7365)

Office of Disability Employment Policy
866-633-7365 202-693-7880
Occupational Safety and Health Admin (OSHA) 800-321-6742

Washington (509)

WA Dept of Labor & Industries
lni.wa.gov TTY 800-833-6388
Report Health and Safety Issues 800-423-7233

Workers' Comp Claims 877-561-FILE
lni.wa.gov/ORLI/ECS/FileFast.asp

COHE Community with Providence 456-3222

Center for Occupational Health and Education (COHE) Community with Providence works cooperatively within regional communities of health care to develop programs to improve the quality, cost effectiveness and consistency of care for injured workers in the Inland Northwest, sponsored by Providence St Luke's Rehab Medical Center and administered by WA L&I.

Day Programs, Athletics & Activities Arc Community Center 328-6326

320 E 2nd, 99202 *arc-spokane.org*
info@arc-spokane.org

Connects people with developmental disabilities with others in social, recreational, educational and volunteer activities in supported employment, community inclusion and transition, and young adult programs. Supports and builds confidence in people with IDD towards them gain independence.

ParaSport Spokane 999-6466
 10210 E 9th, 99216 *parasportspokane.org*

Special Olympics WA 206-681-9385
rta@sowa.org

West Central Community Supportive Services 323-7517

1603 N Belt, 99205 *westcentralcc.org*
 Two programs provide adults with developmental disabilities opportunities to participate in community activities. Offer physical fitness, music, arts, culture and more.

Audiology, Hearing Services MultiCare Rockwood Audiology Downtown *multicare.org*

Deaconess Medical ENT Center
 801 W 5th, 99204 **459-1333**

Nexus Inland NW 328-9220
 1206 N Howard, 99201
info@nexusinw.com nexusinw.com

Serves those with hearing loss in Eastern WA. Offers interpretive services and payee program.

WSU University Hearing & Speech Clinic (UPCD) 828-1323

Health Sciences Bldg, 310 N Riverpoint
 Evaluates and treats speech, language and hearing disorders. *medicine.wsu.edu*

Financial Assistance/Financial Mngt Aged, Blind, or Disabled Cash Assistance Program - DSHS
dshs.wa.gov 877-501-2233

Cash assistance to eligible low-income adults age 65 or older, blind or likely to meet Supplemental Security Income (SSI) disability criteria based on a physical or mental impairment that will last 12 consecutive months. See local DSHD CSO office or Online Application: *washingtonconnection.org/home*

Disability Assistance Project

Wear Law, 601 W 1st, Ste 1400, 99201
 POB 8268, 99203 *rose@wearlaw.net wearlaw.net/dap-outreach 252-5053*
 Assists individuals respectfully through every stage of the disability process. Provides open, honest advice and services as they navigate the system. Leverages community partnerships for referrals and services.

HEN - Housing and Essential Needs - DSHS *dshs.wa.gov*

877-501-2233
 Provides access to housing assistance for low-income adults unable to work for at least 90 days due to physical or mental incapacity and ineligible for ABD cash assistance. Includes, rent, utilities, personal health and hygiene items, cleaning supplies and transportation.

Blue Mountain Action Council

Walla Walla 529-4980 x 104
Columbia 529-4980 x 138
Garfield 529-4980 x122

Community Action Center 334-9147

800-482-3991

Goodwill Industries of INW 462-0518

Housing Authority of Grant County
 includes Adams Cnty **762-5541 x147**

Pend Oreille Crime Victim Services/ Family Crisis Network 447-2274

Quality Behavioral Health 758-3341

Rural Resources 684-8421 x1
Representative Protective Payee Program - SSI/DSHS

Receives/disburses funds for clients on SSI (Supplemental Security Income) and HEN because of mismanagement of funds or mental incapacity. Provides self-sufficiency training in money management and financial counseling.

Alpha Supported Living Svcs 862-6100

Apple Payee 241-5195
 1717 W Francis, Main Bldg, Ste 205

Capeco Money Mngt 541-276-1926

Goodwill 838-4246

Partners INW 927-1153x21

Rural Resources 684-8421

Chewelah 935-4315

Clarkston 758-5461

Grand Coulee 620-8090

Inchelium 722-3322

lone 497-0894

Newport 447-9997

Republic 775-0912

Northwest Payee 676-0863
 POB 15117, 99215 *NorthwestPayee.org*

Skills'kin Financial Payee 326-6760

The Arc of Spokane 328-6326

Housing, Adult Long Term L'Arche Spokane 483-0438

703 E Nora, 99207 *larchespokane.org*
info@larchospokane.org

Serves people with and without intellectual disabilities, sharing life in communities belonging to an international federation. Non-

denominational ministry with spiritual emphasis. Licensed with state.

Lakeland Village DDA 299-1800
 2320 S Salnave *dshs.wa.gov/dda*

POB 200, Medical Lake 99022
 State Residential Habilitation Center

Merry Glen merryglen.org
 2917 N Cincinnati, 99207 **487-0232**

Providence St Luke's Rehabilitation Medical Center providence.org

711 S Cowley, 99202 **473-6000**

Specializes in comprehensive inpatient and outpatient therapy for children and adults. Provides rehabilitation treatment for stroke, spinal cord injuries, orthopedic issues and brain injuries.

Housing, Independent Living / Support Alpha Supported Living Services

Spokane Office 862-6100

901 N Monroe, Ste 350, 99201

Provides supported living, group home, community inclusion and representative payee services to adults with intellectual and developmental disabilities living in homes Spokane County. *alphasl.org*

The Arc of Spokane arc-spokane.org
 320 E 2nd, 99202 *info@arc-spokane.org*

Promotes independence and choice to enhance quality of life for people with developmental disabilities and their families. Provides information, resources, education, advocacy,

D A C
 DISABILITY ACTION CENTER
 NORTH EAST WASHINGTON

Working for Independence, Equity and Justice!

Build your network of friends and allies!

Join us in advocating for choice, and raising the voices of the disability community who are most marginalized.

Our team provides services including:

- ✓ Peer Counseling & Support
- ✓ Independent Living Skills Training
- ✓ Information and Referral
- ✓ Personal & Community Advocacy
- ✓ Transition Services

Located in Garden Court
 222 W Mission Ave., #230 Spokane

Call us
509.606.4639

emotional and direct support. **328-6326**

Supportive Living

Offers a community living setting for adult men and women with developmental disabilities who live as housemates in homes they own, lease or rent together. With the freedom to work, socialize and recreate. Provides clients a comfortable home and life, full access to the community, and caring staff able to meet their health and personal care needs.

Catholic Housing Communities

Catholic Charities EWA 456-2279
12 E 5th, 99202 cceasternwa.org

Offers service-enriched apartments to disabled and others disadvantaged people across Eastern WA.

Compass Career Solutions 795-8205

5709 W Sunset Hwy, Ste 100, 99224
Offers supportive housing, case management, disabilities support and basic community services.

Inland Empire Residential Resources

208 N Crestline, 99202/POB 3123, 99220
Helps create and preserve long-term affordable housing, primarily for low-income families and persons with developmental disabilities. **534-9999**

Secondary Transition - SPS

Assists those with special needs ages 19 to 21 as they transition from public school into adult world. **354-7385**

Rehabilitation

Providence St Luke's Rehabilitation Medical Center providence.org

Outpatient 473-6869
North, 235 E Rowan, Ste 210

Occupational Rehab 473-6869
North, 551 E Hawthorne, 99218
South, 614 S Chandler, 99202

Support Groups

DAC NEW - Spokane (Disability Action Center) dacnw.org **606-4639**

222 W Mission Ave, #230, 99201
Guides the independent living

movement by advocating for choice, equity and justice. Works to raise the voices of the disability community including those most marginalized – BIPOC, LGBTQIA2S+, immigrants, refugees and those experiencing poverty.

INDEX - Inland NW 606-INDx
Disability Experience dacnw.org

222 W Mission Ave, #230, 99201

People First of WA 253-999-7222
peoplefirstofwashington.org

Disabilities awareness and education for adults and high school/transition students for self advocacy & leadership.

Lilac Chapter [FB@peoplefirstspokane](https://www.facebook.com/peoplefirstspokane)

NewDay - Fowler United Methodist
3928 N Howard, 99205 **325-3242**

fowlerumc@yahoo.com fowlerumc.org
[FB@FowlerUnitedMethodist](https://www.facebook.com/FowlerUnitedMethodist)

Ministry by & with people with disabilities.
Project ID POB 18703, 99228

Millwood Presbyterian, 3223 N Marguerite
projectidspokane.org **475-7185**

Provides recreation, socialization, work, personal development and transitional opportunities to adults with intellectual and developmental disabilities in Spokane County.

Side by Side sidebysidespokane.org

City Covenant, 512 S Bernard, 99204
POB 18111, 99228 **475-1885**

Ministry for people with disabilities.

Washington State, County Adams County Integrated Health Care Service - Developmental Disabilities Services **659-3306**

Boost Collaborative 332-6561

1235 SE Pro Mall, Pullman 99163
info@boostcollaborativewa.org

boostcollaborativewa.org

Improves lives of individuals with disabilities and their families in Whitman and Latah counties.

Lincoln County - Developmental Disabilities Program 725-1086

707 13th, Davenport 99122

Stevens County Counseling Services

165 E Hawthorne **684-4597**
Colville 99114 co.stevens

wa.us/counseling/services.htm

WA Dept of Labor & Industries
lni.wa.gov **TTY 800-833-6388**

Disability Support Services

Whitman County Division of Developmental Disabilities

310 N Main, Colfax 99111 **397-6238**

Pullman 800-509-0025/ 334-5296
1250 Bishop Blvd SE, Ste G, 99163

Idaho (208)

Audiology - Idaho Council for The Deaf & Hard of Hearing 334-0879

info@cdhh.idaho.gov cdhh.idaho.gov

Provides services for persons with hearing impairments and involved in public and private sector policies.

Adult Day Prog/Support Services Disability Action Center - NW

Services for persons with any kind of disabilities. Locations: dacnw.org

Lewiston 888-746-9033
330 5th, 83501 **746-9033**

Moscow 800-475-0070
505 N Main, 83843 **883-0523**

Post Falls 800-854-9500
3726 E Mullan, 83854 **457-3891**

Panhandle Special Needs Inc
1424 N Boyer, Sandpoint 83864

panhandlespecialneeds.org **263-7022**

Specialized Needs Recreation
3700 N Government Way, Ste J
CdA 83815 **755-6781/769-9332**

Provides recreation programs for those with learning disability, sensory impairment, mental, emotional or physical handicap. snridaho.org

Housing, Supportive Living/Rehab Ambitions of ID ambitionsofidaho.org

Residential Habilitation
1831 N Lakewood, Ste B
Coeur d'Alene 83814 **676-9395**

Residential Habilitation is a Medicaid-funded program that allows adults 18 and older with developmental disabilities to live independently in the community with staff support.

Developmental Disability Agency
1831 N Lakewood Dr, Ste B
Coeur d'Alene 83814 **466-4541**

Home and community-based supports that enable individuals with developmental disabilities to work on coping, daily living, hygiene and social skills.

Community Connections, Inc
1675 S Maple Grove, Boise 83709
ccidaho.com **377-9814**

Advocates for children and adults with developmental therapy, behavior

intervention, residential habilitation/ supported living services and vocational rehabilitation/community supported employment services.

Post Falls 316 E 5th, 83854 777-0314

Sandpoint 819 Hwy 2, Ste 220597-7114
Mentor Idaho sevitahhealth.com

280 W Prairie #4, CdA 83815 **772-4639**

residential and in-home support services help people with disabilities live well and become more independent.

Rehabilitation

Northern Idaho Advanced Care Hospital niach.ernesthealth.com

600 N Cecil, Post Falls 83854 **262-2800**

Rehabilitation Hospital of the NW- Ernest Health rh.ernesthealth.com

3372 E Jenalan, PF 83854 **262-8700**

VOCATIONAL REHAB

Ability Employment Services
Rock Pointe Corporate Center
1212 N Washington, #124M 99201

office@abilityemployment.net
abilityemployment.net **242-3758**

Artisans theartisans.org
200 E 2nd, Ste A, 99202 **325-4489**

220 W Francis, Ste B, 99205
admin@theartisans.org

Provides services for individual job development, employment support and opportunities in the community for persons with disabilities.

Asotin County Community Services
549 5th, Ste A, Clarkston 99403

ctierney@co.asotin.wa.us co.asotin.wa.us

Provides employment support and community inclusion support for WA Residents in Asotin and Whitman counties with IDD **758-8349**

At Work WA 425-274-4000
1010 N Normandie #206, 99201

atworkwa.org

Helps people with intellectual and developmental disabilities (I/DD) get jobs, increase community connection, and transition to life after high school.

Blue Mountain Industries - Division of Lillie Rice Center 525-5433

2616 E Isaacs, Walla Walla 99362

info@bluemountainindustries.org
bluemountainindustries.org

Client Assistance Program (CAP)
washingtoncap2@gmail.com
washingtoncap.org **206-849-2939**

Provides information on the Division of Vocational Rehab (DVR), Dept of Services for the Blind (DSB), Independent Living Programs (ILP's) and Tribal Vocational Rehabilitation Programs. Includes independent-living programs with



INCLUSIVE COMMUNITY EVERY LIFE FULFILLED

Serving and advocating for people with intellectual and developmental disabilities since 1950.

320 E 2nd Ave info@arc-spokane.org
Spokane, WA 99202 www.arc-spokane.org
(509) 328-6326



industry. Helps with mediation and administrative proceedings.

**Community-Minded Advocacy
Community-Minded Enterprises**

2001 N Division, Ste 130, 99207 **242-3405**
community-minded.org/advocacy

Plan To Work 866-497-9443

plantowork@community-minded.org

Offers assistance navigating employment while keeping your essential SSI/SSDI benefits.

Compass Career Solutions 609-9993

5709 W Sunset Hwy, Ste 100, 99224
1212 N Washington, Ste 112 **808-2264**
careersbycompass.com

Moses Lake 1651 S Pilgrim 764-5631

Community Transitions

12501 E Sprague, Ste 5 **867-3930**

**DVR - Division of Vocational
Rehabilitation (DSHS)**

POB 45340 **TTY 360-725-3636**

Olympia 98504 dshs.wa.gov/dvr

Spanish line **866-217-2964**

Public Assistance **877-501-2233**

Helps people with disabilities prepare for, obtain and retain employment. Vocational rehab programs are custom-designed.

Spokane DVR 99201 363-4700

1313 N Atlantic, Ste 1000

TTY 888-468-9736/800-548-0941

Clarkston DVR 99403 751-4668

525 5th **800-657-2929**

Colville DVR 99166 888-330-5739

956 S Main, Ste B, 99114 **685-6147**

Colfax DVR 99111 397-5071

418 S Main, Ste 1

Newport DVR 800-624-7222

1600 W 1st, 99156 **447-6249**

Republic DVR TTY800-442-2061

89 E Delaware, 99166 **775-2230**

Walla Walla DVR 527-1815

800-548-8755 TTY800-548-8755

1530 Stevens, 99362

Developmental Disabilities

Division - Spokane County

Community Services bnichols@spokanecounty.org

312 W 8th, 99204 spokanecounty.org

Mail: 1116 W Broadway, 99260

Community education and information services offered for public awareness and to build community for including people with developmental disabilities.

Adult services to assist adults with developmental disabilities find and maintain employment and live full, participating and contributing lives within the community. **221-8416**

ENSO enso.ws 329-6010

1819 E Springfield Ste G, 99202

Hire Ability Spokane charly@gowise.org

203 N Washington, 99201 **217-4142**

hireabilityspokane.org

People Accessing Careers and Education (PACE)-SCC 279-6033

paceservices@scc.spokane.edu

scc.spokane.edu Provides specialized programs to individuals with obstacles to learning and employment, including job readiness.

Training, residential services and employment and structured jobs for developmentally disabled.

SKILLS'KIN 326-6760

4004 E Boone, 99202 skills-kin.org

Training, residential services and employment and structured jobs for developmentally disabled.

Ticket to Work - SSA 866-968-7842

ssa.gov/work **TTY 866-833-2967**

YourTickettoWork.ssa.gov

Supports career development for Social Security disability beneficiaries 18-64 who want to work. Free and voluntary. Helps people with disabilities progress toward financial independence.

Idaho (208)

Able to Work abletowork.idaho.gov

Compass Career Solutions 743-0365

1630 23rd W, Ste 501, Lewiston 83501

careersbycompass.com

Includes Asotin County.

ID Division of Vocational Rehab

650 W State, Rm 150, Boise 83720

department.info@vr.idaho.gov

vr.idaho.gov **334-3390**

State-federal program helps people with disabilities prepare for, secure, retain or regain employment.

Coeur d'Alene 83814

112 E Mullan, Ste 101 **769-1441**

Sandpoint Sub Office 263-2911

102 S Euclid, Ste 211, 83864

Lewiston Regional 799-5070

1118 F/Drawer B, 83501

Orofino 476-5574

416 Johnson, Ste 17, 83544

Idaho State Independent Living Council (SILC) - ID Dept of Labor

Offers employment opportunities for people in ID with disabilities.

OUI Lewiston - Opportunities Unlimited oui.org/services/

325 Snake River, 83501 **743-1563**

Panhandle Special Needs Inc

1424 N Boyer, Sandpoint 83864

panhandlespecialneeds.org **263-7022**

Features specialized employment training, individualized life skills training, a retail greenhouse and a retail thrift store, The Cottage.

Tesh, Inc teshinc.com 765-5105

3327 W Industrial, CdA 83815

Rehabilitation and vocational services for disabled. Service coordination for individuals 18+ eligible for Medicaid; pathways to independence; children and adult services, and employment supervision in work-related skills.

D A C
DISABILITY ACTION CENTER

Your KEY to Independence!
Disability Action Center NW

Taking new risks and becoming independent can be hard.

Talking to someone who has been in a similar situation can help. DAC NW works with all types of disability to remove barriers so you can be independent as you wish.

Our team provides five core services for, including:

- ✓ Information and Referral
- ✓ Peer Counseling & Support
- ✓ Independent Skills Training
- ✓ Personal & Community Advocacy
- ✓ Transition Services

Located at 3726 E Mullan Ave
in Post Falls, Idaho

Call us
208.457.3891