

MULTI-SERVICE AGENCIES

CATHOLIC CHARITIES

12 E 5th, 99202 **358-4250**
cceasternwa.org **800-831-1209**

Catholic Housing Communities 456-2279
 Childbirth & Parenting Assistance (CAPA) 455-4986
 Christmas Bureau 358-4254
 Counseling Services 242-2308
 Emergency Financial Assistance 358-4963
 Homeless Resources 325-5005
 House of Charity 624-7821
 Immigration Legal Services 455-4960
 Parish Social Ministry 358-4273
 Rising Strong 960-8632
 St Anne's Children & Family Center 232-1111
 St Margaret's Shelter 624-9788
 Senior Services/Volunteer Chore Services 459-6175

COMMUNITY-MINDED ENTERPRISE

community-minded.org **242-3405**

Child Care Assistance Program 242-3405
 Community-Minded ECEAP 242-3405
 Community Play & Learn 242-3405
 Early Achievers 242-3405
 Foundational Community Support 960-8529
 Plan to Work 866-497-9443
 Recovery Cafe Spokane 960-8529
 State Opioid Response 960-8529

GOODWILL INDUSTRIES

130 E Third, 99202 **838-4246**
Discovergoodwill.org

Housing & Essential Needs 838-4246
 Next Generation Zone 344-7800
 Protective Payee Office 838-4246
 Thrift Stores:
 -Spokane Downtown 444-2396
 -Spokane South Hill 321-0478
 -North Nevada 466-2012
 -Northwest 321-0579
 -Spokane Valley 928-4032
 Veterans Hotline 828-2449
 Workforce & Family Services 838-4246

FRONTIER BEHAVIORAL HEALTH

107 S Division, 99202 *fbhwa.org* **838-4651**

24/7 Regional Crisis Line 877-266-1818
 Child & Family Services 838-4651
 Crisis Response/Homeless Team 838-4651
 Elder Services 458-7450
 Evergreen Club 458-7354

LUTHERAN COMMUNITY SERVICES NORTHWEST

210 W Sprague, 99201 *lcsnw.org* **747-8224**

24/7 Sexual Assault Support Line 624-7273
 Behavioral Health & Victim Advocacy 747-8224
 Domestic & Unaccompanied Refugee Minor
 Foster Care 747-8224
 Family Outreach Crisis Intervention Services Victim
 Advocacy & Education 747-8224
 Wraparound with Intensive Services (WISe) 747-8224

PIONEER HUMAN SERVICES

FCS_Admin@p-h-s.com pioneerhumanservices.org

Counseling and treatment 325-7232
 Geiger Corrections & Downtown In-Jail Prog 477-1521
 Housing 624-1999
 Phoenix House 232-7081
 Pioneer Center East 325-2355
 Pioneer Counseling - Emerson Clinic 325-7232
 Pioneer Recovery Navigators 385-4045
 Pioneer - Roadmap to Success 701-8105
 Spokane Regional Stabilization Center 503-6010

SNAP

3102 W Whistalks, 99224 **456-SNAP**

snapwa.org
 Business Development/Financial Access 456-SNAP
 Energy Assistance 456-SNAP
 Financial Access/Women's Business Cntr 456-SNAP
 Home Repair & Energy Conservation 456-SNAP
 Homeless Services 456-SNAP
 Long Term Care Ombudsman 456-7133/800-660-7133
 Mortgage Assistance Programs 456-SNAP
 Rental Assistance 456-SNAP

SPOKANE REGIONAL HEALTH DIST

1101 W College, 99201 **324-1500**
srhd.org **888-535-0957**

Access to Baby & Child Dentistry (ABCD) - Oral Health Program 324-1651
 Animal & Insect Disease Prevention 324-1560 x7
 Children & Youth with Special Needs 324-1665
 Early Support for Infants and Toddlers (ESIT) 324-1651
 Emergency Preparedness 324-1673
 Environmental Public Health 324-1560
 Food Safety 324-1560 x2/Inspection & Permits x 8
 HIV Case Management 324-1542 / Testing 324-1494
 Nurse-Family Partnership 324-1621
 Opioid Treatment Services 324-1420
 School Health & Safety 324-1560 x4
 Vital Records 324-1601
 WIC 324-1620
 Youth Cannabis & Tobacco Prevention Prog 324-1622

THE SALVATION ARMY

222 E Indiana, 99207 **325-6810**
making Spokane better.org

Camp Gifford 233-2511
 Community Garden/Seasonal Giving 325-6810
 Sally's House/ Evangeline's House 325-6810

Family Emergency Safe Shelter 325-6814
 Family Resource Center/Food Bank 325-6821
 Stepping Stones Transitional Housing 326-7288
 The Nurturing Center for Children & Families 325-2757
 The Way Out Shelter 866-5476

TRANSITIONS

3128 N Hemlock, 99205 **328-6702**

help4women.org
 EduCare 328-6702 x 314
 Home Yard Cottages 328-6702 x 321
 Miryam's House 328-6702 x 503
 New Leaf Bakery & Cafe 328-6702 x 204
 Transitional Living Center 328-6702 x 310 or 325
 Women's Hearth 328-6702 x 400

UNION GOSPEL MISSION

1224 E Trent, 99202 **535-8510**

uniongospelmssion.org
 Crisis Shelter for Women & Children 535-0486
 Men's Shelter/Recovery Program 535-8510
 UGM Camp 258-4257
 UGM Motors/Motor Services 327-4357
 UGM Uphostery 532-3801
 UGM Warehouse 927-5905
 Women's Recovery - Anna Ogden Hall 327-7737

VOLUNTEERS OF AMERICA

525 W 2nd, 99201 **624-2378**

voaspokane.org
 Crosswalk 688-1112
 Hope House 816-1669
 Veteran's Housing 867-3611
 Young Adult Shelter 309-3744

YMCA

930 N Monroe, 99201 **777-YMCA (9622)**

ymcaspokane.org
 Camp Reed 344-7787
 Centers & Programs 777-9622
 RSVP - Retired Senior Volunteer Program 344-7787

YWCA SPOKANE

930 N Monroe, 99201 **326-1190**

ywcaspokane.org
 24-Hour DV Help Line(Txt: 220-3725) 326-CALL
 Advocacy Support Services 789-9297
 Domestic Violence Civil Legal/Racial Justice 326-1190
 Domestic Violence Legal Advocates 477-3656
 Domestic Violence Mental Health Therapy 789-9291
 Domestic Violence Support at DSHS 227-2629
 ECEAP (Early Childhood Education Assist) 993-8219
 Free Holistic Services 724-6337
 Our Sister's Closet 789-9280
 Women to Work Program 789-9299

2024-25 EMERGENCY / REFERRAL LISTINGS

Copyright - 2024-25 - The Fig Tree

FELC, 631 S Richard Allen Ct, #215 Spokane WA 99202 - 509-535-4112 - info@thefigtree.org

N11 CODES	
WA INFORMATION NETWORK	211
MY SPOKANE, CITY INFO/SVCS	311
DIRECTORY ASSISTANCE	411
TRAVEL INFO (RD CONDITIONS)	511
PHONE PROBLEMS OR CELL CUSTOMER SERVICE	611
WA RELAY (TDD)	711
CALL BEFORE YOU DIG	811
EMERGENCIES	911

CHILD CARE & DEVELOPMENT	
CHILD CARE AWARE	484-0048/800-466-2229
EXPRESS CHILD CARE	354-7312
HEAD START/ECEAP	533-4800
JOYA	326-1651
VANESSA BEHAN	535-3155

CHILDREN & TEEN CRISIS	
AMBER ALERT (MUPU)	800-543-5678
A CUP OF COOL WATER	747-6686
CHILD WELFARE (DCYF)	800-557-9671
CHILDREN'S HOME SOCIETY	747-4174
CROSSWALK	838-6596
EXCELSIOR WELLNESS	328-7041
LCSNBX HEALTH/VICTIM ADVOCACY	747-8224
PARTNERS WITH FAMILIES & CHILDREN	473-4810
SUMMER FREE MEALS WA 866-348-6479	TXT 97779
TAMARACK	326-8100

COMMUNITY CENTERS	
MLK JR COMMUNITY CENTER (CC)	455-8722
NORTH EAST CC	323-7497
WEST CENTRAL CC	323-7497
SOUTHWEST CC	624-8634

DIVERISTY	
HATE CRIME <small>reporthebias.org</small>	911
ASIAN COLLECTIVE FOR LIBERATION IN SPOKANE <small>Acspokane.org</small>	
AMERICAN INDIAN COMMUNITY CNTR	535-0886
CARL MAXEY CENTER	795-1964
LATINOS EN SPOKANE	558-9359
HBPA/NUESTRAS RAICES	557-0566x2
MIA	869-0876
MLK JR COMMUNITY CNTR	455-8722
THE NATIVE PROJECT	483-7535
ODYSSEY	325-3637
PACIFIC ISLANDER ASSOCIATION <small>FB@PacifidslandersAssociationSpokane</small>	
SAN PRIDE CENTER	844-1758
SPECTRUM CENTER	615-686-7183
SCAR - SPOKANE COMMUNITY AGAINST RACISM <small>scarspokane.org</small>	
SPOKANE UNITED WE STAND	928-9664
TREVOR	866-488-7386
TXT "START" TO	678678

DV/SEXUAL ASSAULT	
TXT LINE	220-3727
24 HR CRISIS LINE - LCSNW (SA)	624-7273
YWCA DV 24 HR HELPLINE	326-CALL

FINANCIAL ASSISTANCE	
COMMUNITY SERVICE OFFICE (DSHS) <small>washingtonconnection.org</small>	877-501-2233
SNAP Assistance Programs	456-SNAP
SSI/SSDI	800-772-1213/TDD 800-325-0778
UNEMPLOYMENT	800-318-6022
WORKERS COMP	800-4BE-SAFE

FOOD BANKS AND WIC	
FEED SPOKANE	216-7304
NORTHWEST HARVEST	891-7012
SECOND HARVEST	534-6678/800-662-3136
SNAP (FOOD STAMPS)	877-501-2233

WIC TXT "WIC" TO 96859
- SPOKANE REGIONAL HEALTH DIST 324-1620

HEALTH CARE	
EMERGENCY AMERICAN RED CROSS	326-3330
CHAS CLINIC 24/7 HOTLINE:	866-418-1002
MULTICARE DEACONESS HOSPITAL	458-5800
POISON CONTROL CENTER	800-222-1222
PROVIDENCE SACRED HEART MEDICAL CENTER	474-3344
UNIFY CLINICS 24/7	483-3427

SENIORS	
SILVER ALERT (MUPU)	800-543-5678
ALTCEW	458-2509
Community Living Connections	960-7281
DSHS Abuse Hotline	866-END-HARM
APS Intake	800-459-0421/TTY568-3206
Residential Living Oversight	323-7303
Home Comm Svcs	568-3700/800-459-0421
ELDER SERVICES	458-7450
GREATER SPOKANE MOW	924-6976
SENIOR CENTERS CORBIN SC	327-1584
MID-CITY CONCERNS	747-3257
SINTO SC	327-2861
SOUTHEAST CC	535-0803
SPOKANE VALLEY SENIOR CENTER	926-1937
SNAP LONG-TERM CARE OMBUDSMAN	456-7133/ 800-660-7133

SUICIDE & MENTAL HEALTH	
NATIONAL SUICIDE CRISIS	988
24/7 REGIONAL CRISIS LINE	877 266-1818
24/7 TXT LINE:	741741
FRONTIER	
INLAND NW BX HEALTH	992-1888
WITHDRAWAL MANAGEMENT	570-7250
VETERANS CRISIS LINE	800-273-8255
TXT	838255

Community Resource Directories & Online Networks

501commons.org	win211.org	thefamilyguide.org	helpmegrowwa.org
arc-spokane.org/resources	altcew.org	HousingIdaho.com	myhousingsearch.com
crecidaho.com	downtownspokane.org	nonprofitwa.org	seniorcare.com
			spokanewa.innovating.com
			SeniorPages.com
			withinreachwa.org